

Health Initiative for Men

HIM is dedicated to strengthening the health and well-being of gay men.

APRIL 1ST, 2014 – MARCH 31ST, 2015 | ANNUAL REPORT

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Message from Board Chair

WITH ANOTHER YEAR OF ACHIEVEMENT BEHIND US, my admiration continues to grow with every hour spent furthering the mission of *Health Initiative for Men (HIM)*. As I reflect, I continue to be impressed with what this organization is able to successfully achieve, and this year is certainly no different. In 2014–2015, HIM opened two new health centres in the Fraser Health region, underwent an operational evaluation, developed stronger processes around volunteer engagement, and all the while continuing to introduce new services and programs in all four areas of health. *Health Initiative for Men* also bade farewell to a long-standing cornerstone of our organization as our Executive Director, Wayne Robert, retired this year. This set into motion the Board of Directors' extensive search for a new team leader. I would like to warmly welcome our new Executive Director, Greg Oudman, who took the reigns in September, 2014.

During his tenure, Wayne led the charge to grow and develop this organization, which has afforded us the respect and reputation HIM is known for. The Board can't thank Wayne enough for the values he has built into the foundation at HIM. These principles continue to guide us as we move forward, and I am truly grateful for Wayne and his passion for gay men's health and HIM.

I would like to thank my fellow board members and commend them for devoting their time and dedicated participation with our executive search. We had a very busy year to complete a task that doesn't happen very often.

Greg joins us from a funding background and has hit the ground running at our busy organization. While our strategic direction and priorities remain largely unchanged, Greg has spent his early days looking at some of our HR structure and policies, as well as our diverse funding picture that has led to an exciting budget that continues to capitalize on our charitable status. These initiatives were achieved while settling in and learning the culture at HIM. We welcome and look forward to Greg's leadership.

We're excited about our growing partnership with Fraser Health which resulted in HIM's opening of two new health centres in their jurisdiction last year, New Westminster and Surrey. I commend Fraser Health for continuing to recognize the unique health needs of gay men, and I am thankful that HIM is the partner to help meet those needs. I congratulate our staff for successfully implementing our model to align with the needs of gay men in new areas outside of Vancouver.

Health Initiative for Men employs the most amazing people. We really do. The guys that work at the HIM office are the reason we are all here. They are the experts and champions of gay men's health. It is their ideas and passion that have built our organization that inspires me, and undoubtedly others, to generously give time to something meaningful for gay men. They are professional, provocative, and great at what they do. I thank all of our staff for their resiliency and unwavering commitment.

Of course, one of the largest drivers of our accomplishments is the countless hours of volunteer time we are so fortunate to receive. Our robust roster of volunteers take on a piece of almost everything we do. From packing condoms to fitness instruction to board membership, *Health Initiative for Men* wouldn't be able to accomplish all the amazing things we do without their generous support. Thank you for every hour invested in helping HIM be what it is today.

Looking forward, we continue to foster gay guys building healthy lives together. Gay men's health, like the community we serve, is ever changing. The challenge to remain relevant and still be able to identify the needs of the communities we serve, is one we welcome with enthusiasm. With new leadership, a continued commitment to our communities, and a focus on strengthening the health and well-being of gay men, I know that it's going to be another incredible year.



DAN GRIFFIN
Board Chair

Message from the Executive Director

TRUST...a five-letter word that holds a world of meaning. Merriam Webster defines trust as having a belief in the reliability, truth, ability, or strength of someone or something.

At *Health Initiative for Men (HIM)*, we believe that trust is a tangible and measurable commodity that has significant value. It's a principle on which we've built all of our considerable work of the past year.

And what a year it's been! 2014 saw the successful launch of our first-ever web series *My Fucking Life*, and our 200th graduate in our *Totally Outright Youth Leadership* program. We also saw the introduction of *Talk to HIM*, our multilingual online sexual health resource, in English, Chinese and Punjabi, and HIM's *High Life* campaign became HIM's first substance-related harm reduction campaign. 2014 also saw our *HIM on Davie Health Centre* expand its services by partnering with a local nurse practitioner and the Health Promotion Case Management program. It also saw the development of a partnership with Fraser Health, including establishing successful health centres in both New Westminster and Surrey. HIM's capacity and reach grew in 2014 when one of our staff was named a Principal Investigator on the CIHR funded *Boys and Men Team Grant: Engage*, and we had the opportunity to contribute to the *2010 Public Health Officer Report: HIV, Stigma and Society (2014)*, creating a road map for gay men's health in B.C.

When reflecting on the milestones achieved at HIM over the past year, one can't help but be struck by the depth and breadth of our involvement and engagement with the communities of gay men in the Lower Mainland. Since taking on the role of HIM's new Executive Director in September 2014, I look back and am privileged to see trust manifested in every aspect of our work.

HIM's Board of Directors actively trusts all of us at HIM to manage the daily affairs of the organization; aligning every piece of the work we do with the strategic direction the Board sets for the organization.

HIM's stakeholders trust us to effectively engage with our communities through the variety of programs we offer, whether it's through our health centres, our social groups, our counselling sessions, our physical health activities or our health promotion campaigns.

HIM's volunteers trust us to provide them with valuable and meaningful opportunities to give back to their communities through their involvement in every aspect of HIM's work.

HIM's communities trust us to share relevant information with them and engage with them as peers with passion, respect and honesty.

At *Health Initiative for Men*, we're fortunate to have the trust of the communities we're engaged and involved with. We thank all of you for trusting us with this very important work over the past seven years of our existence. While we recognize that we work hard to earn that trust on a daily basis, we also want to let you know that we don't want to take that trust for granted, and that we continually strive to hold it close.

As we embark on a new year filled with a myriad of challenges and opportunities, we ask that you to continue to walk this road with us. CHALLENGE us, PUSH us, ENGAGE with us, INVEST in us, but, above all, continue to TRUST us, as we continue the work of strengthening the health and well-being of gay men.



GREG OUDMAN
Executive Director

Board Members and HIM Staff

BOARD MEMBERS

- Dan Griffin – *Board Chair*
- Dakota Descouteaux – *Vice Chair*

- Greg Whalen – *Secretary*
- Michael LeClair – *Treasurer*
- Nicholas Danford
- Kevin Contzen

STAFF

- Greg Oudman - *Executive Director*
- Wayne Robert - former *Executive Director*
- Hans Bosgoed
- David Chacon
- Lance Hansen
- Jody Jollimore
- Michael Kwag
- Sam Larkham
- Christof Milando
- Andrew Poon
- Aaron Purdie
- Keith Reynolds
- Billy Taylor
- Matthew Taylor
- Darren Usher



HIM Highlights

HEALTH INITIATIVE FOR MEN

Our mission is to strengthen gay men's health and well-being through trusted, tailored, targeted research-based health promotion services and by engaging the community through volunteer involvement, online access and events. We foster mutually-beneficial relationships among gay men and health professionals to ensure the best possible outcomes.

We do this because we value the ability of gay men to make informed decisions, we value the role of our community in supporting the foundations for healthy living, and we value scientific research.

KEY PROGRAM INITIATIVES

Physical Health – Fitness clinics, yoga classes, partnerships with community fitness and sport groups, nutrition workshops.

Sexual Health – British Columbia's largest distributor of condoms to gay men, HIV prevention campaigns, risk reduction information, nationally-recognized web technology and social media tools (including SMS and e-mail-based HIV testing reminders) and four sexual health centres offering counselling services as well as STI and HIV testing.

Social Health – Volunteer facilitated initiatives include *CONNECT with HIM*, *Men On Men* (a collaborative workshop developing skills for thriving in a straight man's world), a 'Winter Chill Lounge' safe and educational space for WinterPRIDE in Whistler, and the ongoing *Vancouver Fabulous* campaign.

Mental Health – Professional clinical counselling services, change advocacy (peer support services), and *Take Time for Your Mind* campaign.

KEY FACTS

- Legal Name:
H.I.M. – Health Initiative for Men Society
- Founded: November 2007
- Sites of Operations:
Office, 310 – 1033 Davie Street
Health Centres:
HIM on Davie, 421 – 1033 Davie Street
HIM on The Drive, 101 – 1416 Commercial Drive
- Find us on the Internet:
www.checkhimout.ca
www.facebook.com/HealthInitiativeforMen
www.twitter.com/HIMtweets

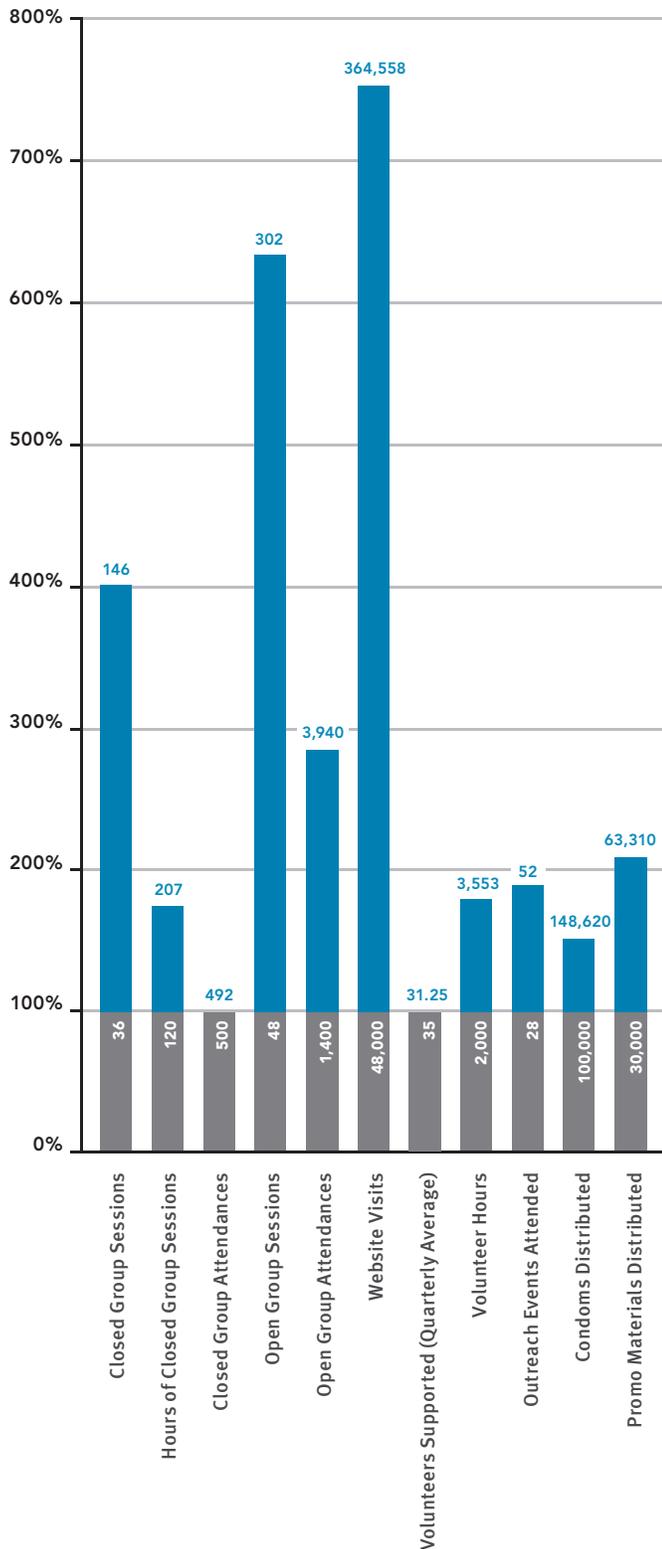
HIM connects gay men with health promotion and scientific research through targeted programming, social marketing campaigns, volunteer opportunities, and partnerships.



HIM takes an integrated approach to gay men's health, focussing on determinants of overall health: physical, sexual, social and mental.

Service Output Indicators

BLUE: Performance Level
GREY: Contract Targets



HIM HEALTH CENTRES

In the 2014/2015 year, the HIM Health Centres administered 6,847 HIV tests and conducted 498 hours of clinical counseling and peer support services. These four health centres, staffed by registered nurses, volunteer receptionists, and HIM employees, are successful partnerships between HIM, Vancouver Coastal Health, Fraser Health Authority and the BC Centre for Disease Control. They are located in high-traffic areas where gay men live and socialize.

HEALTH RESEARCH

As researchers begin to focus on gay men's health, the demand for HIM staff to participate increases. In 2014, a HIM staff member was named the Principal Investigator on a national Boys and Men Team Grant: Engage. HIM also strengthened its long-standing partnership with Community Based Research Centre for Gay Men's Health (CBRC) as a co-investigator on the Sex Now survey. Both projects will provide HIM with valuable data on gay men in Vancouver and B.C. The research team at HIM also took on HPV by writing a position paper calling for publicly funded vaccines and hosting a stakeholder dialogue. HIM will continue to work with stakeholders to make this vaccine available to all gay men.

Service Output Indicators

Program Deliverables:

Closed Groups Support

# of closed group sessions	36
# of hours of closed group sessions	120
# of attendances at closed group sessions	500
# of distinct individuals attending closed group sessions	80

Open Groups Education/Skills Development

# of open group sessions	48
# of hours of open group sessions	240
# of attendances at open group sessions	1,400

Website

# of visits	48,000
-------------	--------

Volunteers

average # of volunteers supported per quarter	35
# of volunteer hours	2,000
# of volunteer supervision groups	20
# of volunteer clinical supervision person-hours	300
# of volunteer training courses	2
# of volunteer training person-hours	240

Clinic(s)

# of POC rapid HIV tests	750
# of early tests (RNA/NAAT)	120
# of STI tests	300
# of standard HIV tests	100
# of hours clinic is open	500

Outreach / Health Promotion

# of venue-based events attended for outreach	28
# of festival-related events attended for outreach	8
# of condom distribution shifts	100
# of condoms distributed	100,000
# of print items distributed: 100,000 condom boxes, 30,000 promo materials, 600,000 print ad impressions	

Indicators	Q1: Apr to Jun	Q2: Jul to Sep	Q3: Oct to Dec	Q4: Jan to Mar	Fiscal Year Total
Closed Groups Support					
# of closed group sessions	36	38	38	34	146
# of hours of closed group sessions	56.5	44	44	62.5	207
# of attendances	54	58	58	322	492
# of distinct individuals attending (estimated)	12	12	12	18	54
Open Groups Education/Skills Development					
# of open group sessions	82	80	80	60	302
# of hours of open group sessions (estimated)	109	114	133	103	459
# of attendances	1,046	1,126	1,126	642	3,940
Website					
# of visits	85,065	89,128	88,866	101,499	364,558
Volunteers					
# of volunteers supported (Quarterly Average)	35	35	24	31	31.25
# of volunteer hours	930	945	843	835	3,553
# of volunteer supervision groups	16	16	14	13	59
# of volunteer clinical supervision person-hours	87.75	69	93.5	86.75	337
# of volunteer training courses	3	2	3	1	9
# of volunteer training person-hours	23	532	249	672	1,476
Clinic					
# of POC rapid HIV tests	824	914	851	786	3,375
# of early tests (RNA/NAAT)	1,118	1,208	1,132	1,152	4,610
# of STI tests	1,012	1,012	1,012	1,014	4,050
# of standard HIV tests (combined with RNA/NAAT tests)	1,118	1,208	1,132	1,152	4,610
# of hours clinic is open	632	632	632	632	2,528
Outreach					
# of venue-based events attended for outreach	22	16	5	9	52
# of festival-related events attended for outreach	1	8	0	0	9
# of condom distribution shifts	26	26	26	26	104
# of condoms distributed	25,340	36,820	61,720	24,740	148,620
# of print items distributed – condom boxes	12,670	18,410	30,860	12,370	74,310
# of print items distributed – promo materials	13,179	25,072	9,277	15,782	63,310
# of print items distributed – print ad impressions	2,610	216,000	45,000	180,000	443,610

OUR MODEL IS WORKING.

We're having an impact.

In 2014:

- HIM launched the web series, *My Fucking Life* (MFL), engaging more than 70 men in Vancouver with more than 20,000 views to date.
- *Totally Outright Youth Leadership Program* celebrated its 200th graduate in Vancouver.
- *Talk to HIM* launched in English, Chinese and Punjabi (HIM's first multi-lingual resource).
- *HIM on Davie Health Centre* expanded services by partnering with a local nurse practitioner and the Health Promotion Case Management Program.
- Research capacity grew when a HIM staff member was named a Principal Investigator on the CIHR funded Boys and Men Team Grant: Engage.
- *High Life* became HIM's first substance-related harm reduction campaign, including an online assessment and tailored information resource on safer substance use.
- HIM staff contributed to the 2010 Public Health Officer Report: HIV, Stigma and Society (2014), creating a road map for gay men's health in B.C.
- Fraser Health contracts HIM to deliver programs and services to gay men and other men who have sex with men.

HIM Milestones

FOR A COMPLETE HISTORY OF HIM, please visit www.checkhimout.ca/history.



Yoga with HIM

A Group for Gay Men
All levels welcome



An easy-going group without attitude. Bring a mat, towel + positive energy! The instructors are certified and bring their passion for fitness and yoga with others.

COST: FREE or by donation

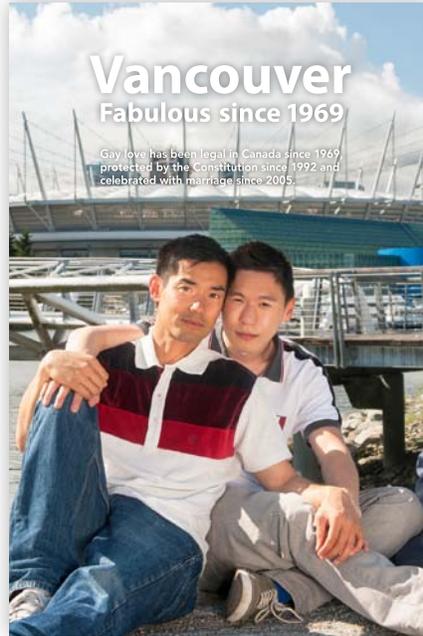



www.checkhimout.ca

Vancouver

Fabulous since 1969

Gay love has been legal in Canada since 1969, protected by the Constitution since 1992 and celebrated with marriage since 2005.



Change Advocacy

Building strategies for personal progress



Change Advocates help you create the life you want in a safe, trusted and non-judgmental environment.

By appointment only. Call 604.488.1001 or email register@checkhimout.ca for more info.




www.checkhimout.ca

New West

Fabulous since 1969

Gay love has been legal in Canada since 1969, protected by the Constitution since 1992 and celebrated with marriage since 2005.



“HIM’s Change Advocacy program helped me discover myself and define who I am.

Although my goal initially was to find employment (I eventually got a great job), the process of discovering who I really am and what profession and career belongs to me... changed my whole perspective of looking at myself and my life.”

– Change Advocacy Participant

“The Summer Fruit camp program is so amazing.

I not only get out almost every night of the week to do some exercise, but I make new friends and develop my social life. I even think I may have found a special someone, but it’s too early to tell. Thanks HIM! You guys are great!”

– Fruit Camps Participant

Join the FRUIT CAMPS on the GROUSE GRIND

WHEN: Sunday, August 23rd at 9am
WHERE: Meet at Nelson Park
(at Grouse Grind entrance at 9:45am)

Sign up via email at register@checkimout.ca or call 604.488.1001
 Health Initiative for Men (HIM) @HIMtweets **HIM** HEALTH INITIATIVE FOR MEN www.checkimout.ca

Gardening with HIM
 in collaboration with Garden Neighborhood House

Join this fun gardening group for gay guys and meet great people while helping to grow food for the West End organic food program.

WHEN: Tuesdays at 7:00pm
WHERE: Melriches Coffeeshouse
 1244 Davie Street

Sign up via email at register@checkimout.ca or call 604.488.1001
 For more information, please contact aaron@checkimout.ca **HIM** HEALTH INITIATIVE FOR MEN www.checkimout.ca

Masc only, NO FAT, NO FEM, NO ASIAN

What you type might be saying more than you think.
ThinkBeforeYouType.ca

Fruit Camps

Outdoor Summer Fitness Groups for Gay Guys

Sign-Up Info Session
 Monday, May 25th from 6pm – 6:30pm
 HIM Office (buzzer # 310)
 Room 310 – 1033 Davie Street
 Meet the instructors and ask all your questions with our first session starting right after.

HIM HEALTH INITIATIVE FOR MEN www.checkimout.ca

“Fraser Health has been delighted with our partnership with Health Initiative for Men – which is really a true definition of the word ‘partnership’. In the past year, we have worked together to expand services for gay and bisexual men throughout the Fraser Valley. The first health centres opened in New Westminster and North Surrey to provide convenient evening clinic hours, and are the first of their kind in terms of providing gay-friendly sexual health services outside of a downtown area. We are so pleased that other wellness activities, like yoga, have started up at these clinics. The HIM volunteers who dedicate their time at the clinics, along with our Fraser Health nurses, promote a welcoming environment to gay and bisexual men as well as other men and women in the area who attend the clinic. In the past year, we have also worked together to develop an awareness campaign for the HPV vaccine for men for who have sex with men, and will be continuing that work over the next year. We are impressed by, and grateful for, our working relationship with HIM that has made tangible differences to sexual health for gay and bisexual men in the Fraser area.”

Dr. Michelle Murti
 Medical Health Officer
 Fraser Health

HIM Health Centre: A Service for Gay Men



#220 – 10362
 King George Hwy.
 Surrey, BC
 604.488.1001
 or 778.872.3014
 during clinic hours
 Wed 4:30pm – 9pm
 Fri 3pm – 8pm



40 Begbie Street
 New Westminster, BC
 604.488.1001
 or 604.230.9915
 during clinic hours
 Mon 4pm – 9pm
 Wed 4pm – 9pm



101 – 1416 Commercial Drive
 Vancouver, BC
 604.488.1001
 or 778.708.3568
 during clinic hours
 Mon – Wed 4 – 8pm



421 – 1033 Davie Street
 Vancouver, BC
 604.488.1001
 Mon – Thu 4 – 9pm
 Fri 11am – 4pm
 Sat 10am – 3pm

- Rapid HIV Testing
 – get your results in a minute
- Early HIV Testing
 – test two weeks after risk
- Standard HIV Testing
- All STI Testing
- Change Advocacy
 – by appointment
- Counselling Services
 – by appointment
- Access to PEP
 – available at Davie St. only
- Free Condoms

Just walk in or call to make an appointment.
 Or book online at www.checkhimout.ca



HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca

**“I’m in the closet,
but I’m out when
I’m at CONNECT
with HIM!**

*I never feel like I’m
being pressured
to come out to my
family. I can be
myself and I really
like that.”*

– CONNECT Participant

Healing the Wounds of Circumcision

A 6-week series of facilitated personal sharing, guest speakers, and video.



Lots of guys love their circumcised dicks. Other guys feel they want to talk about the effects of being circumcised. This 6-week closed group is an opportunity for guys to explore ways to heal both emotionally and physically from their circumcision experience.

WHEN: SATURDAYS, 10AM-12PM
OCTOBER 25TH-NOVEMBER 29TH

WHERE: HIM OFFICE, 310 – 1033 DAVIE STREET

Register via email at register@checkhimout.ca or call 604.488.1001.

Disclaimer: This is not a group to debate the pros and cons of circumcision, but to help men who know they've been harmed by the practice to heal from their pain.

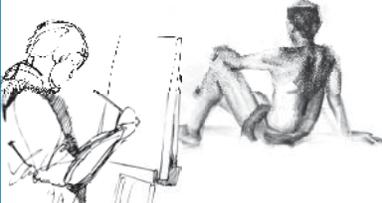




An ongoing monthly group

Life Drawing with HIM

Do you have an appreciation for the male form? Have you been looking for a chance to practice your sketching skills?



LIFE DRAWING WITH HIM is a drop-in, informal social group for men with a focus on drawing and sketching. The group has an open studio format and, depending on the weather, may even move outdoors.

All skill levels are welcome. This group is facilitated, but no formal instruction is offered. Please bring your sketchbook and favourite drawing materials (but, no ink or paint please). The sessions are free, but any donations will be gratefully accepted to help cover costs. Please arrive on time, or a little earlier, as the workshop starts promptly.

WHEN: 4th Tuesday of the month
6:30pm - 8:30pm

WHERE: HIM Office
310 - 1033 Davie Street

COST: FREE or by donation



To register or for additional information, please email register@checkhimout.ca or call 604.488.1001.



Connect with HIM



A space for guys to meet other guys, learn new skills, and build community through dynamic interaction and socializing.

Date/Time: Drop-in every Wednesday from 6:30 – 8pm

Location: 310 – 1033 Davie Street (buzzer 310)

Cost: FREE




CHECK HIM OUT AT WHISTLER PRIDE & SKI FESTIVAL



HIM is dedicated to strengthening the health and well-being of gay men.





HIM HEALTH INITIATIVE FOR MEN
IN NEW WEST

40 Begbie Street
New Westminster, BC
604.488.1001
or 604.230.9915
during clinic hours
www.checkhimout.ca

**HIM Health Centre:
A Service for Gay Men**

- Rapid HIV Testing – get your results in a minute
- Early HIV Testing – test two weeks after risk
- Standard HIV Testing
- All STI Testing
- Change Advocacy – by appointment
- Counselling Services – by appointment
- Free Condoms

Hours:
Mon 4pm – 9pm
Wed 4pm – 9pm

Just walk in or call to make an appointment. Or, book online at www.checkhimout.ca

Icons: HIV, STI, Condom, Transgender

“This is my first time getting tested. Having HIM here in New West is so great for the community.”

– HIM in New West Client

TalkToHIM

You can trust our team to provide accurate and confidential services for anything related to your sexual health.

TalkToHIM.ca

HIM HEALTH INITIATIVE FOR MEN

NEW LOCATION!
HIM HEALTH INITIATIVE FOR MEN
IN SURREY

#220 – 10362
King George Hwy,
Surrey, BC
604.488.1001
or 778.872.3014
during clinic hours
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**HIM Health Centre:
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- Free Condoms

Hours:
Wed 4:30pm – 9pm
Fri 3pm – 8pm

For testing, just walk in or call to make an appointment. Or, book online at www.checkhimout.ca

Icons: HIV, STI, Condom, Transgender

“Finding HIM really changed my life. I came out later than a lot of guys and I was feeling isolated and lonely. The groups at HIM have been a great way to meet people and made me feel like I belonged here.”

– Men On Men Group Participant

TalkToHIM

You can trust our team to provide accurate and confidential services for anything related to your sexual health.

TalkToHIM.ca

HIM HEALTH INITIATIVE FOR MEN

TalkToHIM

You can trust our team to provide accurate and confidential services for anything related to your sexual health.

TalkToHIM.ca

HIM HEALTH INITIATIVE FOR MEN

Financial Statements

THE ATTACHED FINANCIAL STATEMENTS PROVIDE, as required by the Society Act, a balance sheet (entitled “Statement of Financial Position”), and a statement of Profit and Loss (entitled “Statement of Operations and Changes in Net Assets”). All of these statements relate to the period from April 1st, 2014 to March 31st, 2015.

- HIM Balance Sheet as of March 31st, 2015
- HIM Statement of Profit and Loss as of March 31st, 2015



Notice to Reader

On the basis of information provided by management, I have compiled the statement of financial position of **H.I.M. Health Initiative For Men Society** as at March 31, 2015 and the statement of operations and changes in net assets for the year then ended.

I have not performed an audit or a review engagement in respect of these financial statements and, accordingly, I express no assurance thereon.

Readers are cautioned that these statements may not be appropriate for their purposes.



Rodney W. McNeil Professional Corporation
Certified General Accountant

VANCOUVER, BC
August 24, 2015

Statement of Financial Position

As of March 31

Unaudited – See Notice to Reader

	2015		2014
ASSETS			
Current			
Cash	\$ 146,775	\$	230,627
Accounts receivable	57,035		16,770
Inventory	34,779		–
Prepaid expenses	18,104		9,011
Total Current Assets	256,693		256,408
Capital assets <i>{note 2}</i>	17,458		25,890
	\$ 274,151	\$	282,298
LIABILITIES			
Current			
Accounts payable	\$ 90,195	\$	39,263
Unearned revenue	187,425		228,079
Total Liabilities	277,620		267,342
NET ASSETS			
Unrestricted net assets	(3,469)		14,956
	\$ 274,151	\$	282,298

Statement of Operations and Changes in Net Assets

For the year ended March 31

Unaudited – See Notice to Reader

	2015	2014
REVENUE		
Vancouver Coastal Health funding	\$ 894,855	\$ 930,525
Fraser Health Authority funding	231,736	3,750
Other government funding	115,508	56,490
Non-government funding	62,800	61,030
Donations	36,067	411
Interest	367	1,725
	1,341,333	1,053,931
EXPENSES		
Advertising and promotion	171,053	76,639
Amortization	18,265	25,619
Bank charges and interest	450	315
Board and meeting	3,060	2,759
Equipment lease	3,352	6,358
Insurance	3,172	2,808
Licenses and dues	162	897
Office and miscellaneous	13,551	10,917
Professional development	475	575
Professional fees	49,994	26,262
Project supplies	94,679	95,965
Rent	117,888	99,451
Repairs and maintenance	5,510	2,287
Salaries and benefits	728,479	617,630
Subcontract	120,210	93,685
Telephone	13,406	11,913
Travel	16,052	6,474
	1,359,758	1,080,554
Excess (deficiency) of revenues over expenses	(18,425)	(26,623)
Net assets, beginning of the year	14,956	41,579
Net assets, end of the year	\$ (3,469)	\$ 14,956

Notes to the Financial Statements

As of March 31

Unaudited – See Notice to Reader

1. MISSION STATEMENT

“The Mission of HIM is to strengthen gay men’s health and well-being through trusted, tailored, targeted research-based health promotion services and by engaging the community through volunteer involvement, online access and events. We foster mutually beneficial relationships among gay men and health professionals to ensure the best possible outcomes. We do this because we value the ability of gay men to make informed decisions, we value the role of our community in supporting the foundations for healthy living, and we value scientific research.”

2. CAPITAL ASSETS

Capital assets are recorded at cost and amortization is provided under the declining balance method over the estimated useful life of the assets using the following rates:

Furniture and equipment	20%
Computer equipment	20 – 45%

Leasehold improvements are recorded at cost and are amortized on the straight-line basis over the term of the lease plus the first renewal option.

Half-rates are applied in the year of acquisition and none in the year of disposal.

	Cost	Accumulated Amortization	Net Book Value
2015			
Furniture and equipment	\$ 28,615	\$ 13,851	\$ 14,764
Computer equipment	25,629	22,935	2,694
Leasehold improvements	64,315	64,315	–
	\$ 118,559	\$ 101,101	\$ 17,458
2014			
Furniture and equipment	\$ 20,016	\$ 11,234	\$ 8,782
Computer equipment	24,394	21,467	2,927
Leasehold improvements	64,315	50,134	14,181
	\$ 108,725	\$ 82,835	\$ 25,890

3. CHARITABLE ORGANIZATION DESIGNATION

The organization attained registered charity status with Canada Revenue Agency effective August 15, 2013, and is designated as a Charitable Organization.

