



Health Initiative for Men

HIM is dedicated to strengthening the health and well-being of gay men.

APRIL 1ST, 2015 – MARCH 31ST, 2016

ANNUAL REPORT





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Message from Board Chair

THIS TIME OF YEAR SEEMS TO COME QUICKER every year as the *Health Initiative for Men* seems to be getting busier and busier. 2015/16 was no different. We rolled out several highly successful campaigns – *Talk to HIM*, *#GetGarded* and *Just Makes Sense*. We have continued to develop a robust relationship with one of our newest partners, Fraser Health, with a new clinic in Abbotsford and expanded programming in the Fraser region. Perhaps our most exciting accomplishment was a dual effort from our dedicated Staff and Board to engage in a strategic plan that will guide the organization moving forward. We have implemented an ambitious path for *Health Initiative for Men* and, when I look back on this year, I truly believe we have laid the groundwork for some very exciting things at our organization.

Leadership has taken shape at *Health Initiative for Men*. I would like to express gratitude for our Executive Director, Greg Oudman. We welcomed Greg to our little gay men's health organization two years ago having very little knowledge of what he was getting into, and I'd like to congratulate him for implementing a culture at HIM that has truly hit its stride. The work he has done this year has empowered HIM staff to be effective and powerful leaders.

I think I have said the same thing about our staff countless times. They are who inspire us. They take research material, our community and our mission and truly transform those three ingredients into something that continues to impress me. Our staff have the ability to carry HIM's mission in the community, speak at the health summit, lead panels at the film festival and host our programs. They produce some of the most provocative, relevant, and effective messaging and programming there is in gay men's health. Their work is why so many of us showed up here in the first place, and I truly can't thank them enough for dedicating their careers to something that matters so much.

Last year, 201 volunteers contributed over 7,760 hours of their time, skills and talent with a monetary value of over \$116,400 to help HIM accomplish so much. We launched *Give HIM a Hand* campaign earlier this year in that spirit. We would never be able to do what we do if it wasn't for our generous volunteers' support. It is because of those that give their time and minds that we are here. I am so proud to be part of an organization that attracts that kind of people.

Our Board roster has grown to ten members this year, and their level of skill, integrity, and commitment is incredible. I would like to extend a personal thanks to a few veteran board members for the support I received during a time of growth on our board. I feel fortunate to serve next to you all, and am truly excited for the visionary possibilities you all bring to the table.

I'm excited for our coming year as we continue to advance our mission and realize our strategic plan. We are working to address some significant issues that continue to uniquely affect gay men and have long been only lightly tackled. Mental health, substance use, PrEP... topics that even the gay community sometimes shies away from. More excitement to report next year, but until then, here's to gay guys building healthy lives together.



DAN GRIFFIN
Board Chair

Message from the Executive Director

CHANGE. RENEWAL. GROWTH. 2015 was a banner year for HIM!

Staff changes were in the air when last August saw us bid adieu to Darren Usher, one of HIM's long-term staff, and welcome Aaron Purdie as manager of HIM's mental health programs. At the end of 2015, we saw original staff and ally, Jody Jollimore, move to facilitating HIM's involvement in the national ENGAGE research study. Michael Kwag left us last August to move to Toronto to work on developing national gay men's health resources with CATIE and we welcomed Joshua Edward last August as manager responsible for knowledge translation. Last July, we wished Allan Lal well as he departed to travel the world, and welcomed Kai Rajala to HIM's outreach work in community spaces, festivals and fairs.

2015 saw HIM continue to produce several innovative and successful public health and social marketing campaigns. Our *Talk to HIM* online multilingual sexual health resource continued to expand its impact and reach through an informative pocket-sized guide in English, Chinese (both simplified and traditional), Punjabi, Arabic, Farsi and Spanish. #GetGarded raised awareness of HPV and the importance of vaccination, and our cheeky *Just Makes Sense* campaign worked to inform guys of the handy online testing resource, *Get Checked Online*.

2015 also saw HIM continue to expand its programming for gay guys in the Fraser Valley. We moved further East with the successful opening of our *HIM in Abbotsford Health Centre* last June and added our volunteer counselling program and the Health Promotion Case Management program (in partnership with Fraser Health) to both our *HIM in Surrey* and *HIM in New West Health Centres*.

Finally, HIM's Board and Staff worked to develop our ambitious and visionary strategic plan that will challenge us and guide our focus and development over the next several years.

None of this amazing work over the past year could happen without the support of our broad array of stakeholders and engagement of our communities. This includes our funders, our partners, our donors, our volunteers, our Board, our staff, and the guys who access our programs. I welcome you to get involved with HIM as we continue to work to strengthen the health and well-being of gay men. Join us as a volunteer! Donate! Attend one of our fitness programs! Visit one of our health centres for STI/HIV testing! Work on personal goals with a Change Advocate or a counsellor! Tend our community garden or make soup at Gordon Neighbourhood House! Learn how to dragon boat or tango! HIM is here for you.



GREG OUDMAN
Executive Director

Board Members and HIM Staff

BOARD MEMBERS

Dan Griffin – *Board Chair*

Dakota Descouteaux – *Vice Chair*

Nicholas Danford – *Secretary*

Michael LeClair – *Treasurer*

Jag Bilkhu

Kevin Contzen

Greg Whalen

STAFF

Greg Oudman - *Executive Director*

Hans Bosgoed

Lance Hansen

Jody Jollimore

Michael Kwag

Sam Larkham

Christof Milando

Andrew Poon

Aaron Purdie

Kai Rajala

David Russell

Billy Taylor

Matthew Taylor

Darren Usher

David Chacon Valenzuela



HIM Highlights

HEALTH INITIATIVE FOR MEN

Our mission is to strengthen gay men's health and well-being.

We do this through trusted, tailored, targeted research-based health promotion services and by engaging the community through volunteer involvement, online access and events. We foster mutually-beneficial relationships among gay men and health professionals to ensure the best possible outcomes.

We do this because we value the ability of gay men to make informed decisions, we value the role of our community in supporting the foundations for healthy living, and we value scientific research.

KEY PROGRAM INITIATIVES

Physical Health – Fitness clinics, yoga classes, partnerships with community fitness and sport groups, nutrition workshops.

Sexual Health – British Columbia's largest distributor of condoms to gay men, HIV prevention campaigns, risk reduction information, nationally-recognized web technology and social media tools (including SMS and e-mail-based HIV testing reminders) and five sexual health centres offering counselling services as well as STI and HIV testing.

Social Health – Volunteer facilitated initiatives include *CONNECT with HIM*, *Men On Men* (a collaborative workshop developing skills for thriving in a straight man's world), a 'Winter Chill Lounge' safe and educational space for Whistler PRIDE, and the ongoing *Vancouver Fabulous* campaign.

Mental Health – Professional clinical counselling services, change advocacy (peer support services), and *Take Time for Your Mind* campaign.

KEY FACTS

- Legal Name:
H.I.M. – Health Initiative for Men Society
- Founded: November 2007
- Sites of Operations:
Office, 310 – 1033 Davie Street
Health Centres:
HIM on Davie, 421 – 1033 Davie Street
HIM on The Drive, 101 – 1416 Commercial Drive
HIM in New West, 40 Begbie Street
HIM in Surrey, 220 – 10362 King George Boulevard
HIM in Abbotsford, 104 – 34194 Marshall Road
- Find us on the Internet:
www.checkhimout.ca
www.facebook.com/HealthInitiativeforMen
www.twitter.com/HIMtweets

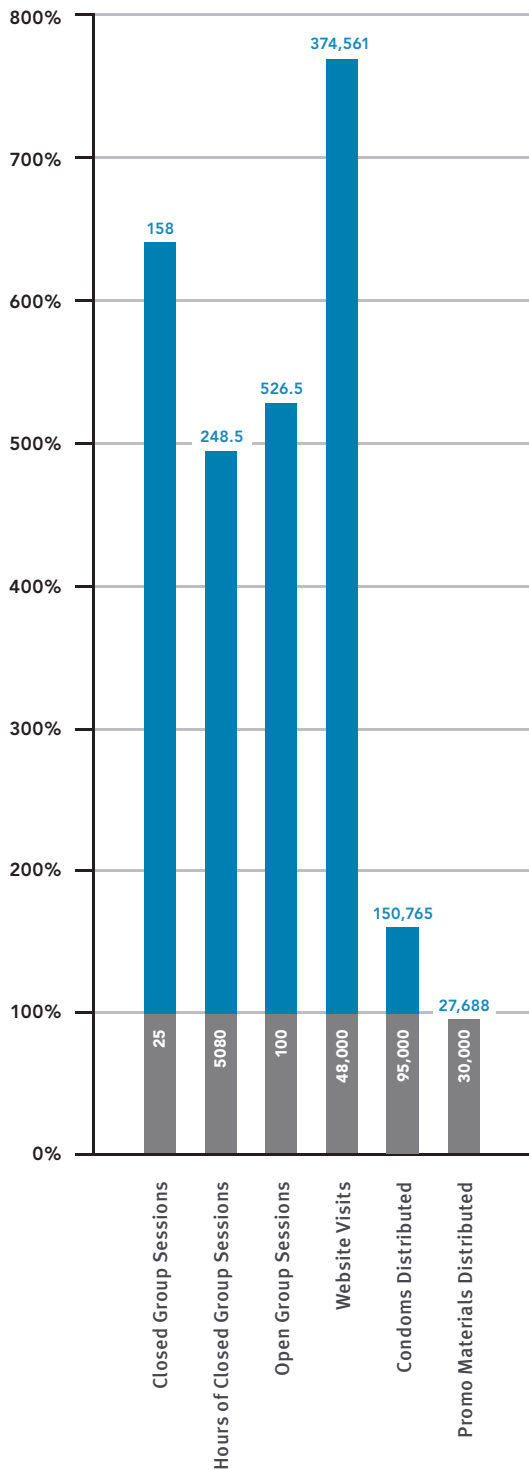
HIM connects gay men with health promotion and scientific research through targeted programming, social marketing campaigns, volunteer opportunities, and partnerships.



HIM takes an integrated approach to gay men's health, focussing on determinants of overall health: physical, sexual, social and mental.

Service Output Indicators

BLUE: Performance Level
GREY: Contract Targets



HIM HEALTH CENTRES

In the 2015/16 year, the HIM Health Centres administered 10,792 (rapid, standard & NAAT) HIV tests and conducted 673 hours of clinical counseling and peer support services. The increased access to mental health programs were driven by increased organizational capacity for practicum students, identifying and engaging six new volunteer professional counsellors, training five new volunteer change advocate coaches and adding a new therapy group to address the impacts of trauma. These five health centres, staffed by registered nurses, volunteer receptionists, and HIM employees, are successful partnerships between HIM, Vancouver Coastal Health, Fraser Health Authority and the BC Centre for Disease Control. They are located in high-traffic areas where gay men live and socialize.

HEALTH RESEARCH

As researchers increasingly focus on the unique factors that determine gay men's health and its outcomes, the demand for HIM staff to play a leadership role in research initiatives continues to increase. In 2015, HIM entered into new research partnerships with the BC Centres for Disease Control and Prevention, University of Toronto, Ryerson University, University of British Columbia, Simon Fraser University, York University, Cambridge University (UK) and others. In 2015, HIM also emerged as a key stakeholder in city, provincial, and national PrEP research initiatives, including as a founding member of the Canada PrEP (CANPrEP) national working group, which seeks to bridge high-level HIV and PrEP research with grassroots-driven community advocacy within PrEP research frameworks. HIM continues to serve as a key partner to the Community Based Research Centre in Gay Men's Health (CBRC) as a coinvestigator of the Sex Now survey and annual Summit on Gay Men's Health, and Momentum / Engage II studies.

Service Output Indicators

Program Deliverables

Volunteers

of trained volunteers **35**

Groups & Counselling

of closed group sessions **25**
 # of hours of closed group sessions **50**
 # of unique attendees at closed group sessions **280**
 # of open group sessions **100**
 # of hours of open group sessions **250**
 # of unique attendees at open group sessions **1,000**

Clinic

of POC rapid HIV tests **750**
 # of early tests (RNA / NAAT) **120**

of STI tests **300**
 # of standard HIV tests (combined with RNA / NAAT tests) **100**
 # of hours clinic is open **500**

Community Engagement & Knowledge Translation

of venue-based outreach events **30**
 # of festival-related events **8**
 # of condoms distributed **95,000**

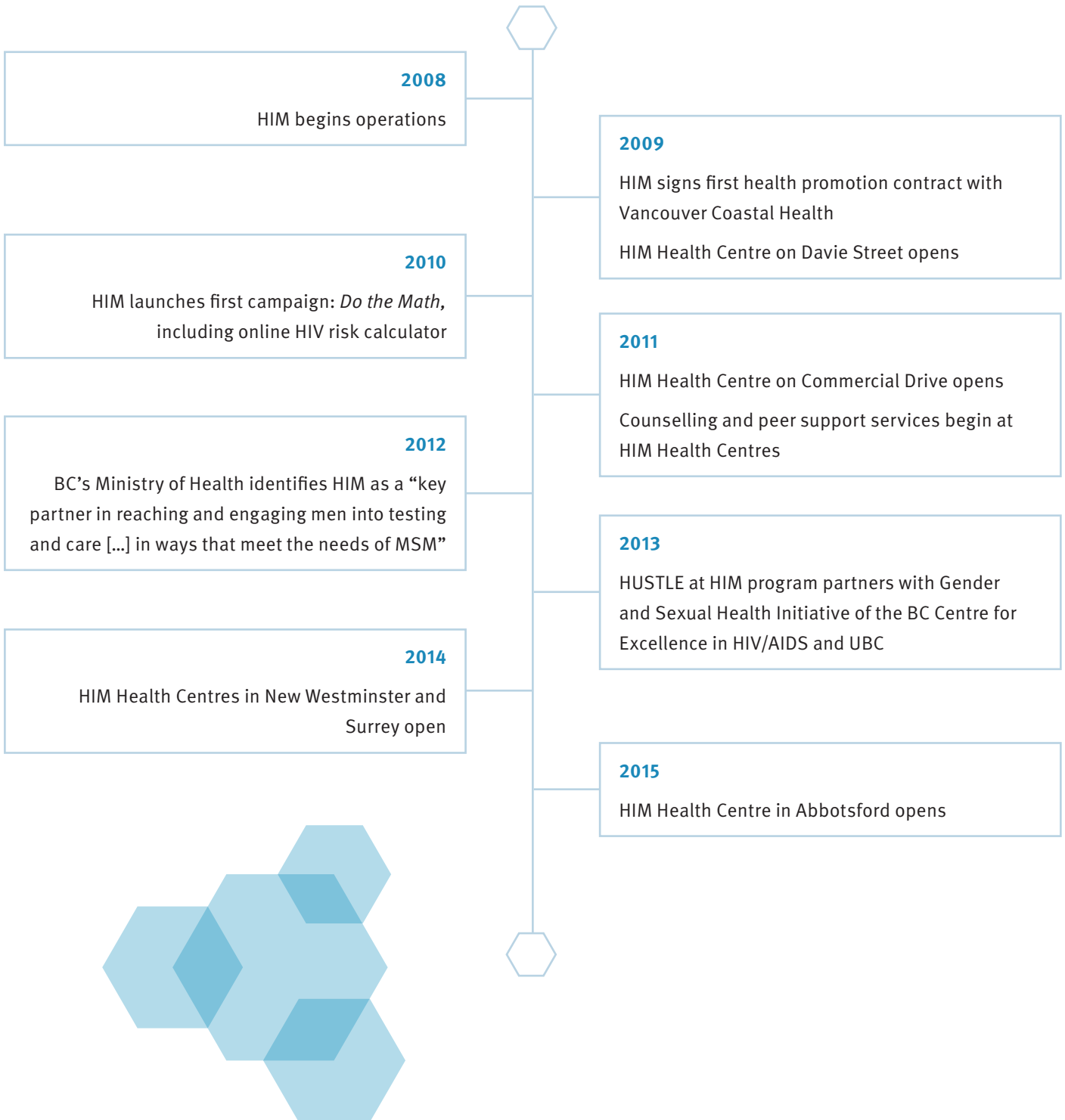
of print items distributed

condom boxes **45,000**
 # promo materials **30,000**
 # print ad impressions **600,000**
 # of website visits **48,000**

Indicators	Q1: Apr to Jun	Q2: Jul to Sep	Q3: Oct to Dec	Q4: Jan to Mar	Fiscal Year Total
Volunteers					
# Trained Volunteers	34	21	18	8	81
Groups & Counselling					
# of closed group sessions	54	35	44	25	158
# of hours of closed group sessions	89	54	64.5	41	248.5
# of unique attendees at closed group sessions	64	15	16	21	116
# of open group sessions	124	129	45	67	365
# of hours of open group sessions	154.5	172	78.5	121.5	526.5
# of unique attendees at open group sessions	115	50	22	167	354
Clinic					
# of POC rapid HIV tests	665	672	653	641	2,631
# of early tests (RNA / NAAT)	921	972	960	1,099	3,952
# of STI tests	1,136	1,250	1,171	1,436	4,993
# of standard HIV tests (combined with RNA / NAAT tests)	956	1,036	1,014	1,203	4,209
# of hours clinic is open	789	810	738	794	3,131
# of clients seen	1,548	1,640	1,562	1,816	6,566
Community Engagement & Knowledge Translation					
# of venue-based outreach events	10	6	1	2	19
# of festival-related events	10	8	0	6	24
# of condoms distributed	36,580	48,251	33,224	32,710	150,765
# of print items distributed					
# condom boxes	18,290	24,124	16,612	16,355	75,381
# promo materials	8,559	4,447	2,777	11,905	27,688
# print ad impressions	3,438,106	1,171,000	1,400	123,100	4,733,606
# of website visits	117,283	114,199	57,044	86,035	374,561

HIM Milestones

FOR A COMPLETE HISTORY OF HIM, please visit www.checkhimout.ca/history.



Our Model is Working

In 2015:

- HIM expanded its *Talk to HIM* online sexual health resource via the publication of a pocket-sized guide in additional languages of Farsi, Arabic and Spanish.
- HIM produced its successful *#GetGarded* campaign designed to raise awareness of HPV and the importance of vaccination.
- HIM worked to raise awareness of the *Get Checked Online* resource via its *Just Makes Sense* campaign.
- In conjunction with *Totally Outright*, HIM launched *Think Before You Type*, a campaign aimed at starting a conversation on how gay and bi guys engage with each other on dating and hook-up sites.
- HIM expanded its programming and reach in the Fraser Valley via the addition of its volunteer counselling program and the Health Promotion Case Management program (in partnership with Fraser Health) to both its HIM in Surrey and HIM in New West Health Centres.
- HIM developed and put into action an ambitious and visionary strategic plan that will guide the organization's focus and development over the next several years.

“HIM is such an important partner for us at VCH. Good health for gbMSM is so much more than regular testing for HIV and STIs, but includes the whole person – body, mind and community. By working together, VCH, HIM and other partners can do so much more to promote healthy, connected and diverse communities. I’m really looking forward to the big projects we will be tackling together in the coming year.”

Chris S. Buchner, MHA
Regional Director of Prevention
Office of the Chief Medical Health Officer
Vancouver Coastal Health

“Really appreciate the service,
great nurse and receptionist,
an asset to the community.
Keep up the good work!”

– Health Centre Client

“This is the best clinic and
I really appreciate the rapid test!”

– Health Centre Client

“This program supported me through major life changes, and helped me to land on my feet when seeking a new job in a new place, and reexamine my goals. I have now found a good job in a field I love, and continue to follow the steps and goals I set out during my [Change Advocate] sessions.”

– Change Advocates Participant

Aging Fabulously & Exercising Safely

Aging is wisdom gained, but only through acceptance of the aging experience and knowing how to care for ourselves at any age.



This informative six-week group workshop teaches you how to perform physical exercise in a safe manner that's within your capacity while guiding you through body and mind integrated self-care.

WHEN: Saturdays, starting March 26th (6 weeks)
11:00am–2:00pm (break in between hours)

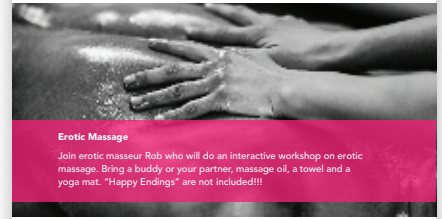
WHERE: HIM office, 310 – 1033 Davie Street (buzzer 310)

For more information or to register, please phone 604.488.1001 or email register@checkhimout.ca.



Get KINKY with HIM

Everything you always wanted to know but were afraid to ask about... Erotic Massage.



Erotic Massage

Join erotic masseur Rob who will do an interactive workshop on erotic massage. Bring a buddy or your partner, massage oil, a towel and a yoga mat. *Happy Endings* are not included!!!

Date/Time: Tuesday, March 8, 7–9pm
Location: Club 8x6, 1775 Haro Street, Vancouver

Cost: FREE

For more information or to register, please phone 604.488.1001 or email register@checkhimout.ca.



Connect with HIM in Surrey

Fit to the Core:
Bodyweight Strength Training



This **FREE** monthly drop-in group accommodates varying levels of exercise experience – providing head-to-toe workouts, social interaction, and educational presentations!

Please wear athletic shoes and gym attire (clothing you can comfortably move in), and bring a mat, towel, and water (optional).

Date/Time: 4th Wednesday of each month, 7:00pm – 8:30pm
Location: HIM in Surrey Health Centre (enter through rear parking lot door)
220 – 10362 King George Blvd

For more info, call 604.488.1001 or email register@checkhimout.ca.



Men on the Water

Gay men's Dragon Boat team

Have fun and learn the basics of Dragon Boat racing by being part of a team!

Practices will include technique training, drills, workouts, race preparation and participation in a Dragon Boat Festival. There is no prerequisite for age, athletic prowess, or paddling ability. Dragon Boat racing is an inclusive sport, great fun and excellent exercise for everyone! Focus is on teamwork and learning paddling skills. Open to all gay men.

This is a unique HIM program. Training can be challenging. You are expected to commit and attend all practices. Due to this program's popularity, registration is on a first-come, first-served basis. Once the program is full, we will maintain a waiting list.

Date/Time: Thursdays 7 – 9pm, June 23rd to August 4th (7 weeks)
Location: False Creek Racing Canoe Club, Granville Island
Cost: By donation (to cover program operating costs)

For more information or to register, please email David at david@checkhimout.ca.



NEW LOCATION!

HIM HEALTH INITIATIVE FOR MEN
IN ABBOTSFORD

104 – 34194 Marshall Rd.
Abbotsford, BC
604.488.1001
or 778.988.1946
during clinic hours
www.checkhimout.ca

**HIM Health Centre:
A Service for Gay Men**

- Rapid HIV Testing – get your results in a minute
- Early HIV Testing – test two weeks after risk
- Standard HIV Testing
- All STI Testing
- Free Condoms

Hours:
Mon 5:30pm – 9pm

Just walk in or call to make an appointment.
Or, book online at www.checkhimout.ca



CHECK OUT OUR OTHER 4 LOCATIONS:

HIM HEALTH INITIATIVE FOR MEN
ON DAVIE

HIM HEALTH INITIATIVE FOR MEN
ON THE DRIVE

HIM HEALTH INITIATIVE FOR MEN
IN NEW WEST

HIM HEALTH INITIATIVE FOR MEN
IN SURREY

TALK TO HIM
منبع بهداشت جنسی

TalkToHIM.ca

HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca



“Thanks very much for providing this service. I enjoyed working together with my coach. I feel more confident now to tell people what I really want and how to ask people what I need. It helped me see more opportunities in life and it gave me more strength into taking those opportunities.”

– Change Advocates Participant



HIM is here for you.

HIM is dedicated to strengthening the health and well-being of gay men.

HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca

“I have been attending both HIM Flex Fit and Yoga for a number of weeks. I have found the sessions not only very enjoyable but also I have achieved a level of fitness and well being that has significantly improved as a result of participating in both activities.”

– Flex Fit and Yoga Participant

Connect with HIM on Davie

Men on Men Talks **Speed Connect**
Love, Sex and Intimacy **Games Night with HIM**

Come and connect with other guys at the HIM Office in Vancouver. Take part in lively conversations, presentations and games! Different activities each week!

Date/Time: Drop-in every Wednesday from 6:30–8:00pm
Location: 310 – 1033 Davie Street (buzzer 310)
Cost: FREE

FLEX FIT with HIM

Drop-in exercise class every Monday for gay men. All levels welcome.

This class combines muscle strengthening and stretching exercises such as push-ups, squats, yoga, basic pilates, core exercises, and resistance band training. Bring a mat, towel and bottle of water (optional).

WHEN: Drop-in every Monday, 4:30pm–6:00pm
WHERE: The Dance Centre at the Scotiabank Dance Centre, 677 Davie Street

For more information or to register, please phone 604.488.1001 or email register@checkhimout.ca.

Frooty Booty

The Art of Anal Pleasure

An informative presentation on gaining knowledge about safe practices and some helpful ideas towards a happy and healthy sex life. Join nurse Paul for an introduction to the anatomy of this much loved treasure and to discover ways for enjoyment... whether it's your own or other's. This one-off workshop will also address myths, doubts and health questions you may have, but never had the opportunity to ask.

Date/Time: Monday, June 29, 7–9pm (Vancouver)
Monday, July 13, 7–9pm (New Westminster)
Location: 310 – 1033 Davie Street (buzzer 310), Vancouver
40 Begbie Street, New Westminster
Cost: FREE and open to all

For more information or to register, please phone 604.488.1001 or email register@checkhimout.ca.

Get Touched by HIM

Check out Therapeutic Touch with HIM.

Our volunteer Registered Massage Therapist (RMT) is trained in a variety of body work techniques and is available to provide short demonstrations for guys to sample massage therapy.

Argentine Tango

Close embrace tango for gay men



No previous skills required. No partner required.

A fun and social group dedicated to learning the essentials of Argentine Tango Milonguero. Get the chance to get close and connected to your fellow dancers through this passionate and expressive style of dance and music. Bring your best dancing shoes (no black rubber) and comfortable clothing.

Date: Wednesdays
 Time: 7:00-8:30pm
 Location: St. Paul's Anglican, 1130 Jervis Street
 Cost: BY DONATION

For more information or to register, please phone 604.488.1001 or email register@checkhimout.ca




HIM Health Centre services are now available at 5 locations:
 Davie St., The Drive, New Westminster, Surrey, and Abbotsford!



HIM is here for you.

HIM is dedicated to strengthening the health and well-being of gay men.

Just walk in or call to make an appointment. Or book online at www.checkhimout.ca




Get PrEP-ed!

A community forum on undetectable viral load, Treatment as Prevention (TasP) and Pre-Exposure Prophylaxis (PrEP), and how Canadian gay men view and incorporate new and emerging HIV information into their sexual practices.



The Resonance Project is a Canadian community-based research study coordinated by CATIE, with partnership support from three regional gay men's health organizations, three national HIV/public health organizations and the University of Windsor. Join us for a presentation on the findings specific to PrEP and TasP by study consultants Marc-André LeBlanc and San Patten.

(More info available at: www.catie.ca/en/resonance/what)

Date/Time: Thursday, January 21, 2016, 7-9pm
 Location: Club 8x6, 1775 Haro Street, Vancouver
 Cost: FREE

For more information or to register, please phone 604.488.1001 or email register@checkhimout.ca




Check HIM Out @ WHISTLER PRIDE & SKI FESTIVAL



HIM is dedicated to strengthening the health and well-being of gay men.



“You guys are so great and friendly; this is a vital service to the community!!”

– Health Centre Client

“HIM Yoga is a welcoming and easy-to-be-in space. The comfort-level, acceptance-level is beyond comparison.”

– Yoga Participant

“I felt HIM listened to and heard me. I really like the volunteers and nurses in the clinics.”

– Health Centre Client

“HIM yoga has been one of the most meaningful activities I have joined since I moved to Vancouver. Being surrounded by peaceful gay men and friendly instructors keeps me in my comfort zone. Love you guys. Namaste.”

– Yoga Participant

Your Prostate: Just A “Gland”?

Or is there more to know...?



A fun workshop on everything you want to know about your prostate.

Join Ralph Buttyen, Professor of Urological Sciences at UBC and Senior Scientist at the Vancouver Prostate Centre, for an introduction to the anatomy of this important Gland, discovering ways of enjoyment, and everything else you would like to know.

Date/Time: Monday, August 24, 7–9pm (New Westminster)
Monday, August 31, 7–9pm (Vancouver)

Location: 40 Begbie Street, New Westminster
310 – 1033 Davie Street (buzzer 310), Vancouver

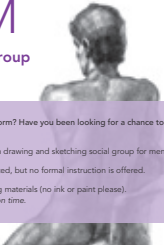
Cost: FREE

For more information or to register, please phone 604.488.1001 or email register@checkhimout.ca.




Life Drawing with HIM

An ongoing monthly group



Do you have an appreciation for the male form? Have you been looking for a chance to practice your sketching skills?




Life Drawing with HIM is an informal, drop-in drawing and sketching social group for men. All skill levels welcome. This group is facilitated, but no formal instruction is offered. Bring your sketchbook and favourite drawing materials (no ink or paint please). Workshops start promptly, so please arrive on time.

Date/Time: 4th Tuesday of the month, 6:30–8:30pm

Location: 310 – 1033 Davie Street (buzzer 310)

Cost: FREE or by donation

For more information, please phone 604.488.1001 or email aren@checkhimout.ca. For details about other gay men's health resources at Health Initiative for Men, please visit checkhimout.ca.

Surrey Yoga with HIM

A Group for Gay Men
All levels welcome



An easy-going group without attitude. Bring a mat, towel + positive energy! The instructors are certified and bring their passion for fitness and yoga with others.

WHEN: Drop-in every Wednesday
7pm (sharp) – 8:30pm

WHERE: 220 – 10362 King George Hwy
Please enter via 136A Street entrance.

COST: FREE or by donation

Curious about yoga? For the month of September, the first 30 minutes of our yoga classes will be introduction sessions (followed by a 60 minute yoga class). The instructor will introduce poses, postures and address questions you might have.




DELICIOUSLY DISABLED DOES VANCOUVER

Monday February 29th 2016
7:00pm - 9:00pm
Scottiabank Dance Centre
(677 Davie Street)

Attendance by donation.
Proceeds to Deliciously Disabled



HIM & MPOWERMENT

Are proud to host an evening reception and interactive keynote address about sex and disability.

Our presenter Andrew Gurza is a Disability Awareness Consultant whose passion is “making disability accessible to everyone.”

Andrew is the Founder and Co-Director of Deliciously Disabled Consulting, a company, brand and movement that aims to make the lived experience of disability accessible to pop culture.

For More Information Email: register@checkhimout.ca or visit www.checkhimout.ca



Notice to Reader

On the basis of information provided by management, I have compiled the statement of financial position of **H.I.M. Health Initiative For Men Society** as at March 31, 2016 and the statement of operations and changes in net assets for the year then ended.

I have not performed an audit or a review engagement in respect of these financial statements and, accordingly, I express no assurance thereon.

Readers are cautioned that these statements may not be appropriate for their purposes.

VANCOUVER, BC
July 28, 2016



Rodney W. McNeil Professional Corporation
Certified General Accountant



Statement of Financial Position

As of March 31

Unaudited – See Notice to Reader

	2016		2015
ASSETS			
Current			
Cash	\$ 125,903	\$	146,775
Accounts receivable	13,489		57,035
Inventory	–		34,779
Prepaid expenses	24,097		18,104
Total Current Assets	163,489		256,693
Tangible capital assets	–		17,458
	\$ 163,489	\$	274,151
LIABILITIES			
Current			
Accounts payable	\$ 46,555	\$	90,195
Unearned revenue	107,225		187,425
Total Liabilities	153,780		277,620
NET ASSETS			
Unrestricted net assets (deficit)	9,709		(3,469)
	\$ 163,489	\$	274,151

Statement of Operations and Changes in Net Assets

For the year ended March 31

Unaudited – See Notice to Reader

	2016	2015
REVENUE		
Vancouver Coastal Health funding	\$ 901,216	\$ 894,855
Fraser Health Authority funding	179,480	231,736
Other government funding	49,755	115,508
Non-government funding	176,000	62,800
Donations	71,855	36,067
Interest	33	367
	1,378,339	1,341,333
EXPENSES		
Advertising and promotion	128,559	171,053
Amortization	–	18,625
Bank charges and interest	735	450
Board and meeting	6,960	3,060
Equipment lease	5,254	3,352
Insurance	2,997	3,172
Licenses and dues	136	162
Office and miscellaneous	22,351	21,649
Professional development	2,058	475
Professional fees	44,356	49,994
Project supplies and services	57,526	94,679
Rent	123,417	109,790
Repairs and maintenance	2,068	7,797
Salaries and benefits	845,621	728,479
Subcontract	68,502	120,210
Telephone	16,781	11,119
Travel	16,505	16,052
	1,343,826	1,359,758
Excess (deficiency) of revenues over expenses before:	34,513	(18,425)
Equipment expenditures	(21,335)	–
Excess (deficiency) of revenues over expenses	13,178	(18,425)
Net assets (deficit), beginning of the year	(3,469)	14,956
Net assets (deficit), end of the year	\$ 9,709	\$ (3,469)

Notes to the Financial Statements

As of March 31

Unaudited – See Notice to Reader

1. MISSION

“The Mission of HIM is to strengthen the health and well-being of gay men.”

HIM does this through trusted, tailored, targeted research-based health promotion services and by engaging the community through volunteer involvement, online access and events. HIM fosters mutually beneficial relationships among gay men and health professionals to ensure the best possible outcomes. The organization does this because it values the ability of gay men to make informed decisions, it values the role of the community in supporting the foundations for healthy living, and it values scientific research.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Inventory

Inventory is charged to expense in the year it is acquired.

Tangible capital assets

Individual expenditures of a capital nature are charged to operations in the year of acquisition rather than being capitalized and amortized over the estimated economical life of the assets.

3. CHANGE IN ACCOUNTING POLICIES

Effective April 1, 2015, the Society adopted the policy to expense inventory in the year it is acquired. Previously, the inventory was measured and reported at the lower of cost and current replacement cost.

Effective April 1, 2015, the Society adopted the policy to expense expenditures of a capital nature in the year of acquisition. Previously, expenditures of a capital nature were capitalized and amortized over the economical useful life of the assets.

The Society has adopted these new policies as management has determined they provide more relevant information and better reflect the effects of transactions on the Society’s financial performance.

4. CHARITABLE ORGANIZATION DESIGNATION

The organization attained registered charity status with Canada Revenue Agency effective August 15, 2013 and is designated as a Charitable Organization.

HIM is here for you.
Gay Men Building Healthy Lives Together



Check HIM out at our five health centres!

HIM HEALTH INITIATIVE FOR MEN
ON DAVIE

HIM HEALTH INITIATIVE FOR MEN
ON THE DRIVE

HIM HEALTH INITIATIVE FOR MEN
IN NEW WEST

HIM HEALTH INITIATIVE FOR MEN
IN SURREY

HIM HEALTH INITIATIVE FOR MEN
IN ABBOTSFORD

Connect with HIM in Surrey



Condom Packaging | Health Talks with HIM

Our Stories in Art, Literature & Multimedia | Get Physical with HIM

Come meet new friends at our HIM health centre in Surrey every Wednesday night! Different activities each week!

Date/Time: Drop-in every Wednesday from 7-8:30pm
Location: 220 - 10362 King George Blvd
Cost: FREE

HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca



HIM is here for you.
HIM is dedicated to strengthening the health and well-being of gay men.

HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca

*“I am amazed I had not heard of **checkhimout.ca** before. Already I have received a comment on the sketch I left with your office which affirms my desire to draw and paint. [...] You guys are so welcoming, and the energy in these sessions were grand. This has inspired me greatly.”*

– Groups Participant

