

HEALTH INITIATIVE FOR MEN

HIM is dedicated to strengthening the health and well-being of gay men.

ANNUAL REPORT

April 1st, 2016 – March 31st, 2017



Table of Contents

Message from Board Chair	2
Message from the Executive Director	3
Board Members & HIM Staff	4
HIM Highlights	5
Service Output Indicators	7
HIM Milestones	10
Our Model is Working	11
Notice to Reader	13
Statement of Financial Position	14
Statement of Operations	15
Notes to the Financial Statements	16

Message from Board Chair

ANOTHER BUSY YEAR HAS COME TO A CLOSE AT HEALTH INITIATIVE FOR MEN (HIM), where we have delivered more programs, services and health centre hours than ever before to help strengthen the health and well-being of gay men. The expansion of the *HIM on Davie Health Centre*, the leading role HIM staff play nationally in gay men's health research and our growing mental health programming and services are just a few of this year's great achievements that bring us closer to fulfilling our mission. Thank you to our fabulous staff and charming volunteers who do the heavy lifting and ensure that our community is well looked after. And thank you to our fearless leader, our Executive Director, Greg Oudman, whose passion for gay men's health and ability to lead this organization continues to shine through.

This year, the Board also rolled up its sleeves and launched the "Give HIM a Hand" campaign where anyone can choose to donate to HIM and help continue to make our programming accessible. I am excited for the Board to continue to work with staff to help support the work they do. Thank you to my fellow Board members for all their hard work over this past year.

The expansion of our *HIM on Davie Health Centre* is a major accomplishment for HIM. The health centre allows us to work closer with our partners at Vancouver Coastal Health and other community organizations as well as serve a greater number of clients with increased nursing capacity. A big thank you to Vancouver Coastal Health,

Fraser Health Authority, the City of Vancouver and all other partners for their continued support in achieving HIM's mission.

Each year that passes seems to go by faster and this coming year will be another exciting one for HIM. If the past year is any indication of the successes that can be accomplished when gay men and our allies work together then 2017–2018 will bring even greater successes.



NICHOLAS DANFORD
Board Chair

Message from the Executive Director

HIM'S WORK RELIES ON PARTNERSHIP.

As I look at the work that HIM does to meaningfully engage with the communities in which we live, work and play, I'm constantly struck by the value of that old adage: the sum of us is greater than any one of us. HIM's work is greatly enhanced by the partnerships we create. The challenge around collaboration is exactly how to make it happen. Often times, even if we have a strong desire to collaborate, we run into challenges, because good intentions don't always lead to mutually satisfying behaviour and, as we all know, it takes work to partner! When we're presented with opportunities to partner and collaborate, we have the opportunity to go it on our own, or take the chance to create something greater than what we can achieve alone. HIM's experience has shown us that the power of collaboration has allowed for some of our most meaningful work.

There are endless examples over the past year which demonstrate the power of collaboration and partnership to advance HIM's work to strengthen the health and well-being of gay men. Our partnerships with our core funders, Vancouver Coastal Health and Fraser Health, allow us to engage gay men meaningfully in countless ways across the four pillars of physical, sexual, social and mental health. Our collaboration with additional strategic partners like the City of Vancouver and the MAC AIDS Fund allow us to engage with marginalized members of our communities in meaningful ways. Our work with research partners locally,

regionally and nationally including academic institutions like Ryerson University, University of British Columbia, and the University of Toronto and community partners such as the BC Centre for Disease Control and the BC Centre for Excellence in HIV/AIDS allow us to harness the power of research to drive the work that we do. Our collaboration with community partners like the Community-Based Research Centre for Gay Men's Health, YouthCO and AIDS Vancouver allow us to work together collectively to advance gay men's health in our communities.

The partnerships we have with our dedicated army of HIM volunteers, who contribute countless number of volunteer hours are invaluable in helping HIM accomplish our mission of strengthening the health and well-being of gay men. And last, but certainly not least, any talk of the value of partnership would be incomplete if it didn't include a recognition of my amazing team of dedicated staff here at HIM. It's their relentless passion for the work they do, and their strong commitment to making the communities they live, work and play in better for all of us that drives HIM's success.

Here's to the power of partnership!



GREG OUDMAN
Executive Director

Board Members and HIM Staff

BOARD MEMBERS

Nicholas Danford – *Chair*
Kevin Contzen – *Vice Chair*

Michael Leclair – *Treasurer*
Doug Leavers – *Secretary*
Adrian Pape
Dan Griffin
Jag Bilkhu
Kevin Hisko
Kevin Moroso
Nathan Lachowsky

STAFF

Greg Oudman - *Executive Director*
Aaron Purdie
Andrew Poon
Billy Taylor
Christof Milando
David Chacon Valenzuela
David Russell
Gio Cooper
Hans Bosgoed
Joshua Edward
Lance Hansen
Matthew Taylor
Sam Larkham



HIM Highlights

ABOUT HEALTH INITIATIVE FOR MEN

Health Initiative for Men (HIM) is a non-profit society that aims to strengthen the health and well-being of gay men. We offer the full spectrum of gay men's sexual health testing, as well as professional counselling, sexual health education, and an engaging mix of social and volunteer opportunities. HIM takes an integrated approach to gay men's health, focussing on determinants of overall health: physical, sexual, social, and mental.



OUR HISTORY

After years of discussion among gay men in Vancouver about the need for a gay men's health organization, Health Initiative for Men opened in the heart of Vancouver's gay village in 2008.

In 2009, HIM entered a formal contract with the Vancouver Coastal Health Authority to deliver health promotion services to gay men.

We remain at the forefront of gay men's health issues, collaborating on important research projects, and offering primary and sexual health care. Through the tireless work of our volunteers, we are able to deliver programs for a diverse range of men, from sex workers to yoga aficionados.

KEY FACTS

- Legal Name:
H.I.M. – Health Initiative for Men Society
- Founded: November 2007
- Sites of Operations:
Office, 310 – 1033 Davie Street
Health Centres:
HIM on Davie, 416 – 1033 Davie Street
HIM on The Drive, 101 – 1416 Commercial Drive
HIM in New West, 40 Begbie Street
HIM in Surrey, 220 – 10362 King George Boulevard
HIM in Abbotsford, 104 – 34194 Marshall Road
- Find us on the Internet:
www.checkhimout.ca
www.facebook.com/HealthInitiativeforMen
www.twitter.com/HIMtweets

OUR MISSION:

Strengthening the health and well-being of gay men.

OUR VISION:

Gay men building healthy lives together.

OUR VALUES:

We value gay men's ability to make informed decisions.

We value the role of our communities.

We value scientific research.

We value a non-judgmental, sex-positive, and strengths-based philosophy.

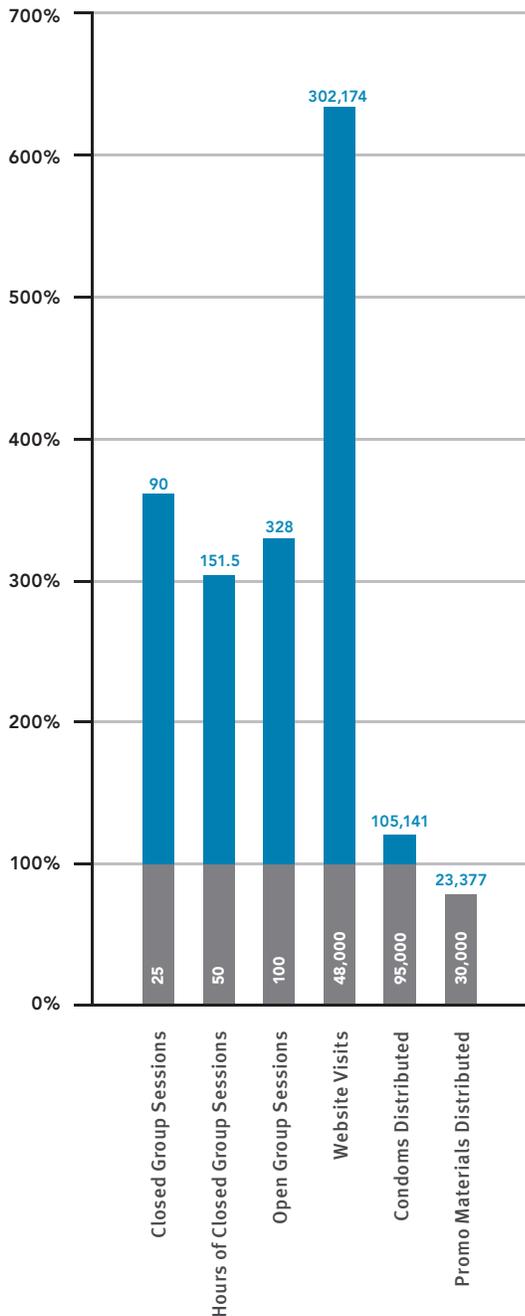
We value a comprehensive approach to healthy living.

We value capacity building and collaboration.

HIM Highlights

Service Output Indicators

BLUE: Performance Level
GREY: Contract Targets



HIM HEALTH CENTRES

In the 2016/17 year, the HIM Health Centres administered 12,671 (rapid, standard & NAAT) HIV tests, 1,413 STI tests, and conducted 614 hours of clinical counselling and peer support/coaching services. These five health centres, staffed by registered nurses, volunteer receptionists, and HIM employees, are successful partnerships between HIM, Vancouver Coastal Health, Fraser Health Authority and the BC Centre for Disease Control. They are located in high-traffic areas where gay men live and socialize.

KEY PROGRAM INITIATIVES

Physical Health – Fitness clinics, yoga classes, partnerships with community fitness and sport groups, nutrition workshops.

Sexual Health – British Columbia’s largest distributor of condoms to gay men, HIV prevention campaigns, risk reduction information, nationally-recognized web technology and social media tools (including SMS and e-mail-based HIV testing reminders) and five sexual health centres offering counselling services as well as STI and HIV testing.

Social Health – Volunteer facilitated initiatives include *CONNECT with HIM*, *Men On Men* (a collaborative workshop developing skills for thriving in a straight man’s world), a ‘Winter Chill Lounge’ safe and educational space for Whistler PRIDE, and the ongoing *Vancouver Fabulous* campaign.

Mental Health – Professional clinical counselling and coaching (peer support) services and *Take Time for Your Mind* campaign.

Service Output Indicators

Program Deliverables

Volunteers

of trained volunteers **35**

Groups & Counselling

of closed group sessions **25**

of hours of closed group sessions **50**

of unique attendees at closed group sessions **280**

of open group sessions **100**

of hours of open group sessions **250**

of unique attendees at open group sessions **1,000**

Clinic

of POC rapid HIV tests **750**

of early tests (RNA / NAAT) **120**

of STI tests **300**

of standard HIV tests (combined with RNA / NAAT tests) **100**

of hours clinic is open **500**

Community Engagement & Knowledge Translation

of venue-based outreach events **30**

of festival-related events **8**

of condoms distributed **95,000**

of print items distributed

condom boxes **45,000**

promo materials **30,000**

print ad impressions **600,000**

of website visits **48,000**

Indicators	Q1: Apr to Jun	Q2: Jul to Sep	Q3: Oct to Dec	Q4: Jan to Mar	Fiscal Year Total
Volunteers					
# Trained Volunteers	18	10	8	15	51
Groups & Counselling					
# of closed group sessions	28	21	26	15	90
# of hours of closed group sessions	46.5	40.5	40	24.5	151.5
# of unique attendees at closed group sessions	178	131	149	106	564
# of open group sessions	96	113	61	58	328
# of hours of open group sessions	152	142	93	102	489
# of unique attendees at open group sessions	1,072	1,052	776	875	3,775
Clinic					
# of POC rapid HIV tests	676	769	843	861	3,149
# of early tests (RNA / NAAT)	1,229	1,231	1,194	1,203	4,857
# of STI tests	1,457	1,557	1,343	1,503	5,860
# of standard HIV tests (combined with RNA/NAAT tests)	1,233	1,232	1,197	492	4,154
# of hours clinic is open	851	810	761	810	3,231
# of clients seen	1,805	1,698	1,625	1,987	7,115
Community Engagement & Knowledge Translation					
# of venue-based outreach events	1	0	1	3	5
# of festival-related events	4	8	0	0	12
# of condoms distributed	36,016	32,160	23,530	13,435	105,141
# of print items distributed					
# condom boxes	18,008	16,080	11,765	6,715	52,568
# promo materials	6,948	9,210	2,259	4,960	23,377
# print ad impressions	76,200	51,815	71,762	2,451,333	2,651,110
# of website visits	80,546	74,137	67,413	80,078	302,174

“Before I started counselling at HIM, being gay made me feel anonymous... [and] I didn’t like myself very much. Once I started counselling [with HIM], everything began to change and I began to see what I had been avoiding for so long. Thank you to everyone who made this happen!”

– HIM Counselling Client

HIM is here for you.
Gay men building healthy lives together.



Check HIM out at our five health centres!

Men 55+ with HIM



A facilitated safe space to talk, listen, and share your experiences of conscious aging with other gay men. Topics include growing older, understanding issues of isolation, motivation, financial issues, physical health, sex, and more.

Date/Time: 1st and 3rd Tuesday of the month
7:00 – 9:00pm

Location: 310 – 1033 Davie Street

Cost: FREE

For more information or to register, please phone 604.488.1001 or email register@checkhimout.ca.

HIM Trauma Group



If you have experienced a negative event that continues to affect you, support is available. Learn skills for dealing with anxiety, depression, and other difficulties. Build your strengths in enhancing your general well-being, relationships, as well as your physical and emotional health.

Date: Orientation session end of August
Regular sessions Tuesday evenings

Location: 421 – 1033 Davie Street (buzzer 421)

Cost: FREE or by donation

If you feel you could benefit from this group, please phone 604.488.1001 or email register@checkhimout.ca to arrange an intake/eligibility interview.



HIM is here for you.
Gay men building healthy lives together.



Gay Warriors: Two-Spirit Talking Circle



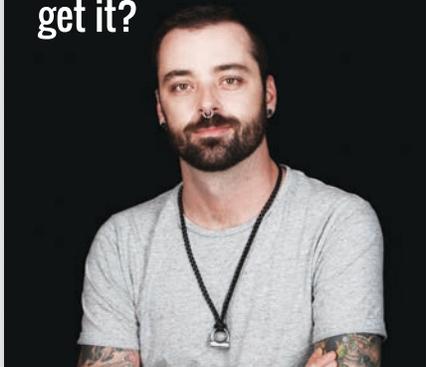
This drop-in talking circle is a safe space for gay or two-spirit men to connect and share their stories. With a spiritual (non-religious) smudge and First Nations prayer practice, the healing talking circle offers an opportunity to connect with one's higher self entity.

Date/Time: First & third Tuesdays of each month, 7:00 – 8:30pm
 Location: Suite 103 – ground floor (Positive Women's Network office)
 1033 Davie Street
 Cost: FREE

For more information or to register, please phone 604.488.1001 or email register@checkhimout.ca.



PrEP can prevent HIV transmission. Why can't more gay guys in B.C. get it?



GETPrEPED.ca



POSITION PAPER

Sex Work Law Reform: Implications for Male Sex Workers in Vancouver and Beyond

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IN CONSULTATION WITH Ty Mistry, Social Planning, City of Vancouver

REVIEWED/APPROVED BY Jordana Edwards, MSc, Program Manager, Knowledge Transition, Health Initiative for Men
 Craig Davidson, Executive Director, Health Initiative for Men



Transitions



Tired of the game?
 Transitions, a new HIM program beginning this Spring, will engage with a diverse group of men in Metro Vancouver and assist them with transitioning, exiting and/or retiring out of sex work.

For more information, visit www.checkhimout.ca/transitions, phone 604.488.1001, or email transitions@checkhimout.ca.

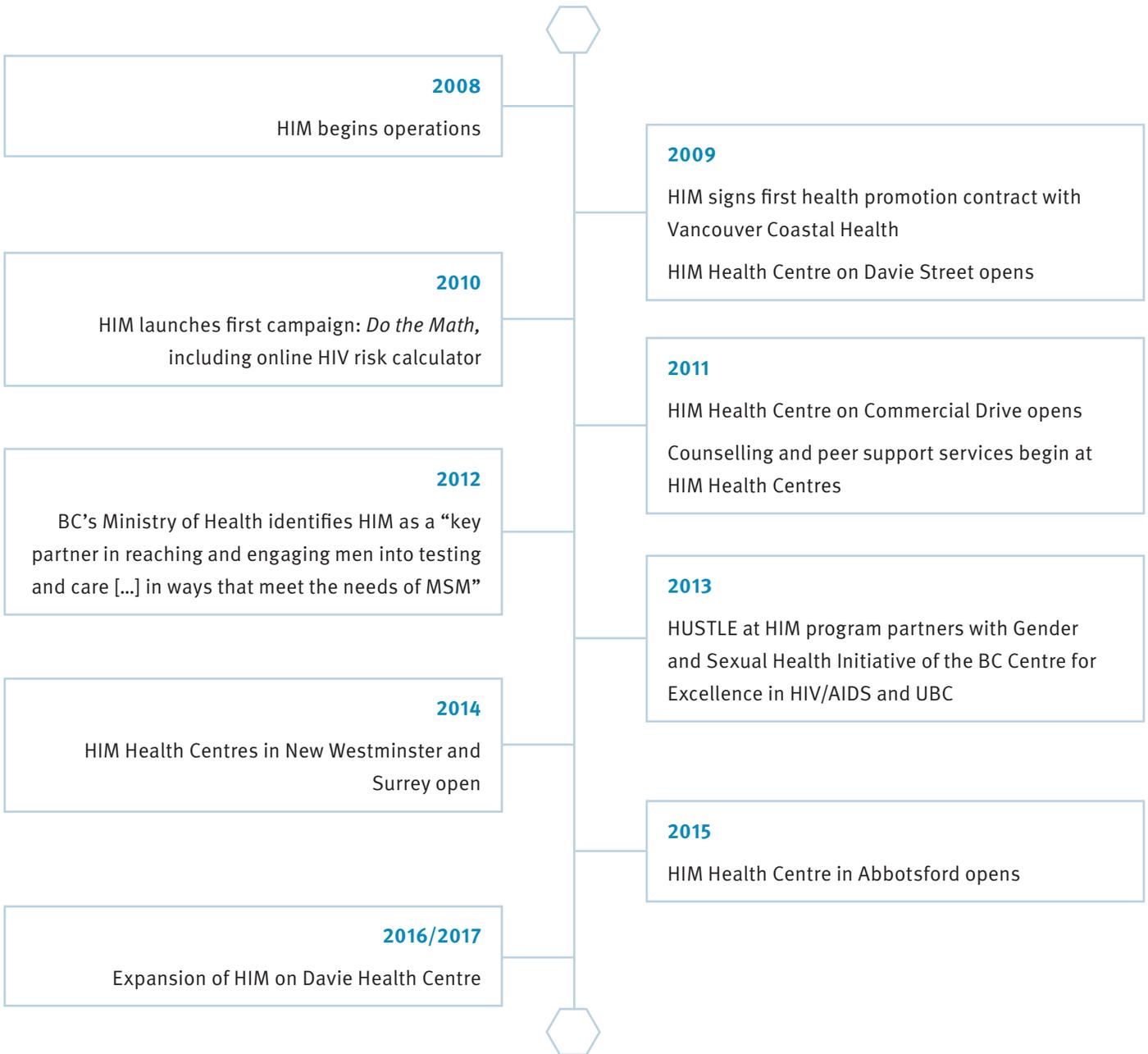



“I enjoy attending HIM group sessions largely because it’s refreshing to be able to share experiences with, and have conversations / discussions with, a group of men who, while they may not have shared sensibilities, can at least approach an issue with some life experience.”

– HIM Group Participant

HIM Milestones

FOR A COMPLETE HISTORY OF HIM, please visit www.checkhimout.ca/history.



Our Model is Working

In 2016/17:

- Expanding on its popular mental health resource, *Take Time for your Mind*, HIM updated its online resource to provide gay guys with evidence-based articles, referrals to professional counselling, coaching or therapeutic groups, and other helpful tips in support of their regular mental health check-in as part of their holistic health.
- HIM launched its *GetPrEPed.ca* campaign website and materials to raise awareness and increase access to PrEP for gbO MSM while championing community advocacy for governmental policy changes.
- In partnership with Public Safety Canada and other Vancouver-based sex worker support organizations, HIM launched the *Transitions* program, a multi-phase personal empowerment program for men involved with sex work that provides a safe space to develop the necessary resources to reduce their reliance on sex work and/or transition out of the sex industry.
- Partnering with the Vancouver Queer Film Festival and David Stuart from 56 Dean Street Clinic in London, England, HIM hosted and moderated a panel of experts for a series of conversations to begin the development of a strategy to address sexualized meth use.
- HIM released a *Sex Work and Law Reform* position paper to address the lack of specific attention given to men involved in sex work (MSW) across legal, advocacy, research, and service delivery sectors by presenting critical and related issues for MSW, both in Canada and beyond.

HEALTH RESEARCH

HIM continues to lead in research partnerships in local, provincial, national and international initiatives. In 2016/2017, HIM partnered with the Public Health Agency of Canada, Université du Québec à Montréal, the BC Centre for Disease Control and Prevention, University of Toronto, St. Michael's Hospital (Toronto), Ryerson University, University of British Columbia, Simon Fraser University, York University, and more. HIM entered new research projects on topics including: the Canadian Blood Services blood donation policies impacting gbO MSM donors; PrEP accessibility and effectiveness and generic PrEP drug level monitoring; victimization and online dating and hook-up sites; and supported the innovative photo-voice research project "Still Here" at HIM on Davie Health Centre.

***"The HIM clinic has always
been there for me."***

– HIM Health Centre Client

“We have identified loneliness and depression as potential ailments of the growing community of gay men who are in, or are approaching, their senior years. It’s important that HIM offer programs such as this.”

– Men 55+ Group Participant

“You guys are so great and friendly; this is a vital service to the community!!”

– Health Centre Client

Connect with HIM in Surrey
Ask the Nurse

Have a sexual health question? Join us at Ask the Nurse – a friendly, open forum led by a registered Fraser Health nurse – to discuss a wide range of sexual health topics!

Date/Time: Wednesday, October 12th 7:00pm – 8:30pm
Location: HIM in Surrey Health Centre (enter through rear parking lot door) 220 – 10362 King George Blvd

For more info, call 604.488.1001 or email register@checkhimout.ca.

HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca

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HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca

take time for your **mind**

“ culture as prevention ”
checkhimout.ca/mind

HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca

CHECK HIM OUT AT THE 25TH WHISTLER PRIDE AND SKI FESTIVAL

HIM is dedicated to strengthening the health and well-being of gay men.

HIM HEALTH INITIATIVE FOR MEN
www.checkhimout.ca

Notice to Reader

On the basis of information provided by management, I have compiled the statement of financial position of **H.I.M. Health Initiative For Men Society** as at March 31, 2017 and the statement of operations and changes in net assets for the year then ended.

I have not performed an audit or a review engagement in respect of these financial statements and, accordingly, I express no assurance thereon.

Readers are cautioned that these statements may not be appropriate for their purposes.

VANCOUVER, BC
June 26, 2017



Rodney W. McNeil Professional Corporation
Chartered Professional Accountant



Statement of Financial Position

As of March 31

Unaudited – See Notice to Reader

	2017		2016
ASSETS			
Current			
Cash	\$ 109,145	\$	135,806
Accounts receivable	35,046		13,489
Prepaid expenses	17,300		14,194
Total Current Assets	161,491		163,489
LIABILITIES			
Current			
Accounts payable	\$ 100,885	\$	46,555
Unearned revenue	93,084		107,225
Total Liabilities	193,969		153,780
NET ASSETS			
Unrestricted net assets (deficit)	(32,478)		9,709
	\$ 161,491	\$	163,489

Statement of Operations and Changes in Net Assets

For the year ended March 31

Unaudited – See Notice to Reader

	2017	2016
REVENUE		
Vancouver Coastal Health funding	\$ 1,023,251	\$ 901,216
Fraser Health Authority funding	171,849	179,480
Other government funding	63,624	49,755
Non-government funding	138,844	176,000
Donations	28,878	71,855
	1,426,446	1,378,306
EXPENSES		
Advertising and promotion	93,444	118,678
Bank charges and interest	1,135	702
Board and meeting	4,558	6,960
Equipment lease	9,669	5,254
Insurance	3,468	2,997
Office and miscellaneous	18,488	24,555
Professional development	5,350	2,058
Professional fees	5,595	44,357
Project supplies and services	47,265	57,526
Rent	157,213	123,417
Salaries and benefits	845,053	845,621
Subcontract	91,769	68,502
Telephone	23,411	16,781
Travel	23,063	16,505
Website maintenance	38,902	9,880
	1,368,383	1,343,793
Excess of revenues over expenses before:	58,063	34,513
Equipment expenditures	(15,940)	(21,335)
Leasehold improvement expenditures	(84,310)	–
Excess (deficiency) of revenues over expenses	(42,187)	13,178
Net assets (deficit), beginning of the year	9,709	(3,469)
Net assets (deficit), end of the year	\$ (32,478)	\$ 9,709

Notes to the Financial Statements

As of March 31

Unaudited – See Notice to Reader

1. MISSION STATEMENT

“The Mission of HIM is to strengthen gay men’s health and well-being through trusted, tailored, targeted research-based health promotion services and by engaging the community through volunteer involvement, online access and events. We foster mutually beneficial relationships among gay men and health professionals to ensure the best possible outcomes. We do this because we value the ability of gay men to make informed decisions, we value the role of our community in supporting the foundations for healthy living, and we value scientific research.”

2. SUMMARY OF MANAGEMENT POLICIES

Effective April 1, 2015, the Society adopted the policy to expense inventory in the year it is acquired. Previously, the inventory was measured and reported at the lower of cost and current replacement cost.

Effective April 1, 2015, the Society adopted the policy to expense expenditures of a capital nature in the year of acquisition. Previously, expenditures of a capital nature were capitalized and amortized over the economical useful life of the assets.

The Society adopted these policies as management determined they provide more relevant information and better reflect the effects of transactions on the Society’s financial performance.

3. REMUNERATION OF DIRECTORS, EMPLOYEES AND CONTRACTORS

During the fiscal year, there were no remuneration amounts paid to any directors of the Society.

During the fiscal year, remuneration in excess of \$75,000 was paid to 1 employee of the Society. The total amount paid was \$97,854, including taxable and non-taxable benefits.

4. CHARITABLE ORGANIZATION DESIGNATION

The organization attained registered charity status with Canada Revenue Agency effective August 15, 2013 and is designated as a Charitable Organization.

