HEALTH INITIATIVE FOR MEN

HIM IS DEDICATED TO STRENGTHENING THE HEALTH & WELL-BEING GBQ MEN AND GENDER DIVERSE PEOPLE

ANNUAL REPORT

APRIL 1ST, 2021 – MARCH 31ST, 2022

HiM | HEALTH INITIATIVE FOR MEN

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MESSAGE FROM THE EXECUTIVE DIRECTOR

Dear friends, In 2021 and 2022 we continued to see the ways that our community met the pandemic with bravery and compassion. We have seen our communities sticking together and continuing to find unique ways of connecting. It has not been easy, and we grieve together for the ones we have lost. Two of our most vital commodities are time and relationships. In many ways this pandemic has threatened both by cutting short the amount of time we have with people, and by necessitating that we stay apart to keep each other safe. I have seen first-hand how much our ability to connect with one another continues to be one of the most important lifelines available. HIM has always maintained an important belief that when we work to support health and wellbeing in our communities, we must do so by including that vital spark: connection. For many people, our Health Centres will be the main point of contact and we are grateful for the chance to connect with all who come in for testing, PrEP, PEP, or vaccinations. We love feedback, positive and critical, and we hear how much people value the space we have created; customized for you. And for every person for who accesses our Health Centres there are others who benefit from other programs and services. Therefore, we have always combined the ways that we provide programming and support to our communities. For example, let us say we have had a break-up and are not feeling extremely healthy. We are not having much, or any, sex. What is our healthcare need in this context? Is it getting tested so that we can get back into the dating scene? We think, perhaps not. Counselling, and having a supportive person to hear us may be more important. Joining a group and making new connections may be similarly important. Finding ways to give back to the community as a volunteer can be enriching and rewarding in ways that we cannot always imagine. In many ways, we are defined as different because of the ways that we choose partners and/or have sex and/or by living our genders as we see fit. And in as many other ways, we are defined by all the other things that happen in our lives. All of them combine to form our ability to be healthy, and they also combine to form the ways that our health and wellness are challenged. We might try to isolate our healthcare challenges and victories down to a single factor, but we think it is more complicated and we are happy to know that other people see it the same way. Our community partners and funders believe in our method, and they support the ways that we work to improve health and wellbeing through a combination of programs and resources that focus on mental, physical, social, and sexual health in combination. In doing this we have built relationships and connections with so many people in our communities, and for that – we are forever grateful.

We cannot do this without you!



AARON PURDIE
EXECUTIVE DIRECTOR



TRIBESTY NGUYEN
BOARD CHAIR

BOARD OF DIRECTORS

BOARD MEMBERS AND HIM STAFF

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Shain Gillick

Lance Hansen

Spencer Johnston

Louis Lin

Alvaro Luna

Matthew

Brian Portner

Simon Rayek

Eduardo Rosales

David Russell

Wilbur Turner

Dylan Wall

Kyle Wilson

Evan Matchett-Wong

HIM HIGHLIGHTS

ABOUT HEALTH INITIATIVE FOR MEN

Health Initiative for Men (HIM) is a non profit society that aims to strengthen the health and well-being of gay men. We offer the full spectrum of gay men's sexual health testing, as well as professional counselling, sexual health education, and an engaging mix of social and volunteer opportunities. HIM takes an integrated approach to gay men's health, focussing on determinants of overall health: physical, sexual, social, and mental.

OUR HISTORY

After years of discussion among gay men in Vancouver about the need for a gay men's health organization, Health Initiative for Men opened in the heart of Vancouver's gay village in 2008. In 2009, HIM entered a formal contract with the Vancouver Coastal Health Authority to deliver health promotion services to gay men. We remain at the forefront of gay men's health issues, collaborating on important research projects, and offering primary and sexual health care. Through the tireless work of our volunteers, we are able to deliver programs for a diverse range of men, from sex workers to yoga aficionados.

KEY FACTS

Legal Name:
H.I.M. – Health Initiative for Men Society

Founded:
November 2007

Sites of Operations:
Office, 310 – 1033 Davie Street

Health Centres:
HIM on Davie, 416 – 1033 Davie Street
HIM on The Drive, 1145 Commercial Drive
HIM in New West, 218-610-Sixth Street
HIM in Surrey, 220–10362 King George Boulevard
HIM in Abbotsford, 108-32883 South Fraser Way

Find us on the Internet:
www.checkhimout.ca
www.facebook.com/HealthInitiativeforMen
www.twitter.com/HIMtweets
www.Instagram/instahim
www.linkedin.com/checkhimout

OUR MISSION

Strengthening the health and well-being of gay men.

OUR VISION

Gay men building healthy lives together.

OUR VALUES

We value gay men's ability to make informed decisions. We value the role of our communities. We value scientific research. We value a non-judgmental, sex-positive, and strengths-based philosophy. We value a comprehensive approach to healthy living. We value capacity building and collaboration.

HIM HIGHLIGHTS

HIM HEALTH CENTRES

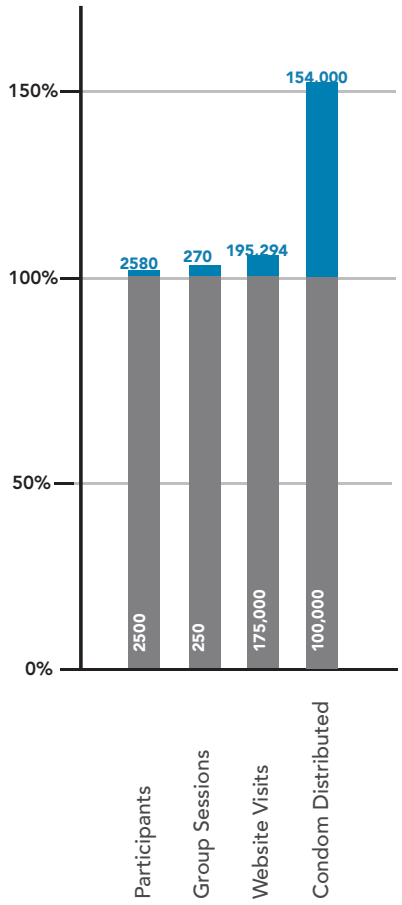
HIM continues to collaborate with local health authorities on finding better ways to serve the sexual health needs of our communities. Even in the context of heavy COVID-19 related disruptions, the HIM Health Centres in Vancouver delivered more sexual health appointments to more people than ever before, incorporating more virtual appointments and consultations. Outside of the Lower Mainland, HIM's provincial activities continued to deepen. An evaluation of HIM's sexual health clinic pop-up program resulted in changes that made the program more inclusive of gender diverse community members, and a rebrand to PLUS!. Working with regional partners, HIM operated PLUS! Pop Up Clinics in _____ communities across BC's interior. We also partnered with the local health authority and BC Centre for Disease Control on a tele-medicine project bringing virtual delivery of HIV pre-exposure prophylaxis (PrEP) to rural and remote communities in BC's Interior.

KEY PROGRAM INITIATIVES

Community engagement and programming continue to connect and bring together our volunteers and members of our community during the pandemic. This year we continued seeing high participation in Yoga in Vancouver and Fraser regions, Life Drawing, Life in Colour, Grey and Golden and 55+. We have also been able to go across Vancouver and Fraser and do our popular condom packing parties through our community hosts and partners and have exceeded our goal of total number of condoms distributed. We continue to engage in meaningful work and supports in reducing stigma facing sex workers through our workshops to community partners, as well as supporting programming needs at The Corner. Our mental health program continues to see clients throughout the pandemic, both remotely and in-person. Our counselling program continues to accept practicum students who are working on developing their practice. HIM is a well-respected site for learning and practice. This year we have also started developing a contingency management program to support sexualized stimulant use cessation through harm reduction called, PnP & Me, and a corresponding drop-in support group. This program will run 3 cohorts throughout the year.

Service Output Indicators

BLUE: Performance Level
GREY: Contract Targets



** We have re-defined the metrics for "Website Visits" to capture our reach and website data more accurately.*

SERVICE OUTPUT INDICATORS

PROGRAM DELIVERABLES

VOLUNTEERS
# of trained volunteers

GROUPS & COUNSELLING
# of group sessions
# of hours of group sessions
# of unique attendees at closed group sessions

COMMUNITY ENGAGEMENT & KNOWLEDGE TRANSLATION
# of venue-based outreach events
# of festival-related events
# of condoms distributed

 # OF PRINT ITEMS DISTRIBUTED
condom boxes
of website visits

GROUPS & COUNSELLING
# of closed group sessions
# of hours of closed group sessions
# of unique attendees at closed group sessions
# of open group sessions
# of hours of open group sessions
# of unique attendees at open group sessions

CLINICS
# of HIV tests*
# of STI tests*
# of hours clinic is open

INDICATORS	Q1: APR – JUN	Q2: JUL – SEP	Q3: OCT – DEC	Q4: JAN – MAR	FISCAL YEAR TOTAL
Volunteers					
# of trained volunteers	19	18	18	20	**75**
Groups & Counselling					
# of group sessions	75	78	48	69	**270**
# of hours of group sessions	95	100	60	92	**347**
# of unique attendees at open group sessions	648	680	601	651	**2580**
Community Engagement & Knowledge Translation					
# of venue-based outreach events	29	14	23	28	**94**
# of festival-related events	5	13	7	5	**30**
# of condoms distributed	18,400	51,600	44,800	39,800	**154,600**
Print Items Distributed					
# of condom boxes distributed	9,200	25,800	22,400	19,600	**77,000**
# of website visits	50,706	47,340	49,018	48,230	**195,294**
Clinics					
# of total HIV tests *	1036	1497	1734	902	**5,169**
# of STI tests*	1321	1751	2004	1003	**6,079**
# of hours clinic is open	645	636	587	606	**2,474**
# of clients (phone consultation)	1819	2801	2357	1435	**8,412**
# of clients seen in person	1393	1688	2276	1974	**7,331**

** for HIM on Davie and HIM on The Drive only*

5 YEAR STRATEGIC PRIORITIES

This year has been an exciting opportunity for HIM staff, board, and community members to continue working on HIM's ambitious strategic priorities, established in 2019. This year, we focused on Strengthening our Core and Achieving Balance. For us, this means focusing on our core, our heart, and ensuring that it is strong. With a strong core, we prepare ourselves for growth and development over the next several years



EQUITY: STRENGTHEN HIM'S CAPACITY TO ENSURE IT REFLECTS THE COMMUNITIES IT ENGAGES IN WAYS THAT PROMOTE EQUITY

This year, the staff and Board at HIM worked collaboratively to expand HIM's commitment to equity. New policies are now in place at all levels of the society that are designed to protect the more marginalized members of our communities including, but not limited to: Trans and gender diverse staff and participants, BIPOC people, people who use substances, and Peer Workers. HIM has also continued to promote our wider gender mandate which has created an immediate increase in engagement with our programs amongst trans and gender diverse people; our Transcendence program also invited dialogue and suggestions on ways to do better. A new performance management system has been developed by staff to help keep us accountable to community centred practice

PROGRAMS: ENSURE HIM PROGRAMMING IS RELEVANT & RESPONSIVE TO THE COMMUNITIES THAT IT ENGAGES, AND IS IN ALIGNMENT WITH ITS FOUR PILLARS OF HEALTH PROMOTION

We have brought new levels of refinement to our program evaluation. For example, we will be partnering with the Community Based Research Centre (CBRC) to evaluate our new substance use programs and ensure they are delivering on our commitments to the community. We have also launched several new programs designed to respond to community requests for more in-depth programming by and for BIPOC community members (e.g. Intersections, Life in Colour, BIPOC Body image group). We are also pleased to have developed logic models for all new programs that makes our objectives and planned outcomes transparent for all community members and partners





PARTNERSHIPS: STRENGTHEN HIM PARTNERSHIPS TO SUPPORT EXCELLENCE IN ACHIEVING ITS MISSION.

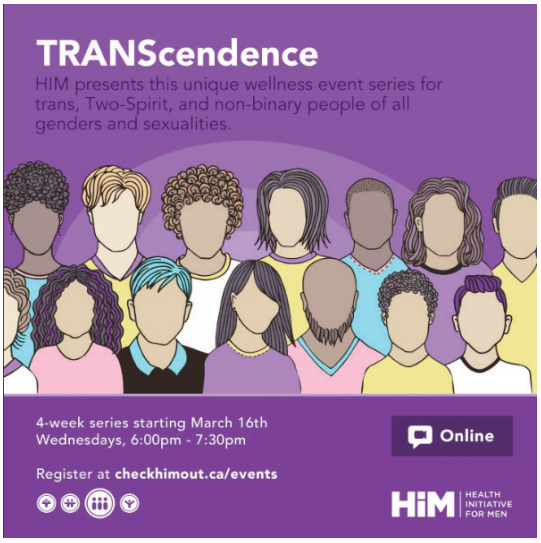
Partnerships and volunteers are among HIM's most important priorities. This year we have instituted new refinement to our partner screening and have decided on an array of new ways to build partnerships. In particular, we are beginning to develop a program called "Neighbors with HIM" that will create new relationships with local businesses and individuals where we can cross promote our health resources while building organic networks. Our partner database (Keela) also helps us to keep track of and maintain our partnerships

RESOURCES: OPTIMIZE HIM'S RESOURCE CAPACITY TO ENSURE IT IS BEST POSITIONED TO MEET ITS MISSION

We have focused on strengthening our funding and have invested time and energy in securing funding for new projects that are important in our communities. For example, HIM's efforts in addressing sexualized substance use in the community have been recently augmented and strengthened through a new contract with Vancouver Coastal Health. We also launched our second Give HIM a Hand campaign and has been having ongoing success with recruiting monthly donors who are willing to give back to the cause. Having increased access to unrestricted funding will allow HIM to fund projects that are vital from our communities' perspective.

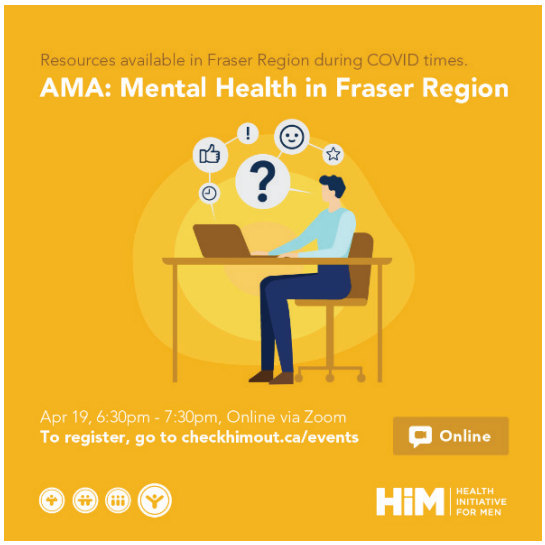






"Dear HIM mental health programs team, I just want to thank you for providing this valuable resource to our community. I believe for many in saying "thank you" for sharing your knowledge, understanding and helping us to find a ray of light in our darkest hours. Forever grateful."

Anonymous



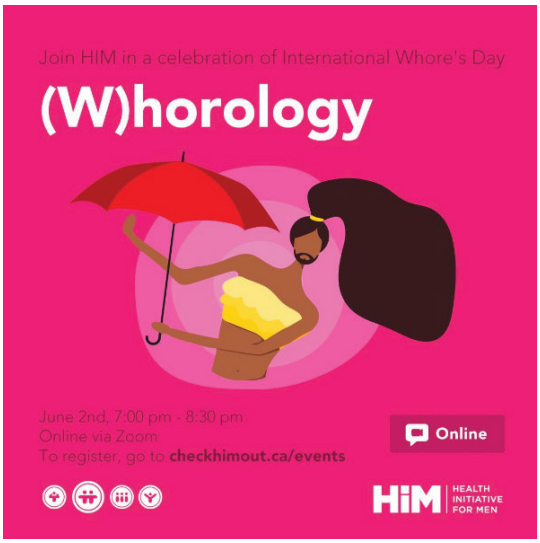






I am grateful that there is such a service in Vancouver for people that don't necessarily have coverage or funds to afford counselling (…) It definitely helped me in getting in a better space.

Participant, HIM Professional Volunteer Counselling Program





HIM MILESTONES

2008

HIM begins operations

2009

HIM signs first health promotion contract with Vancouver Coastal Health

HIM Health Centre on Davie Street opens

2010

HIM launches first campaign: Do the Math, including online HIV risk calculator

2011

HIM Health Centre on Commercial Drive opens
Counselling and peer support services begin at HIM Health Centres

2012

BC's Ministry of Health identifies HIM as a "key partner in reaching and engaging men into testing and care [...] in ways that meet the needs of MSM"

2013

HUSTLE at HIM program partners with Gender and Sexual Health Initiative of the BC Centre for Excellence in HIV/AIDS and UBC

2014

HIM Health Centres in New Westminster and Surrey open

2015

HIM Health Centre in Abbotsford opens

2016/2017

Expansion of HIM on Davie Health Centre

2017/2018

HIM partners with Public Health Agency of Canada on a five-year, multi-organizational national project to improve accessibility and uptake of health services and programs for gay, bisexual, queer, and other men who have sex with men (cis and trans), and Two-Spirit people (GBT2Q)

2018/2019

Increased access to sexual health testing and mental health counselling via *Express Testing* at HIM on Davie Health Centre and the *HIM Helps* subsidized counselling program

2019/2020

Expanded our presence into British Columbia's Vancouver Island, northern and interior regions to engage queer men in their health, partnering with local organizations to improve overall GBT2Q health outcomes in their communities

2020/2021

We responded to the unprecedented global pandemic of COVID-19 by providing practical, queer-friendly health promotion and successfully pivoting much of our programming to the virtual space, increasing both our reach and capacity

2021/2022

Expanded organizational gender mandate to include the communities of gay, bi, queer men and gender diverse people. Launched More Than Sex, a guide about queer sex, diverse bodies, health

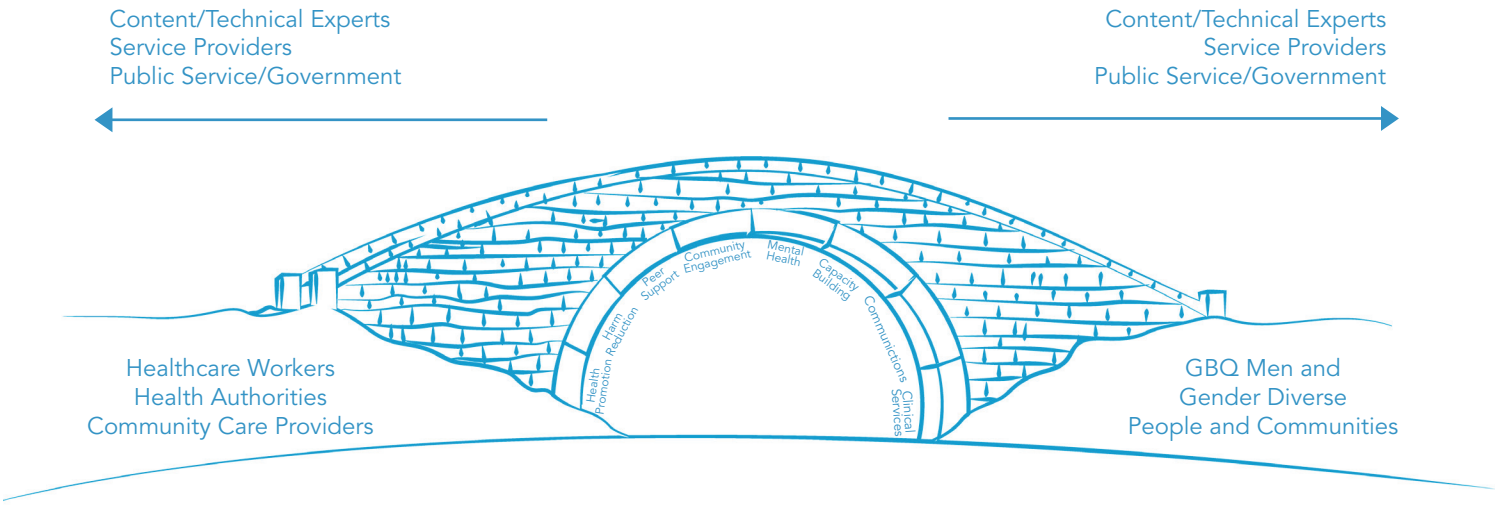
OUR MODEL IS WORKING

IN 2020/2021:

HIM started with a vision: To build healthier lives together. Over the years we have worked together to build an organization that serves groups of people who do not always have dedicated and customized spaces within healthcare. We are not a government organization, a crown corporation, or a business. We are a non-profit society built by and for gay, bi, queer men and gender diverse people. Our three-part Host, Promote, Support model is designed to empower our community members to improve health and wellbeing in our own communities. And we do this work hand in hand with regional healthcare and community partners. We host teams of nurses and doctors in queer customized spaces. We promote health information that comes from experts, researchers, and is customized to match our own language and real-life context. We employ creative and dynamic techniques to support gay, bi, queer men and gender diverse people to have what they need in order to thrive. HIM is, in my ways, the bridge between healthcare and the communities of GBQ men and gender diverse people. That bridge has been built from both sides. Our staff, volunteer, and community members engage with the services, and we work to explain our lived experience so that it makes the healthcare increasingly accessible. Meanwhile, our healthcare partners (nurses, doctors, counsellors etc.) work to be the technical experts and providers of the service. This relationship is a demonstration of years of investment in trust, faith, and best-practice and it is working.

OUR HOST, SUPPORT, PROMOTE MODEL

HIM's model is based on our ability to host, promote, and support local GBQ+ in services that are offered by their local health care providers. HIM acts as the bridge and context builder between our communities and the communities of healthcare providers by relying on lived experience as well as our strong programs.




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Not all sex has the same risk.

find out more at checkhimout.ca/more-than-sex



Our guide to sex, pleasure and navigating a queer life.

- Find information about sex, intimacy, and pleasure.
- Learn about mental health and community wellbeing.
- Get tips and tricks on navigating a queer world.
- Unpack consent, disclosure, and discrimination.
- Discover strategies and options for STI and HIV prevention.
- Uncover how society impacts our health.

Keep exploring MoreThanSex.ca



Not all sex has the same risk.

find out more at checkhimout.ca/more-than-sex



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FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31, 2022

INDEPENDENT AUDITOR'S REPORT

To the Members of H.I.M. Health Initiative for Men Society

Report on the Audit of the Financial Statements

QUALIFIED OPINION

I have audited the accompanying financial statements of H.I.M. – Health Initiative for Men Society which comprise the statement of financial position as at March 31, 2022, and the statements of operations, changes in fund balances and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In my qualified opinion, except for the effects of the matter described in the Basis for Qualified Opinion section of my report, the financial statements present fairly, in all material respects, the financial position of H.I.M. – Health Initiative for Men Society as at March 31, 2022, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

BASIS FOR QUALIFIED OPINION

In common with many charitable organizations, the Organization derives revenue from donations and fundraising, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of H.I.M. – Health Initiative for Men Society. Therefore, we were not able to determine whether any adjustments might be necessary to donations and fundraising revenue, excess of revenues over expenses, and cash flows from operations for the years ended March 31, 2022 and 2021, current assets as at March 31, 2022 and 2021, and net assets as at April 1 and March 31 for both the 2022 and 2021 years. Our audit opinion on the financial statements for the year ended March 31, 2021 was modified accordingly because of the possible effects of the limitation in scope.

I conducted the audit in accordance with Canadian generally accepted auditing standards. My responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of my report. I am independent of the Organization in accordance with the ethical requirements that are relevant to my audit of the financial statements in Canada, and I have fulfilled my other ethical responsibilities in accordance with these requirements. I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my qualified opinion.

RESPONSIBILITIES OF MANAGEMENT AND THOSE CHARGED WITH GOVERNANCE FOR THE FINANCIAL STATEMENTS

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Organization's financial reporting process.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

My responsibility is to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes my opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, I exercise professional judgment and maintain professional skepticism throughout the audit. I also:

Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for my opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.

Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.

Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If I conclude that a material uncertainty exists, I am required to draw attention in my audit's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify my opinion. My conclusions are based on the audit evidence obtained up to the date of my auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.

Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation. I communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that I identify during my audit. I also provide those charged with governance with a statement that I have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on my independence, and where applicable, related safeguards.

REPORT ON OTHER LEGAL AND REGULATORY REQUIREMENTS

As required by the BC Societies Act, I report that, in my opinion, these principles have been applied on a basis consistent with that of the preceding year.



mahmoud virani inc
chartered professional accountant
Vancouver
September 20 2021



STATEMENT OF FINANCIAL POSITION

For the year ended March 31		2022		2021
Assets				
Current				
Cash	**$**	**375,820**	$	336,099
Accounts receivable		**30,150**		19,671
GST receivable		**5,825**		5,537
Prepaid expenses		**27,830**		58,794
		439,625		420,101
Long-term				
Tangible capital assets		**157,706**		182,031
Intangible capital assets		**6,393**		15,938
		164,099		197,969
	$	**603,724**	$	618,070
Liabilities				
Current				
Accounts payable & accrued liabilities	**$**	**24,492**	$	30,550
Employee deductions payable		**16,395**		41,707
Deferred contributions		**384,519**		273,653
Deferred revenue		**20,000**		20,000
Loan		**43,693**		58,596
Current portion of capital lease		**7,412**		5,167
		476,511		429,673
Obligation under capital lease		**9,349**		19,195
	$	**9,349**	$	19,195
Net Assets				
Invested in capital assets	**$**	**103,645**	$	107,687
Unrestricted		**14,219**		61,515
		117,864		169,202
	$	**603,724**	$	618,070

On behalf of the Board:

Director

Director

STATEMENT OF CHANGES IN NET ASSETS

For the year ended March 31	Invested in Capital Assets	Unrestricted	**Total**
2022			
Balance, beginning of year	$ 115,011	$ 54,191	**$ 169,202**
Excess (deficiency) of revenue over expenses	(63,993)	12,655	**(51,338)**
Purchase of tangible capital assets	30,123	(30,123)	–
Principle payments on capital lease obligation	7,601	(7,601)	–
Repayment of loan	14,903	(14,903)	–
Balance, end of year	**103,645**	**14,219**	**117,864**
2021 (restated)			
Balance, beginning of year	$ 126,832	$ 17,681	**$ 144,513**
Excess (deficiency) of revenue over expenses	(62,932)	87,621	**24,689**
Purchase of tangible capital assets	20,510	(20,510)	–
Purchase of intangible capital assets	10,761	(10,761)	–
Principle payments on capital lease obligation	5,749	(5,749)	–
Repayment of loan	14,091	(14,091)	–
Balance, end of year	**$ 115,011**	**$ 54,191**	**$ 169,202**

The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

STATEMENT OF OPERATIONS

For the year ended March 31		2022		2021
REVENUE				
Vancouver Coastal Health grants	**$**	**1,140,087**	$	1,035,283
Government of Canada grants		**285,946**		347,352
Fraser Health Authority grants		**180,235**		178,063
Donations and other revenue		**43,326**		59,216
Government subsidies		**-**		25,000
Other government grants		**158,629**		103,851
Non-government funding grants		**45,544**		70,749
Amortization of deferred capital contributions		**-**		
	$	**1,853,767**	$	1,819,514
EXPENSES				
Advertising and promotion	**$**	**37,969**	$	56,126
Amortization		**63,993**		62,932
Bank and interest charges		**3,134**		3,775
Board and meeting		**775**		631
Insurance		**4,336**		3,503
Interest on capital leases (note 7)		**9,379**		12,362
Office and miscellaneous		**24,562**		28,682
Professional development		**1,613**		1,114
Professional fees		**15,969**		17,323
Project supplies and services		**92,310**		44,662
Rent		**211,070**		189,508
Salaries and benefits		**1,324,182**		1,290,394
Subcontracts		**38,479**		25,838
Telephone		**57,902**		51,218
Travel		**14,628**		2,796
Website maintenance		**4,804**		3,961
	$	**1,905,105**	$	1,794,825
(Deficiency) Excess of revenue over expenses	**$**	**(51,338)**	$	24,689

The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

STATEMENT OF CASH FLOWS

For the year ended March 31		2022		2021
Cash flows from operating activities				
Excess/(deficiency) of revenue over expenses	**$**	**(51,338)**	$	24,689
Amortization of capital assets		**63,993**		62,932
		12,655		87,621
Non-cash working capital balances				
Accounts receivable	**$**	**(10,479)**	$	292
GST recoverable		**(288)**		8,711
Prepaid expenses		**30,964**		(10,697)
Accounts payable, accrued liabilities & employee deductions		**(31,370)**		(153,602)
Deferred contributions		**90,866**		80,983
Net cash flows generated from operating activities	**$**	**92,348**	$	13,308
Investing activities				
Purchase of tangible capital assets	**$**	**(30,123)**	$	(20,510)
Purchase of intangible capital assets		**-**		(10,761)
Net cash flows used in investing activities	**$**	**(30,123)**	$	(31,271)
Financing activities				
Repayment of obligation under capital lease	**$**	**(7,601)**	$	(5,749)
Repayments of loan		**(14,903)**		(14,091)
Net cash flows generated from operating activities	**$**	**(22,504)**	$	(19,840)
net decrease in cash	**$**	**39,721**	$	(37,803)
Cash, beginning of year		**336,099**		373,902
Cash, end of year	**$**	**375,820**	$	336,099

The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1. PURPOSE OF THE SOCIETY

The Health Initiative for Men Society (the "Society") is incorporated under the Societies Act of British Columbia effective November 30, 2016. As a registered charity, it is not subject to income taxes under section 149(1)(f) of the Income Tax Act.

The Society's purpose is to strengthen gay men's health and well-being through trusted, tailored, targeted research-based health promotion services and by engaging the community through volunteer involvement, online access and events. The Society fosters mutually beneficial relationships among gay men and health professionals to ensure the best possible outcomes.

2. BC SOCIETIES ACT

This Act requires the Society to disclose total remuneration paid to Directors as well as contractors and employees with annual remuneration greater than $75,000. During the year ended March 31 2022, 5 employees had remuneration in excess of $75,000, for a total of $409,882. (2021 - 3 employees - $275,279). These amounts include employee benefits. No directors received remuneration during 2022 & 2010. No contractors received remuneration in excess of $75,000 in 2022 or 2021.

3. ACCOUNTING POLICIES

The Society prepares its financial statements in accordance with Canadian accounting standards for not-for- profit organizations.

Use of estimates

In conformity with Canadian accounting standards for not-for-profit organizations, management is required to make estimates and assumptions that could affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the year. Actual results could differ from those reported.

Revenue recognition

The Society follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year the related expenses are incurred. Restricted contributions for the acquisition of capital assets are deferred and amortized over the remaining useful life of the asset acquired. Unrestricted contributions are recognized as revenue in the year received or receivable, if the amount to be received can be reasonably estimated and collection is reasonably assured.

Donations and other revenues are recognized as revenue when received.

Tangible capital assets

Tangible capital assetsare recorded at cost and amortized on a straight-line basisusing the following rates:

Computer equipment	3 years
Leasehold improvements	Term of lease
Furniture & equipment	5 years

Intangible capital assets

Intangible capital assets are recorded at cost and amortized on a straight-line basis using the following rates:

Computer software	5 years
Website	3 years

Financial instruments

The Society initially measures its financial assets and financial liabilities at fair value.

The Society subsequently measures all its financial assets and financial liabilities at amortized cost.

Financial assets measured at amortized cost include cash and accounts receivable. Financial liabilities measured at amortized cost include accounts payable and accrued liabilities, capital leases, and loans.

NOTES TO THE FINANCIAL STATEMENTS

4. TANGIBLE CAPITAL ASSETS

2021		Cost		Accumulated Amortization		Net book value
Computer equipment	$	65,734	$	32,216	$	33,518
Furniture and equipment		27,059		22,227		4,832
Leasehold improvements		277,941		167,195		110,746
Assets under capital lease		40,276		31,666		8,610
	$	411,010	$	253,304	$	157,706

2020		Cost		Accumulated Amortization		Net book value
Computer equipment	$	36,111	$	16,939	$	19,172
Furniture and equipment		26559		16,865		9,694
Leasehold improvements		277,941		139,508		138,433
Assets under capital lease		40,276		25544		14,732
	$	380,887	$	198,856	$	182,031

5. INTANGIBLE CAPITAL ASSETS

2021		Cost		Accumulated Amortization		Net book value
Computer software	$	12,513	$	2,468	$	10,191
Website		17,824		12,077		5,747
	$	30,483	$	14,545	$	15,938

2020		Cost		Accumulated Amortization		Net book value
Computer software	$	1,898	$	285	$	1,613
Website		17,824		6,136		11,688
	$	19,722	$	6,421	$	13,301

NOTES TO THE FINANCIAL STATEMENTS

6. DEFERRED CONTRIBUTIONS

Deferred contributions consist of contributions received that are externally restricted for the purpose of specific projects & their related expenses. The balance in the account is made up as follows:

		2021		2020
Balance, beginning of year	$	212,670	$	246,662
Externally restricted contributions received		1,762,853		1,639,185
Externally restricted contributions utilized		(1,701,870)		(1,673,177)
Balance, end of year	$	273,653	$	212,670

		2021		2020
Vancouver Coastal Health Authority	$	150,065	$	116,734
Interior Health Authority		18,000		6,000
Island Health Authority		10,000		10,000
Government of Canada		14,200		20,629
Fraser Health Authority		14,839		14,307
Other Government		21,549		45,000
Non-government		45,000		-
	$	273,653	$	212,670

7. CAPITAL LEASE OBLIGATION

The obligation under capital lease account is made up as follows:

		Photocopier		Telephone Equipement		Total
Interest rate		52.32%		13.01%		
Maturity date		March 2024		April 2022		
Current portion of balance outstanding	$	5,602	$	1,810	$	5,167
Non-current portion of balance outstanding		9,349		4,244		19,195
Balance outstanding	$	14,951	$	6,054	$	24,362
Aggregate payments required in 2023		12,204		1,829		14,033
Aggregate payments required in 2024		12,204		-		12,204
Aggregate payments required in 2025		-		-		-
Aggregate payments required in 2026		-		-		-
Total aggregate payments required	$	24,408	$	1,829	$	26,237
Capital lease interest expense	$	8,847	$	532	$	9,379

NOTES TO THE FINANCIAL STATEMENTS

8. ECONOMIC DEPENDENCE

The Society is economically dependent on funding from the Federal & Provincial Government for its ongoing operations. The Society received 86% of its revenues from these contributors during 2021 (86% - 2020), which is normal for the Society and the industry in which it operates.

9. LOAN

The loan balance consists of the principal of an unsecured demand loan bearing interest at prime plus 3.25%, repayable in blended monthly payments of $1,488, maturing in January 2025. The estimated repayments (including interest) are as follows:

Estimated repayments in 2023		17,856
Estimated repayments in 2024		17,856
Estimated repayments in 2025		14,880
Estimated repayments in 2026		-
	$	50,592

10. COMMITMENTS

The Society has made the following commitments in relation to its premises:

Payments required in 2023		105,860
Payments required in 2024		111,390
Payments required in 2025		37,920
Payments required in 2026		-
Aggregate payments required	$	255,170

10. COMPARATIVE FIGURES

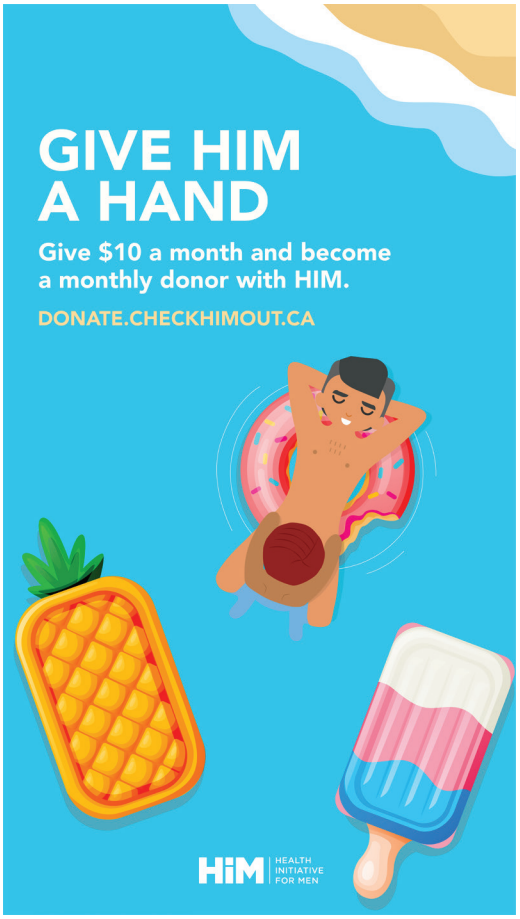
Some of the comparative figures have been restated to conform to the current year's presentation.





" Being a part of the community and being an enabler for the well-being of the community feels great. HIM provides queer men not only with safe space and testing services but also creates awareness about topics that are considered as taboo. I feel great here."

Anonymous, Health Centre Receptionist and Event Outreach Volunteer







I love volunteering at HIM. It's a great way to give back to the community. I always tell friends in other cities that HIM is a role model for a gay health nonprofit. I feel proud to be a part of the team that makes these essential services to the community possible.

J.D., Volunteer Therapist and Event Outreach Volunteer

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