



HEALTH INITIATIVE FOR MEN

HIM IS DEDICATED TO STRENGTHENING THE HEALTH
& WELL-BEING OF GAY MEN

ANNUAL REPORT

April 1st, 2017 – March 31st, 2018



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MESSAGE FROM BOARD CHAIR

As another amazing year at *Health Initiative for Men* (HIM) comes to a close, I would like to thank the tireless work of HIM staff, volunteers and our Executive Director, Greg Oudman, for the exceptional work in championing HIM as a community leader for gay men's health throughout these years of growth and transformation. From the staff who ensures our health centres and physical programs operate smoothly every week to the volunteers who are amazing ambassadors in helping to strengthen the health and well-being of gay men... Thank you!

We are also profoundly grateful for the support and confidence of our community partners and funders who work with us to ensure gay men in our community have access to health services in a safe and queer-friendly environment. And, finally, a huge thanks to the talented and dedicated Board of Directors who help ensure the organization has the vision and capacity to respond to the changing landscape of gay men's health.

As we move into HIM's tenth year of existence... yes, ten years... I can't help, but reflect on all the social campaigns, advocacy and outreach, HIV and STI tests, and groups of guys this organization has initiated and engaged. As we move in to the next ten years, we look forward to implementing a new strategic plan that will help our organization reflect Vancouver's changing gay community and to ensure that HIM is here for you. Thank you for coming together and making *Health Initiative for Men* a staple in Vancouver's gay community. Cheers to *Health Initiative for Men* and to our community!



NICHOLAS DANFORD
BOARD CHAIR



MESSAGE FROM THE EXECUTIVE DIRECTOR

Ten years and counting! Yes, that's right, this year marks Health Initiative for Men (HIM)'s tenth year! It's hard to believe that a small visionary group of guys who came together and saw an image of what they wanted gay men's health to look like could imagine what HIM has grown to become over the past ten short years. Through countless health promotion and social marketing campaigns, development of five successful health centres testing thousands of guys, hours of life-changing counselling and coaching, numerous research partnerships that inform our work, hundreds of outreach opportunities to engage guys in their health, myriads of physical and social health groups reaching hundreds of thirsty and receptive minds and bodies, no one can deny that HIM has significantly changed the landscape of gay men's health in the Lower Mainland over the past decade.

When I look back over the past ten years of HIM's history, one word stands out to describe HIM's story and to which HIM's success can be attributed: *community*. HIM has built community via its presence, relied on community for its success, and challenged community through its work over the past decade. This past year, we have achieved great things, including our advocacy work that resulted in a significant increase in PrEP access across the province, as well as major new collaborations with other local community partners in the area of sex work supports and partnerships with other gay, bi and queer (both cis and trans) men's health organizations across the country to develop national gay men's health programming.

Without community, HIM would not exist. My thanks goes out to all of the countless individuals who, over the past ten years, have contributed to make HIM the amazing organization that it is today. Dozens of dedicated staff have given of themselves, hundreds of volunteers have committed thousands of hours of their time and talent at the program and governance level, and countless individuals have contributed in immeasurable ways to make HIM what it is today. HIM has built amazing collaborative relationships with local, regional and national partners to help advance its mission of strengthening the health and well-being of gay men.

Cheers to our next ten years!



GREG OUDMAN
EXECUTIVE DIRECTOR



BOARD MEMBERS AND HIM STAFF

BOARD MEMBERS

Nicholas Danford – Chair
Kevin Contzen – Vice Chair

Michael Leclair – Treasurer
Doug Leavers – Secretary
Adrian Pape
Jag Bilkhu
Kevin Hisko
Nathan Lachowsky

STAFF

Greg Oudman - Executive Director
Aaron Purdie
Alvaro Luna
Andrew Poon
Billy Taylor
Christof Milando
David Chacon Valenzuela
David Russell
Gio Cooper
Hans Bosgoed
Jas Basra
Joshua Edward
Kirill Vinogradov
Lance Hansen
Matthew Taylor (on leave)
Sam Larkham
Sam Stiegler
Simon Rayek



HIM HIGHLIGHTS

ABOUT HEALTH INITIATIVE FOR MEN

Health Initiative for Men (HIM) is a non-profit society that aims to strengthen the health and well-being of gay men. We offer the full spectrum of gay men's sexual health testing, as well as professional counselling, sexual health education, and an engaging mix of social and volunteer opportunities. HIM takes an integrated approach to gay men's health, focussing on determinants of overall health: physical, sexual, social, and mental.



OUR HISTORY

After years of discussion among gay men in Vancouver about the need for a gay men's health organization, Health Initiative for Men opened in the heart of Vancouver's gay village in 2008.

In 2009, HIM entered a formal contract with the Vancouver Coastal Health Authority to deliver health promotion services to gay men.

We remain at the forefront of gay men's health issues, collaborating on important research projects, and offering primary and sexual health care. Through the tireless work of our volunteers, we are able to deliver programs for a diverse range of men, from sex workers to yoga aficionados.

KEY FACTS

- Legal Name:
H.I.M. – Health Initiative for Men Society
- Founded: November 2007
- Sites of Operations:
Office, 310 – 1033 Davie Street
Health Centres:
HIM on Davie, 416 – 1033 Davie Street
HIM on The Drive, 1145 Commercial Drive
HIM in New West, 40 Begbie Street
HIM in Surrey, 220 – 10362 King George Boulevard
HIM in Abbotsford, 104 – 34194 Marshall Road
- Find us on the Internet:
www.checkhimout.ca
www.facebook.com/HealthInitiativeforMen
www.twitter.com/HIMtweets

OUR MISSION

Strengthening the health and well-being of gay men.

OUR VISION

Gay men building healthy lives together.

OUR VALUES

We value gay men's ability to make informed decisions.

We value the role of our communities.

We value scientific research.

We value a non-judgmental, sex-positive, and strengths-based philosophy.

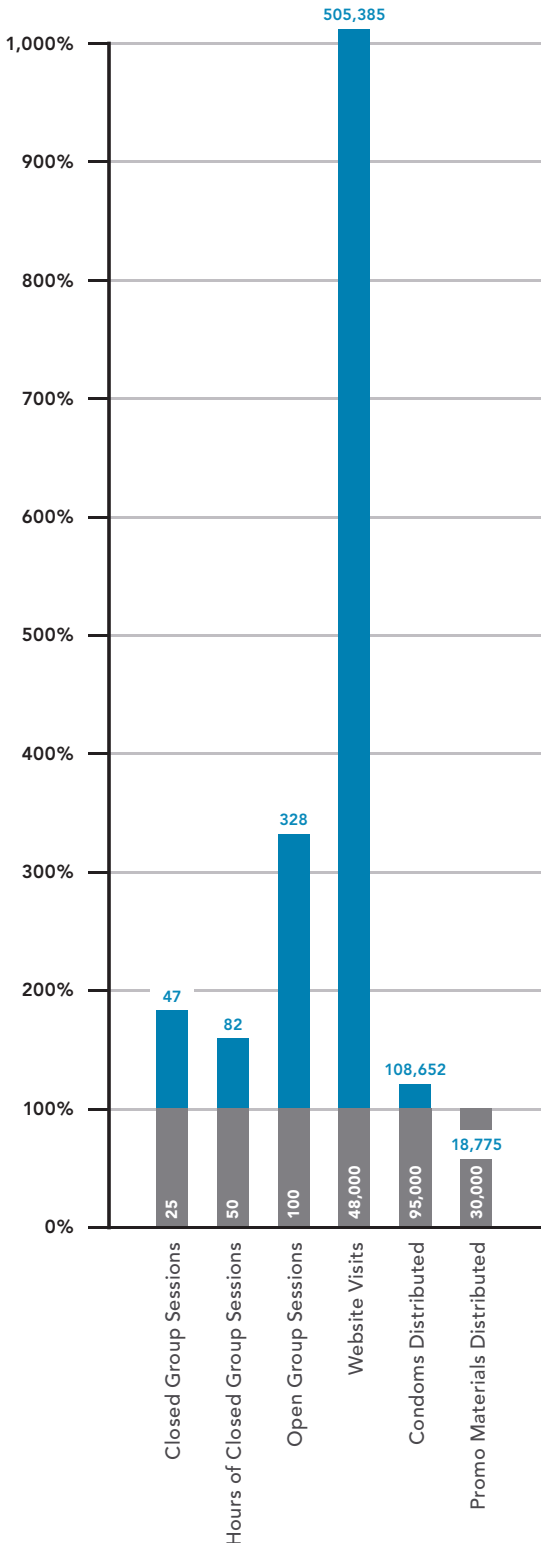
We value a comprehensive approach to healthy living.

We value capacity building and collaboration.

HIM HIGHLIGHTS

Service Output Indicators

BLUE: Performance Level
GREY: Contract Targets



HIM HEALTH CENTRES

In the 2017/18, the HIM Health Centres administered **7,979 (rapid, standard, & NAAT) HIV tests, 6,035 STI tests, and conducted 606 hours of clinical counselling and peer support/coaching services.** These five health centres, staffed by registered nurses, volunteer receptionists, and HIM employees, are successful partnerships between HIM, Vancouver Coastal Health, Fraser Health Authority and the BC Centre for Disease Control. They are located in high-traffic areas where gay men live and socialize.

Beginning in September 2017, HIM launched an innovative new low-cost counselling program designed to reduce waiting periods in the Professional Volunteer Counselling program entitled, *HIM Helps*. This new program offers local gay guys referrals to highly-trained mental health professionals with whom they can build an ongoing, and potentially long term therapeutic relationship. Since the program started, 82 guys have been connected with counsellors and therapists which has resulted in an **approximate 574 hours of counselling.**

KEY PROGRAM INITIATIVES

Physical Health

Fitness clinics, yoga classes, partnerships with community fitness and sport groups, nutrition workshops.

Sexual Health

British Columbia's largest distributor of condoms to gay men, HIV prevention campaigns, risk reduction information, nationally-recognized web technology and social media tools (including SMS and e-mail-based HIV testing reminders) and five sexual health centres offering counselling services as well as STI and HIV testing.

Social Health

Volunteer facilitated initiatives include CONNECT with HIM, Men On Men (a collaborative workshop developing skills for thriving in a straight man's world), a 'Winter Chill Lounge' safe and educational space for Whistler PRIDE, and the ongoing Vancouver Fabulous campaign.

Mental Health

Professional clinical counselling and coaching (peer support) services and Take Time for Your Mind campaign.

SERVICE OUTPUT INDICATORS

PROGRAM DELIVERABLES

VOLUNTEERS

of trained volunteers **35**

GROUPS & COUNSELLING

of closed group sessions **25**

of hours of closed group sessions **50**

of unique attendees at closed group sessions **280**

of open group sessions **100**

of hours of open group sessions **250**

of unique attendees at open group sessions **1,000**

COMMUNITY ENGAGEMENT & KNOWLEDGE TRANSLATION

of venue-based outreach events **30**

of festival-related events **8**

of condoms distributed **95,000**

OF PRINT ITEMS DISTRIBUTED

condom boxes **45,000**

promo materials **30,000**

print ad impressions **600,000**

of website visits **48,000**

CLINIC

of total HIV tests **970**

of STI tests **300**

of hours clinic is open **500**

INDICATORS	Q1: APR – JUN	Q2: JUL – SEP	Q3: OCT – DEC	Q4: JAN – MAR	FISCAL YEAR TOTAL
Volunteers					
# of trained volunteers	0	10	0	15	25
Groups & Counselling					
# of closed group sessions	15	18	6	8	47
# of hours of closed group sessions	24	28	6	24	82
# of unique attendees at closed group sessions	87	82	34	93	296
# of open group sessions	60	49	41	46	196
# of hours of open group sessions	94.5	72	61	71	299
# of unique attendees at open group sessions	986	647	495	535	2,663
Community Engagement & Knowledge Translation					
# of venue-based outreach events	5	1	3	2	11
# of festival-related events	6	6	0	0	12
# of condoms distributed	16,760	33,556	28,074	30,262	108,652
# of print items distributed					
# condom boxes	8,380	16,778	14,037	15,131	54,326
# promo materials	4,179	7,030	3,741	3,825	18,775
# print ad impressions	264,704	0	923,466	459,488	1,647,658
# of website visits	83,399	82,684	111,172	228,130	505,385
Clinic					
# of total HIV tests	2,376	2,278	1,970	1,355	7,979
# of STI tests	1,614	1,515	1,442	1,464	6,035
# of hours clinic is open	815	773.5	731	805	3,125
# of clients seen	2,106	2,052	1,915	1,966	8,039

“Every time I visit I know I will be treated with respect and feel safe.”

– Health Centre Client

“So insightful, prepared, engaging presentation. Instructor was passionate and informative.”

– HIM Institute Participant

HIM HEALTH INITIATIVE FOR MEN presents
PrEP SCHOOL
 Wednesday, April 26 6:30pm - 8pm 421-1033 Davie Street
 Seats are limited, so email joshua@checkimout.ca to reserve a space. First come, first served!

Join HIM's Joshua Edward and Drs. Mark Hull and David Hall for an information and discussion session on pre-exposure prophylaxis (PrEP). Topics covered will include information on generics, covering the state of the evidence, how you can get a prescription, and even how to discuss PrEP with sexual partners. If you have questions about PrEP, HIM has answers!

www.checkimout.ca

HIM is here for you.
 Gay men building healthy lives together.

HIM HEALTH INITIATIVE FOR MEN
www.checkimout.ca

Cool, Calm & Collected with HIM

Anxiety got you up all night? Stressed out? Worried about the future? HIM is here for you. Learn how anxiety affects the body and mind, and develop skills to help you thrive.

MAY 3: WHAT IS ANXIETY?
 Let our experts walk you through an introduction of the roots, causes and trends related to anxiety, and anxiety related conditions.

MAY 10: SEX, STIGMA & ANXIETY
 Learn about how society views anxiety and how it is fuelled by stress, oppression and harmful stigma.

MAY 17: SELF CARE & ANXIETY MANAGEMENT
 The research is in and set some records! Learn how to increase resilience to stress and anxiety.

MAY 24: MINDFULNESS FOR ANXIETY
 Heard about neuroplasticity? Come and try out mindfulness as a way to change your brain, and decrease anxiety.

*Note that there are open workshops, so participants can attend any or all workshops.

Date/Time: Wednesdays, May 3rd, 10th, 17th, and 24th, 2017 at 6:30pm – 8:00pm
 Location: Anvil Centre, 777 Columbia Street, New Westminster
 Cost: FREE or by donation

For more information or to register, please email Victor at counselling@checkimout.ca.

www.checkimout.ca

TOTALLY OUTRIGHT
 MAY 12 – 15, 2017 @ BOWEN ISLAND LODGE

WANT TO LEARN HOW YOU CAN BECOME MORE INVOLVED IN PROMOTING GAY AND BI GUYS' HEALTH IN YOUR COMMUNITY?

Totally Outright is a weekend retreat connecting our future community leaders with the community leaders of today. Meet new friends, discover new leadership opportunities, and get to know a growing field of health promotion and research.

APPLY TODAY at totallyoutright.ca or contact our recruitment coordinator for more info at totallyoutright@checkimout.ca.

Open to gay, bi, trans, queer, and other MSM guys aged 18-28. Accommodations, food, and supplies will be provided and there are no costs for participating.

cbrc **HIM** HEALTH INITIATIVE FOR MEN
www.checkimout.ca

HIM ON DAVIE IS EXPANDING TO BETTER SERVE YOU!


With support from our valuable community partners Vancouver Coastal Health, Providence Health, and BCDCDC as well as our volunteers, the newly expanded **HIM on Davie Health Centre** is now open!

We cordially invite you to celebrate its opening and tour the 1,598 square feet of space that is providing increased capacity for HIV and STI testing, professional counselling and coaching, and health promotion case management services.

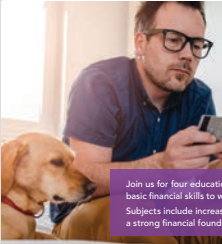
Please join us!

DATE/TIME: Friday, March 3, 2017, 4pm – 7pm
LOCATION: HIM on Davie Health Centre
 416 – 1033 Davie Street, Vancouver, B.C.

R.S.V.P. via Eventbrite invitation by February 27.



Financial Literacy with HIM




Do personal finances stress you out? Want to improve your money management habits and create a healthier budget?

Join us for four educational workshops, led by Tony Trieu, to learn basic financial skills to work toward a better financial future. Subjects include increasing cash flow, debt management, building a strong financial foundation, and planning your financial future.

Date/Time: Wednesdays, January 10 – 31, 2018; 7pm – 8:30pm
Location: HIM in Surrey, 220 – 10362 King George Blvd, Surrey
Cost: FREE or by donation to HIM

For more information or to register, please phone 604.488.1001 or email lance@checkhimout.ca.



“A good educational presentation for people who need help with financial issues.”

– Participant in Financial Literacy 101 in New Westminister

Let's Get Kinky with HIM

Everything you always wanted to know, but were afraid to ask...



Everything you would like to know about **Pervtables**. Come join us for an inspiring and fun workshop on turning everyday items into fun sex toys. Presented by Claude and Freddie.

Dates/Time: Wednesday, August 16th, 6pm – 8pm (New Westminister)
 Wednesday, August 23rd, 7pm – 9pm (Surrey)

Locations: Anvil Centre, #417 – 777 Columbia St, New Westminister
 HIM in Surrey Health Centre, #220 – 10362 King George Blvd, Surrey

Cost: FREE (or by donation)

For more information or to register, please phone 604.488.1001 or email register@checkhimout.ca.



Be part of something huge!



Be part of the world's largest online questionnaire about gay and bi men's sex, health, and relationships.

Carried out by researchers and LGBT organizations in 45 countries, this short, anonymous survey will help HIV and gay/bi men's sexual health services get funded.

FILL ME IN → <http://bit.ly/2gH11kv>

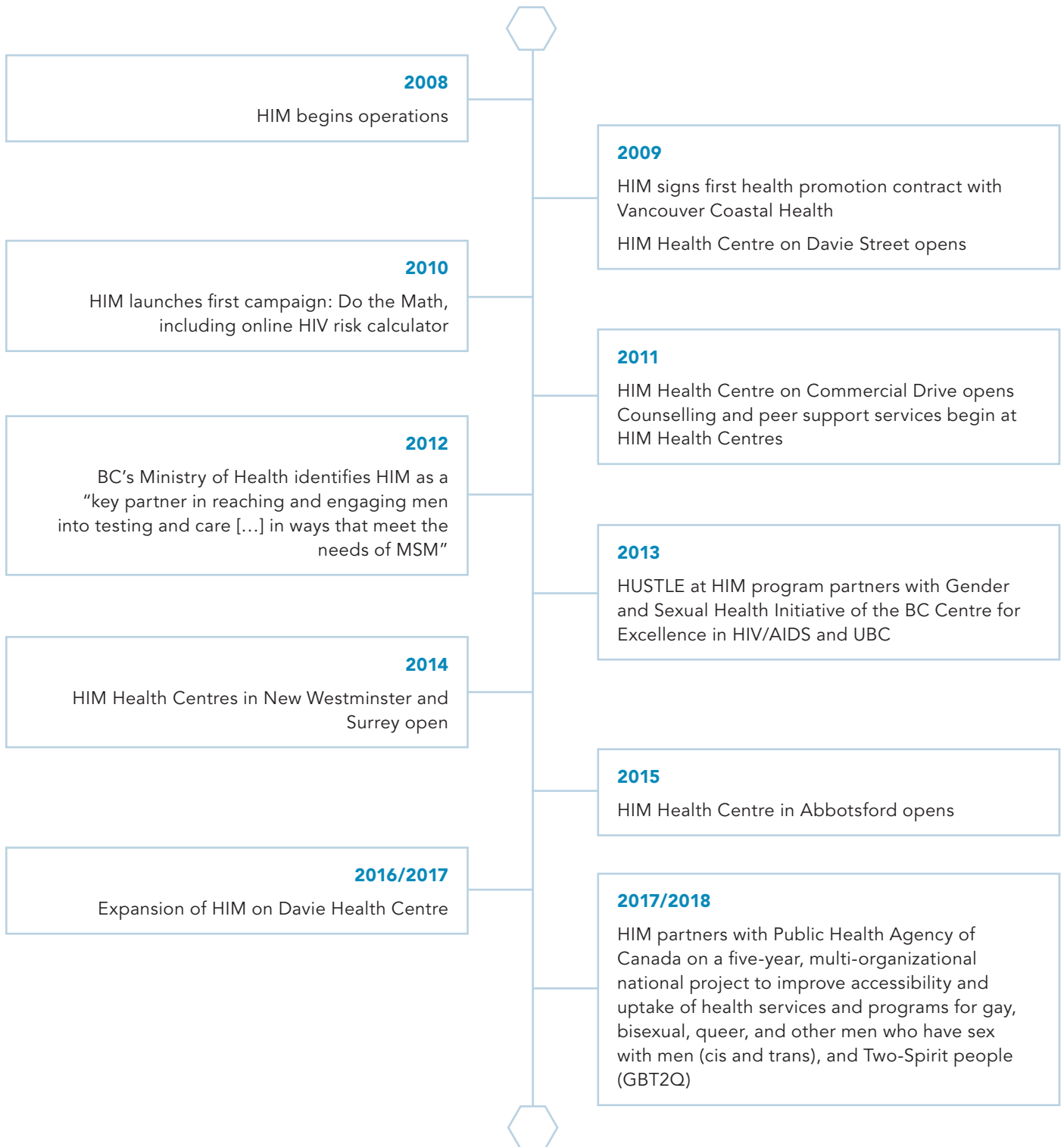



“So much fun! I really enjoyed tonight and learned a lot.”

– Participant in Get Kinky with HIM in New Westminister

HIM MILESTONES

For a complete history of him, please visit www.checkhimout.ca/history.



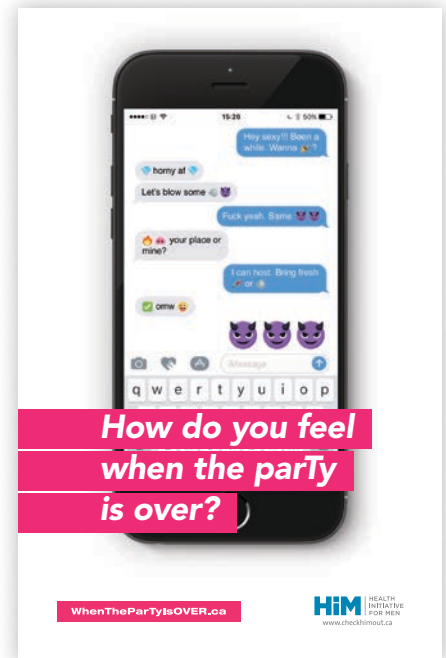
OUR MODEL IS WORKING

In 2017/18:

- played a significant advocacy role in the development of BC's publicly-funded, universally accessible provincial PrEP program;
- expanded its sex work supports in collaboration with four local sex work support service providers, funded by the Public Health Agency of Canada;
- embarked on Advance/Avancer, a five-year project with four collaborative partners across the country with the goal of improving accessibility and uptake of health services for gay, bisexual, queer, and other men who have sex with men (cis and trans), and Two-Spirit people (GBT2Q); in partnership with public health, researchers, policymakers, and our communities, Advance/Avancer mobilizes the evidence, tools, and leadership necessary to ensure GBT2Q men in Canada have access to equitable and culturally competent care.
- launched its newly revamped website, checkhimout.ca;
- launched "When The Party is Over", a social marketing campaign to address the use of drugs (specifically meth) from a sexual health perspective, with the primary goals of increasing awareness of the prevalence of meth among gbOMSM in our community, the role of communication and support for those gbOMSM using meth, and of support services and how to access them.

*"Just having this knowledge that someone is there for me who **has a real interest in helping me** and is working hard to ensure I get best available support feels great and is a source of great strength and satisfaction. You are doing a wonderful job, keep it up!"*

– Health Centre Client



FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31, 2018

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF H.I.M. HEALTH INITIATIVE FOR MEN SOCIETY

We have audited the accompanying financial statements of H.I.M. Health Initiative for Men Society that comprise the Statement of Financial Position as at March 31, 2018, and the Statements of Operations, Changes in Net Assets, and Cash Flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

MANAGEMENT'S RESPONSIBILITY FOR THE FINANCIAL STATEMENTS

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

AUDITOR'S RESPONSIBILITY

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

BASIS FOR QUALIFIED OPINION

In common with many not-for-profit organizations, H.I.M. Health Initiative for Men Society derives revenue from donations and fundraising activities, the completeness of which is not susceptible to satisfactory audit verification. Therefore, we were not able to determine whether any adjustments might be necessary to donations and fundraising revenue and excess of revenue over expenses for the year ended March 31, 2018, total assets as at March 31, 2018, and net assets as at March 31, 2018 and April 1, 2017.

QUALIFIED OPINION

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements present fairly, in all material respects, the financial position of H.I.M. Health Initiative for Men Society as at March 31, 2018, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

EMPHASIS OF MATTER

Without modifying our opinion, we draw attention to Note 2 to the financial statements which describes that the H.I.M. Health Initiative for Men Society adopted Canadian accounting standards for not-for-profit organizations on April 1, 2017 with a transition date of April 1, 2016. These standards were applied retrospectively by management to the comparative information in these financial statements, including the Statement of Financial Position as at March 31, 2017 and April 1, 2016, and the Statements of Operations, Changes in Net Assets, and Cash Flows for the year ended March 31, 2017 and related disclosures. We were not engaged to report on the restated comparative information, and as such, it is neither audited nor reviewed.

REPORT ON OTHER LEGAL AND REGULATORY REQUIREMENTS

As required by the Societies Act of British Columbia, we report that, in our opinion, the accounting principles in Canadian accounting standards for not-for-profit organizations have been applied on a basis consistent with that of the preceding year.

BDO Canada LLP

Chartered Professional Accountants

Vancouver, British Columbia

August 23, 2018



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Vancouver BC V6C 3L2 Canada

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STATEMENT OF FINANCIAL POSITION

	March 31, 2018	March 31, 2017 (Unaudited)	April 1, 2016 (Unaudited)
ASSETS			
Current			
Cash and cash equivalents (Note 4)	\$ 139,049	\$ 109,145	\$ 135,806
Accounts receivable	59,398	35,046	13,489
Prepaid expenses	38,062	17,300	14,194
	236,509	161,491	163,489
Capital Assets (Note 5)	121,903	148,164	–
	\$ 358,412	\$ 309,655	\$ 163,489
LIABILITIES			
Current			
Accounts payable and accruals (Note 6)	\$ 57,651	\$ 100,886	\$ 46,556
Deferred revenue (Note 7)	174,423	93,084	107,225
Deferred capital contribution (Note 8)	50,759	88,828	–
Current portion of capital lease (Note 9)	13,621	9,726	–
	296,454	292,524	153,781
Obligation under capital lease (Note 9)	44,954	42,597	–
	\$ 341,408	\$ 335,121	\$ 153,781
Net Assets (Deficit)			
Invested in capital assets	\$ 12,569	\$ 7,013	\$ –
Unrestricted	4,435	(32,479)	9,708
	17,004	(25,466)	9,708
	\$ 358,412	\$ 309,655	\$ 163,489

On behalf of the Board:



Nicholas Danford, Board Chair



Doug Leavers, Board Secretary

The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

STATEMENT OF OPERATIONS

For the year ended March 31

2018

2017
(Unaudited)

REVENUE

Vancouver Coastal Health grants (Note 7)	\$	952,357	\$	931,251
Other government grants (Note 7)		196,321		63,624
Fraser Health Authority grants (Note 7)		171,684		171,849
Donations		35,881		28,878
Non-government funding grants (Note 7)		5,000		138,844
Amortization of deferred capital contributions (Note 8)		38,069		3,172
	\$	1,399,312	\$	1,337,618

EXPENSES

Advertising and promotion	\$	82,540	\$	93,444
Amortization		53,127		10,230
Bank and interest charges		1,428		3,830
Board and meeting		4,569		4,558
Equipment lease		–		2,455
Insurance		3,145		3,468
Office and miscellaneous		19,412		18,488
Professional development		874		5,350
Professional fees		12,000		5,596
Project supplies and services		59,843		47,265
Rent		160,830		157,213
Salaries and benefits		834,802		845,053
Subcontracts		22,471		90,466
Telephone		17,554		23,411
Travel		30,715		23,063
Website development and maintenance		46,827		38,902
		1,356,617		1,372,792
Excess (deficiency) of revenues over expenses for the year	\$	42,470	\$	(35,174)

The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

STATEMENT OF CHANGES IN NET ASSETS

For the year ended March 31	Invested in Capital Assets	Unrestricted	Total
Net assets, April 1, 2016 (unaudited)	\$ –	\$ 9,708	\$ 9,708
Deficiency of revenue over expenses for the year (unaudited)	(7,058)	(28,116)	(35,174)
Purchase of capital assets	9,553	(9,553)	–
Principle payments on capital lease obligation	4,518	(4,518)	–
Net assets, March 31, 2017 (unaudited)	\$ 7,013	\$ (32,479)	\$ (25,466)
Excess (deficiency) of revenue over expenses	(15,058)	57,528	42,470
Purchase of capital assets	8,115	(8,115)	–
Principle payments on capital lease obligation	12,499	(12,499)	–
Net assets, March 31, 2018	\$ 12,569	\$ 4,435	\$ 17,004

The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

STATEMENT OF CASH FLOWS

For the year ended March 31

2018

2017
(Unaudited)

CASH PROVIDED BY (USED IN)

Operating activities

Excess (deficiency) of revenue over expenses	\$	42,470	\$	(35,174)
Amortization of capital assets		53,127		10,230
Amortization of deferred capital contribution		(38,069)		(3,172)

Changes in non-cash working capital balances

Accounts receivable	\$	(24,352)	\$	(21,558)
Prepaid expenses		(20,762)		(3,106)
Accounts payable and accruals		(43,235)		54,331
Deferred revenue		81,339		(14,141)

Increase (decrease) in cash from operations	\$	50,518	\$	(12,590)
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Investing activity

Purchase of capital assets (Note 5)	\$	(8,115)	\$	(9,553)
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Financing activity

Repayment of obligation under capital lease	\$	(12,449)	\$	(4,518)
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Increase (decrease) in cash during the year	\$	29,904	\$	(26,661)
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Cash and cash equivalents, beginning of year		109,145		135,806
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Cash and cash equivalents, end of year	\$	139,049	\$	109,145
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The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

NOTES TO FINANCIAL STATEMENTS

March 31, 2018

1. Significant Accounting Policies

Purpose of the Society	<p>The Health Initiative for Men Society (the "Society") is incorporated under the laws of British Columbia and has transitioned to the Societies Act of British Columbia effective November 30, 2016 (Note 3). As a registered charity, it is not subject to income taxes under section 149(1)(f) of the Income Tax Act.</p> <p>The Society's purpose is to strengthen gay men's health and well-being through trusted, tailored, targeted research-based health promotion services and by engaging the community through volunteer involvement, online access and events. The Society fosters mutually beneficial relationships among gay men and health professionals to ensure the best possible outcomes.</p>						
Basis of Presentation	<p>These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations.</p>						
Revenue Recognition	<p>The Society follows the deferral method of accounting for contributions.</p> <p>Unrestricted contributions are recognized as revenue when received or receivable if the amount can be reasonably estimated and collection is reasonably assured.</p> <p>Restricted contributions are recognized as revenue in the year the related expenses are incurred. Restricted contributions for the acquisition of capital assets are deferred and amortized over the remaining useful life of the asset acquired.</p>						
Contributed materials and Services	<p>The Society benefits greatly from contributed services in the form of volunteer time. The value of volunteer time is not recognized in these financial statements.</p>						
Leases	<p>Leases are classified as capital or operating leases. A lease that transfers substantially all of the benefits and risks incidental to the ownership of property is classified as a capital lease. At the inception of a capital lease, an asset and an obligation are recorded at an amount equal to the lesser of the present value of the minimum lease payments and the property's fair value at the beginning of the lease.</p>						
Capital Assets	<p>Capital assets are recorded at cost less accumulated amortization.</p> <p>Amortization commences once the asset is put into use. Amortization is provided on a straight line basis over the following periods:</p> <table><tr><td>Computer equipment</td><td>3 years</td></tr><tr><td>Furniture and equipment</td><td>5 years</td></tr><tr><td>Leasehold improvements</td><td>Term of lease</td></tr></table>	Computer equipment	3 years	Furniture and equipment	5 years	Leasehold improvements	Term of lease
Computer equipment	3 years						
Furniture and equipment	5 years						
Leasehold improvements	Term of lease						
Financial Instruments	<p>The Society's financial instruments consist of cash, accounts receivable and accounts payable. The Society initially measures all of its financial instruments at fair value and subsequently at amortized cost using the effective interest rate method.</p> <p>Financial assets are tested for impairment when changes in circumstances indicate that the asset could be impaired. Transaction costs on the acquisition and sale of financial instruments are expensed for those items re-measured at fair value at each balance sheet date and charged to the financial instrument for those measured at cost.</p>						
Use of Estimates	<p>The preparation of financial statements in accordance with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenue and expenses during the reporting period. Actual results could differ from management's best estimates as additional information becomes available in the future.</p>						

1. Significant Accounting Policies (continued)

Cash and Cash Equivalents Cash and cash equivalents consist of cash and investments with maturity dates of three months or less at the date of acquisition.

2. First-time Adoption of Canadian Standards for Not-for-profit Organizations

Effective April 1, 2017, the Society adopted the requirements of the accounting framework, Canadian accounting standards for not-for-profit organizations (ASNPO) or Part III of the requirements of the Chartered Professional Accountants of Canada (CPA Canada) Handbook – Accounting. These are the Society's first financial statements prepared in accordance with this framework and the transitional provisions of Section 1501, *First-time Adoption by Not-for-Profit Organizations*, have been applied. Section 1501 requires retrospective application of the accounting standards with certain elective exemptions and retrospective exceptions. The accounting policies set out in Note 1 – Significant Accounting Policies have been applied in preparing the financial statements for the year ended March 31, 2018, the comparative information presented in these financial statements for the year ended March 31, 2017 and in the preparation of an opening ASNPO statement of financial position at the date of transition of April 1, 2016.

The Society issued financial statements for the year ended March 31, 2017. The adoption of ASNPO resulted in no adjustments to the previously reported liabilities, excess of revenue over expenses and net assets of the Society as at April 1, 2016.

The changes to net assets as at March 31, 2017 were as follows:

	March 31, 2017
Opening deficit, Pre-changeover Accounting Standards	\$ (32,479)
Capitalization of assets	148,164
Recording capital leases	(52,323)
Recording deferred capital contributions	(88,828)
Opening deficit, ASNPO	\$ (25,466)

A reconciliation of the excess of revenue over expenses reported in the Society's most recent previously issued financial statements to its excess of revenue over expenses under ASNPO for the same period is as follows:

	2017
Deficiency of revenue over expenses, Pre-changeover Accounting Standards	\$ (42,187)
Capitalization of assets	148,164
Recording capital leases	(52,323)
Recording deferred capital contributions	(88,828)
Excess of revenue over expenses, ASNPO	\$ (35,174)

The Society has not issued a statement of cash flows under any other framework.

NOTES TO FINANCIAL STATEMENTS (CONTINUED)

3. Remuneration of Directors, Employees and Contractors

On November 28, 2016 the Society Act (BC) was repealed and replaced with the Societies Act (BC) ("New Act"). The New Act requires that all Societies transition to the New Act before November 28, 2018. As briefly outlined in the notes, the Society has completed the transitioning process.

The New Act requires that the Society disclose the total remuneration paid to the Directors, for either being a director or acting in another capacity, as well as the total number of employees or contractors with annual remuneration equal to or greater than \$75,000 and the aggregate remuneration of those employees/contractors. During the fiscal years ended March 31, 2018 and March 31, 2017, there were no directors who received remuneration or contractors who received remuneration in excess of \$75,000. A total of 1 (2017 – 1) employee received remuneration in excess of \$75,000 which resulted in an aggregate expenditure of \$95,492 (2017 – \$97,854).

4. Cash and cash equivalents

During the year, the Society has been granted credit (the "Credit Facility") by TD Canada Trust which provides for an operating line of credit of \$25,000 (2017 – \$nil). This credit facility was not utilized as at March 31, 2018.

5. Capital Assets

	Cost	Accumulated Amortization	Net 2018	Net 2017 (Unaudited)
Computer equipment	\$ 6,874	\$ 1,146	\$ 5,728	\$ –
Furniture and equipment	17,181	4,906	12,275	14,346
Leasehold improvements	85,613	38,378	47,235	82,661
Assets under capital lease	75,592	18,927	56,665	51,157
	\$ 178,386	\$ 63,357	\$ 121,903	\$ 148,164

During the year, capital assets were acquired at an aggregate cost of \$26,866 (2017 – \$158,394), of which \$18,751 (2017 – \$56,841) was acquired by means of capital leases.

6. Government Remittances Payable

Included in accounts payable and accruals are government remittances of \$16,410 (2017 – \$16,570).

7. Deferred Revenues

	2017			2018	
	Opening (Unaudited)	Amounts Received	Grants Spent / Revenue Recognized	Closing	
Vancouver Coastal Health Authority	\$ 78,777	\$ 977,262	\$ (952,357)	\$ 103,682	
Fraser Health Authority	14,307	171,684	(171,684)	14,307	
Other government	–	197,755	(196,321)	1,434	
Non-government	–	60,000	(5,000)	55,000	
	\$ 93,084	\$ 1,406,701	\$ (1,325,362)	\$ 174,423	

8. Deferred Capital Contributions

	2018	2017 (Unaudited)
Unamortized balance, beginning of year	\$ 88,828	\$ –
Amounts received	–	92,000
Amortized to revenue	(38,069)	(3,172)
Unamortized balance, end of year	\$ 50,759	\$ 88,828

9. Capital Lease Obligation

	2018	2017 (Unaudited)
Obligation under capital lease for photocopier due September 2021, repayable in monthly instalments of \$1,202, including principal and interest at 9.81%	\$ 42,597	\$ 52,323
Obligation under capital lease for phone system due April 2022, repayable in monthly instalments of \$398, including principal and interest at 13.01%	15,978	–
Less: current portion	(13,621)	(9,726)
	\$ 44,954	\$ 42,597

The future minimum lease payments are as follows:

Year	Amount
2019	\$ 19,204
2020	19,204
2021	19,204
2022	11,990
2023	1,829
	\$ 71,431
Less: imputed interest	(12,856)
	\$ 58,575

NOTES TO FINANCIAL STATEMENTS (CONTINUED)

10. Commitments

The Society has entered into a lease agreement for office space in a multi-tenant office building that extends to fiscal year 2020. The annual payments due for the next two years are as follows:

Year	Amount
2019	\$ 66,688
2020	22,924
	<u>\$ 89,612</u>

11. Financial Instruments

The Society is exposed to various risks through its financial instruments. The following analysis provides information about the Society's risk exposure and concentration as of March 31, 2018.

Credit Risk

Credit risk is the risk that one party to a financial instrument will fail to discharge an obligation and cause the other party to incur a loss.

The Society is subject to concentrations of credit risk through its cash deposits. The Society maintains its cash deposits at one Canadian financial institution. The maximum credit risk is equivalent to the carrying value. The Society is also subject to concentrations of credit risk through its accounts receivable. The carrying amount of accounts receivable represents the maximum credit exposure and the risk is limited as the amount is due from a government agency.

Liquidity Risk

Liquidity risk is the risk the Society will not be able to meet its financial obligations as they come due. The Society has taken steps to ensure that it has sufficient working capital available to meet its obligations.

Interest Rate Risk

Interest rate risk is the risk that fair value or future cash flows of a financial instrument will fluctuate because of changes in market interest rates. It is management's opinion that the Society is not exposed to significant interest rate risk arising from financial instruments as the interest rates of the Society's cash balances and leases are fixed.

Every Body

An 8-week group about body image



Do you struggle with body image? Feeling pressure to look different? Want to develop a better relationship with your body? HIM is here for you!

In *Every Body*, we will discuss how modern society affects our self-esteem, while offering tools to help explore your thoughts and feelings about your body. This group will incorporate cognitive behavioural therapy (CBT) techniques, group discussions, and resources to support you in your journey towards self-acceptance.


This group is open to self-identified men (trans men, cis men, and other men), non-binary, and genderqueer folks who also identify as two-spirit, asexual, gay, bi, queer, and/or as other guys who are into guys.

Date/Time: Thursdays, March 8th – April 26th, 7:00pm – 9:00pm
Location: 310 – 1033 Davie St, Vancouver
Cost: FREE or by donation

SPACE IS LIMITED!
 For more information or to register, please phone 604.488.1001 or email register@checkinout.ca.



Tell us about your sex life!



Be part of the world's largest online questionnaire about gay and bi mens' sex, health, and relationships.

Carried out by researchers and LGBT organizations in 45 countries, this short, anonymous survey will help HIV and gay/bi mens' sexual health services get funded!

FILL ME IN → <http://bit.ly/2gHl1kv>




“Really appreciate the service, great nurse and receptionist, an asset to the community. Keep up the good work!”

– Health Centre Client



GIVE HIM A HAND.

Become a **HIM Friend with Benefits** by donating to HIM today!



Pride at the Met with HIM

Come celebrate Pride at the Met with HIM!



Join HIM in New West at The Met Bar & Grill for plenty of fun and games, and discover more about Health Initiative for Men!

Date/Time: Saturday, February 17th
 8:00pm – midnight
Location: The Met Bar & Grill
 411 Columbia Street, New Westminster
 right beside the Columbia SkyTrain station
Cost: FREE

For more information about the event, please email lance@checkinout.ca.



“I like coming because everyone is so nice.”

– Surrey Connections Participant

“Got new knowledge about our community I never knew.”

– HIM Institute Participant

“Always a positive experience.”

– Health Centre Client

HIM IS HERE FOR YOU!
GAY MEN BUILDING HEALTHY LIVES TOGETHER

HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca

Get Fit with HIM in Surrey

Want to boost your workout or get help kick-starting a new workout regime?

This four-part workout series for guys will help you develop balance, speed, stamina, and endurance using a combination of exercise styles that include Plyometrics, core exercises, aerobics, stretching, and resistance training.

For all fitness levels, ages, and body types. Bring a mat and towel, and wear comfortable workout clothes and shoes.

Date/Time: Wednesdays
April 19th, May 10th, May 24th, June 7th
7 – 8:30pm

Location: HIM in Surrey Health Centre
Suite 200 – 10362 King George Blvd

Cost: Free or by donation

For more information or to register, please phone 604.488.1001 or email lance@checkhimout.ca.

HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca

HIM is here for you.
Gay men building healthy lives together.

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