HEALTH INITIATIVE FOR MEN

STRENGTHENING THE HEALTH & WELL-BEING GBQ MEN AND GENDER DIVERSE PEOPLE

ANNUAL REPORT

APRIL 1ST, 2025 – MARCH 31ST, 2026

HiM | HEALTH INITIATIVE FOR MEN

STILL SERVING, STILL GROWING

To still be receiving support from you, our community, after 17 years of operating, is something we at HIM do not take for granted. Over these many years, you've continued to attend our drop-in programs, come to our fundraising events, and give us feedback along the way. Importantly, you've also continued to tell your friends and partners about our services. Because of your support, we are still here, doing all the things we can to support the health and wellbeing of gay, bi, queer (GBQ) men and gender diverse (GD) people in many communities around our province.

While there has been much progress and advancement in terms of HIV prevention, treatment, and care, HIV is still here. And so is HIM. We continue to be here to ensure that our communities have access to sexual health tools such as HIV and STI testing, as well as condoms, PrEP, and up-to-date information that we need to make informed decisions for our well-being. We did this again this year by working in close collaboration with our partners at Vancouver Coastal Health and Fraser Health to run HIM Health Centres wherein folks could receive clinical services, including getting the mpox vaccine. That's right — Mpox is also still here. And again, so are we.

For educational and capacity building purposes, this year we continued running our Investigaytors program which equips gay, bi, and queer participants with social connections, health knowledge, and community-based research skills they need to be health leaders in their communities. We ran HIMformation sessions, our community dialogue event, on topics including: Understanding Mpox, Masc for Mental Health, and Blood Type Gay. These events brought community members together to learn, share experiences, and engage in meaningful discussions about important issues impacting our communities.

We know that our groups are an important social connection point for people, and this is reflected in our discussion groups like 55+ or New In Town. Our newer groups like Bridging Generations connect community members of different decades, and our Get Kinky series helped educate people on kink and how to do it safely. We introduced new mental health groups focusing on gay app use and those in or interested in poly relationships, as well as a group on how we manage grief as GBQ men and GD people. We understand the need of maintaining our groups and programs like Yoga or Life Drawing, and we are always excited to offer new groups that reflect our dynamic neighbourhood and community.

This year we started on our next ambitious goal – primary care. Primary care to people like us means more than seeing a general practitioner, it means having access to a family physician that is culturally competent for our community. This means not having to worry about having to go back into the closet when visiting a doctor, this means having support for gender affirming care over the long journey that is transition, this means not carrying shame or stigma for living with HIV, it means that we as patients don't have to educate our doctors on how to care for us. Primary care is a natural evolution of our work which has always taken a holistic and comprehensive approach, and part of that means also taking brave new steps into achieving a greater vision of health and wellbeing for the community. This venture into primary care will help keep HIM present in community, and will secure a better future for our health together.

For as long as we have your support, we assure you that we will continue to lead in the movement towards greater health outcomes for GBQ men, and GD people. We will work together to ensure that you can access all the up-to-date STI-prevention information and tools, and for all your sexual health needs, we will still be here, with you.



AARON PURDIE
EXECUTIVE DIRECTOR



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ZANDT BRYAN,
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EVAN MATCHETT-WONG
DIRECTOR, PROGRAMS



GIULI SUCAR
CHAIR, HEALTH ADVISORY GROUP

Staff Pulse Check

Last year we introduced HIM's Pulse Check, a way to benchmark the staff experience at HIM and make room for growth in our organizational culture. These benchmarks help us track how well our programs are working and hold us accountable to HIM's culture and team. This year, we expanded the survey to include open questions so staff can provide more detailed responses, and we added more engagement questions compared with last year's temperature check.

We identified areas where we did well, areas where we recognized we need additional work to maintain positive momentum, and areas we chose to be more intentional about. Following last year's report, we are repeating the same format; some of the important results have been placed into three categories:

👍 **Our Strenghs**
Things we're doing well and should maintain or expand.

⚙️ **Our Opportunities**
Areas that are developing positively but still need time or support.

🔍 **Focus Area**
Issues that require concentrated attention or change in the short term.

> As we enter our second year of sharing our Pulse Check, we will take time to reflect on what we learned about how we addressed staff needs and concerns. What we've heard matters, and so does what we do next. These results show us where to keep going and where to put our focus. Some factors that shape these scores, like economic pressures, are beyond our immediate control. What we can control is the kind of place HIM is to work: somewhere our staff can build engaged, thriving careers and do their best work in a safe, supportive environment. We know the foundation of that experience is sustainable practices that ensure our team can succeed long-term and we will continue to prioritize programs that allow our teams to thrive inside and outside HIM.
>
> We look forward to continuing our work to improve our organization's ability to listen to staff and reflect on their needs so that they can live and work in an ideal future with satisfaction. Together with our staff, volunteers, partners, and community members, we will not only envision a better future but create it with the passion we see in everyday life out in the community.
>
> **Jesse Harink, Chair - Programs Advisory Group**

👍 Our Strenghs

Theme / Summary	Next Step / What We'll Do
Staff feel motivated by HIM's vision.	▶ Continue communicating our strategy and vision to our staff and to inspire them with our impact to community.
Staff have the autonomy that they need to do their jobs effectively.	▶ Continue to build capacity in staff to support their autonomy in their jobs.
Staff feel like they are respected and can be authentically themselves.	▶ Continue fostering a space where every HIM staff member feels respected and celebrated for who they are.
Staff continue to be proud to work for HIM.	▶ Celebrate collective achievements and highlight community impact throughout the year.

⚙️ Our Opportunities

Theme / Summary	Next Step / What We'll Do
Staff feel more content and satisfied in their work from last year.	▶ Find more ways to find closure on projects and to celebrate successful programs big and small.
Staff better understand expectations for their work.	▶ Continue to strengthen role clarity through regular goal setting and feedback.
Staff know better what their focus areas for development are but still can use more guidance.	▶ Develop a means for staff to highlight areas for specific development that they'd like at the start of the year.
Feelings around compensation have not improved due to economic pressures.	▶ Continue compensation reviews and advocate for larger wage increases in longer contracts with partners.
Managers show they value diversity on their teams.	▶ Continue to maintain inclusive leadership training and ensure hiring practices reflect our values.
Leadership keeps people informed about organizational updates.	▶ Continue to find more engaging ways to internally communicate organization al updates to staff.

🔍 Focus Area

Theme / Summary	Next Step / What We'll Do
Staff saw an increase in their managers taking meaningful interest in their career development.	▶ Continue to provide intentional discussions & check-ins for every staff on growth and career pathways.
Workloads can still be better divided.	▶ Review workloads regularly and explore team-based scheduling or workload balancing.
Staff saw an increase in enforcement of accountability.	▶ Continue to ensure that performance expectations and accountability framework are transparent and cooperative.

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ABOUT HEALTH INITIATIVE FOR MEN

Health Initiative for Men (HIM) is a non profit society that aims to strengthen the health and well-being of gay, bi and queer (GBQ) men and gender diverse people. We offer the full spectrum of GBQ and gender diverse people's sexual health testing, as well as professional counselling, sexual health education, and an engaging mix of social and volunteer opportunities. HIM takes an integrated approach to GBQ health, focussing on determinants of overall health: physical, sexual, social, and mental.

OUR MISSION

Strengthening the Health and Well-being of gay, bi and queer (GBQ) men and gender diverse people.

OUR VISION

Gay, bi and queer (GBQ) men and gender diverse people building healthy lives together.

OUR VALUES

We value GBQ men and gender diverse people's ability to make informed decisions. We value the role of our communities. We value scientific research. We value a non-judgmental, sex-positive, and strengths-based philosophy. We value a comprehensive approach to healthy living. We value capacity building and collaboration.

Find us on the Internet:
www.checkhimout.ca
www.x.com/HIMtweets
www.Instagram/instahim
www.linkedin.com/checkhimout
www.facebook.com/HealthInitiativeforMen

KEY FACTS

Legal Name:
H.I.M. – Health Initiative for Men Society
Founded: November 2007
Sites of Operations:
Office, 310 – 1033 Davie Street
Health Centres:
HIM on Davie, 416 – 1033 Davie Street
HIM on The Drive, 1145 Commercial Drive
HIM in Surrey, 220–10362 King George Blvrd.
HIM in Abbotsford, 108-32883 S. Fraser Way

Our Logic Model

HIM's organizational logic model guides how we measure, adapt, and demonstrate the impact of our work.

The model was custom-designed to reflect HIM's holistic, community-driven approach to health. Traditional HIV prevention often emphasizes medication, testing, or risk reduction alone. Our model instead draws on a syndemic framework that recognizes that HIV is intertwined with mental health, substance use, social isolation, and stigma. For one person, prevention may mean easy access to testing; for another, it may be counselling, community connection, or simply feeling accepted and supported.

By linking our programs to 20 protective factors, the model makes these outcomes visible and measurable. These factors include changes in connection, well-being, comfort with identity, mental health, substance use, knowledge of HIV prevention, and experiences with healthcare. Each factor reflects a way in which HIM strengthens resilience and uplifts community health.

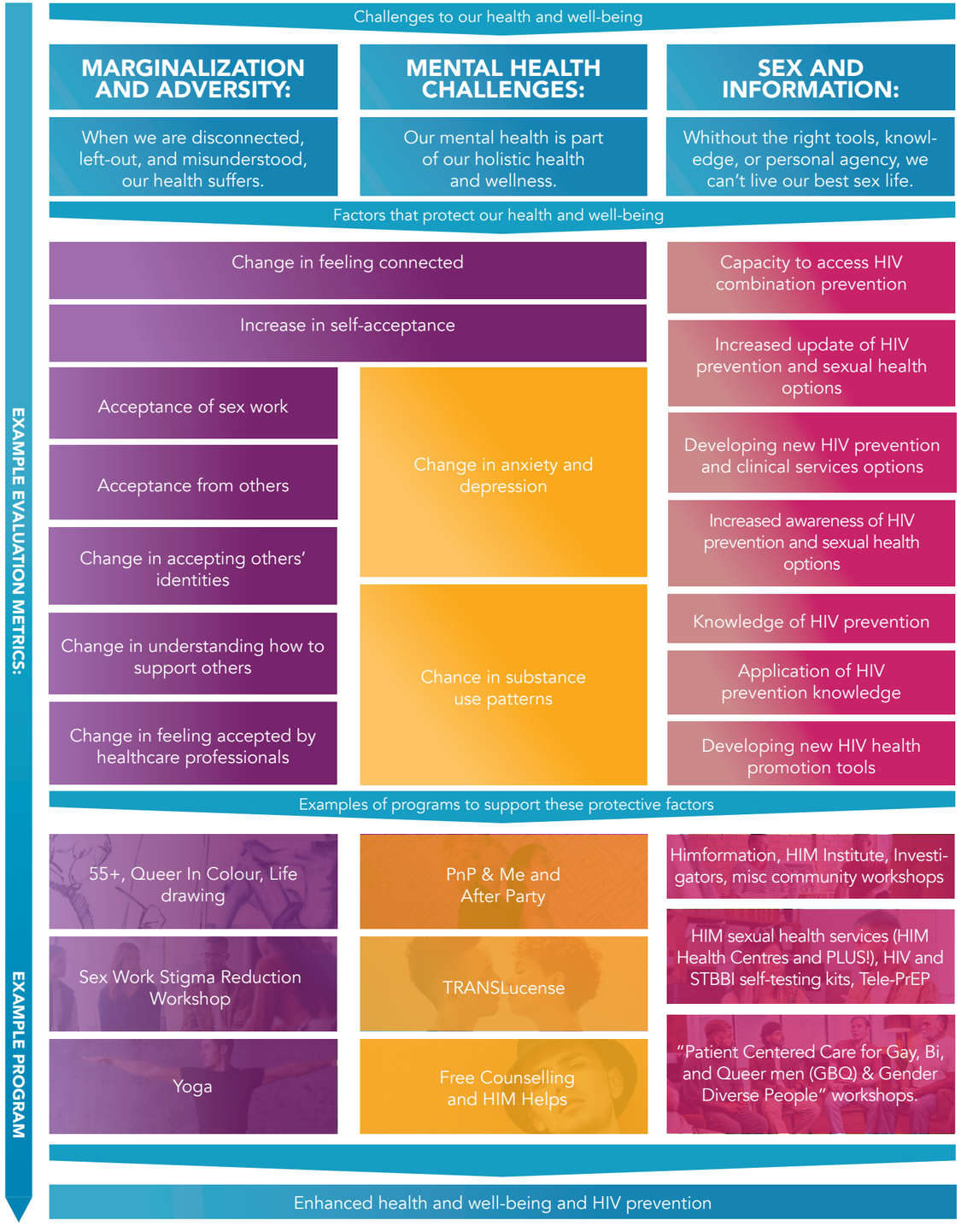
The logic model is our way to report back to you about how our work is going and if we are making an impact. It shows how HIM's programs build protective factors that reduce harm, foster belonging, and improve overall health outcomes. By tracking these shifts, we ensure that our work is grounded in evidence, rooted in community, and always moving forward.

On Challenging Marginalization and Adversity:
- Change in feeling connected.
- Increase in self-acceptance.
- Overall well-being.
- Acceptance of sex work.
- Acceptance from others.
- Change in accepting others' identities.
- Change in understanding how to support others.
- Change in feeling accepted by healthcare professionals.

On Building Healthier Sex Lives, Together:
- Capacity to access HIV combination prevention (i.e.: condoms, testing, PrEP, and PEP)
- Increased awareness of HIV prevention and other sexual health options.
- Increased uptake of HIV prevention and sexual health options
- Developing new HIV prevention and clinical services options.
- Knowledge of HIV prevention.
- Application of HIV prevention knowledge.
- Developing new HIV prevention health promotion tools.

On Challenging Depression, Anxiety, and Substance Use:
- Change in feeling connected.
- Increase in self-acceptance.
- Change in anxiety and depression.
- Change in substance use patterns.
- Increase in self-acceptance.

These factors are directed towards various audiences, including gay, bi, queer men, and gender-diverse people, as well as healthcare providers, social workers, and outreach workers in community settings. Our logic model enables us to evaluate how well we're addressing these diverse needs and making a lasting impact on the communities we serve.



On Challenging Marginalization and Adversity

The communities we serve understand how HIV stigma and other forms of marginalization can isolate people and make health care and support harder to access.

HIM responds by creating welcoming, community-based spaces where we can build relationships, see our unique experiences reflected, and connect with support. Throughout 2025-2026 participants described feeling welcomed, finding community, meeting new people, and becoming better equipped to support others. These connections are protective: they reduce isolation, strengthen belonging and self-acceptance, and help ensure that people seeking support do not slip through the cracks. Together, our communities challenge stigma, build resilience, and create healthier futures.

In 2025 – 2026, HIM focused on making that kind of support easier to find and more meaningful for those who need it most. Some examples:

- Community Connection and Belonging: Colouring In, Life Drawing, English Conversation Club, Queer in Colour, Bridging Generations, Men 55+, 50+ Pride Breakfast, Constellations, Pride in Grief, and the Professionals Group
- Movement and Wellness: Yoga with HIM in Vancouver, New West, and Chilliwack; Learn to Run, Chilliwack Lawn Bowling, and Fluid Movement
- Volunteer and Community Engagement: Condom Packing in Vancouver, New West, and Langley; Volunteer Appreciation Party, and Trans March
- Sex Work Inclusion and Stigma Reduction: HUSTLE Show, HUSTLE N Heal, Collab, Provider Picnic, Sex Work Curriculum
- Education and Capacity-Building: Pride in Our Fight, Naloxone Training, HIM Institute

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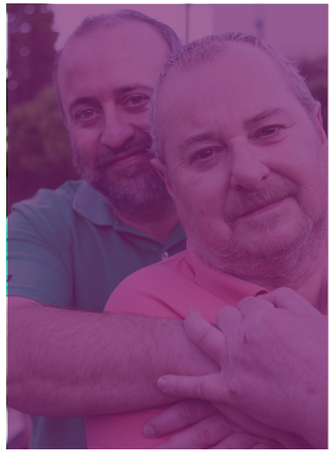
1. Feeling Connected in One's Community:

Across 151 participants, 91% of respondents indicated that programs such as Condom Packing, Life Drawing, and Lawn Bowling helped participants feel more connected to their communities.

Usually, I'm very quiet and introverted. Being in this session really brought me out to connect with others and develop my social skills.

- Condom Packing New West Participant



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2. Overall Wellbeing:

Across 150 attendees, 87% of respondents indicated improvements to their overall health and well-being through HIM programs and volunteer activities.

Not only do I feel better physically, but I also release stress. I have made friends here, too. Thank you!

- Yoga with HIM Participant

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3. Acceptance of Sex Work Status:

Across 98 participants, 90% of respondents from the Sex Work Curriculum and HUSTLE Show indicated a feeling of reduced stigma toward sex workers or being able to contribute to improving safe, non-judgmental care.

Having the face-to-face opportunity to interact with sex workers has broken down a lot of stigma and mystery.

- HUSTLE Show Participant

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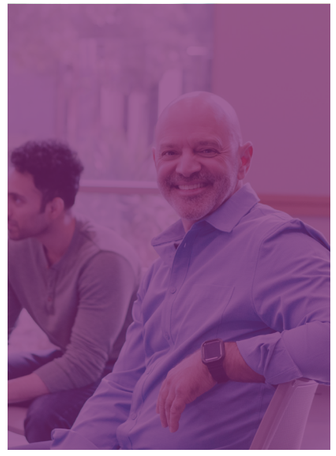
4. Self Acceptance:

Across 20 participants, 89% of respondents indicated an increased understanding of and comfort with their identities through Queer in Colour, Life Drawing, Pride in Grief, and Constellations.



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5. Support from Friends, Family, Partners, and Others

Across 50 atendees, 84% of respondents indicated positive changes in how supported they felt through English Conversation Club, Professionals Group, and Volunteer Appreciation Party.



I felt your effort to support everyone. Thank you!

- English Conversation Club Participant

Under the Big Top: A Circus Celebration for HIM's Volunteers



By Spencer Johnston (he/they)

HIM volunteers bring their time, creativity, knowledge, and care to nearly every part of our work. They pack safer-sex supplies, support and lead programs and events, share health information, welcome community members, and help create the connections that make HIM feel like HIM. Our volunteers are also importantly, members of the communities we serve. Communities that can experience stigma, discrimination, isolation, and other intersecting pressures that affect health and well-being. For HIM, volunteer appreciation is about more than thanking people for the work they perform.

A syndemic approach reminds us that these challenges do not exist independently, but neither do the factors that help protect against them. Connection, belonging, recognition, and mutual support can strengthen health and reduce isolation. Creating opportunities for volunteers to build relationships, feel valued, and see themselves as part of something larger is an important part of our strategies for supporting the health of our communities.

Our annual Volunteer Appreciation Party is another way HIM intentionally invests in those protective factors. For one night, volunteers are not being asked to organize, facilitate, pack, greet, or support - they are invited to enjoy themselves, connect with one another, and be celebrated. For the 2025 party, HIM welcomed volunteers under the big top for a circus-themed evening inspired by the programs and services they help make possible. Rather than structure the night around a single performance, the space was filled with interactive carnival-style stations that guests could discover at their own pace.



The activities brought different parts of HIM's work to life in playful and unexpected ways. Get Kinky with HIM inspired a shibari station, while Death Café was reimagined through tarot readings. A lollipop tree offered a colourful nod to Chupa con HIM, and the anonymous Confession Wall drew inspiration from HIM's counselling services. Guests could also guess the number of HIM condom packages in a jar, pose at the photo wall, receive a custom sketch inspired by our Life Drawing program, and test their curiosity at a cheeky mystery hole inspired by our Health Centre and incredible Nurses. Each station reflected a different part of HIM while giving volunteers something to experience, talk about, and enjoy together.



The format allowed people to move freely throughout the evening, reconnect with familiar faces, and meet volunteers from other programs. It also created opportunities for people who might not otherwise cross paths to recognize how their individual contributions connect to HIM's broader work.

Of the volunteers who completed the attendee survey, 86% said they were very or extremely satisfied with the event. Participants gave an average rating of 4.23 out of 5 for feeling more connected to their communities, 4.11 for improved well-being, and 4.09 for feeling supported by people like them. One volunteer captured the impact of the evening:

"As someone going along solo and not really knowing anyone else there, I still had fun and felt a sense of community. I could be in the space without feeling weird."

The Volunteer Appreciation Party was more than a night of tarot, treats, confessions, and circus games. It was an opportunity to strengthen the relationships that sustain our work and to remind volunteers that they are not only contributors to HIM, that they are valued members of our community.

By recognizing volunteers, bringing people together, and creating space for joy HIM continues to build the connection, belonging, and mutual support that help our communities meet adversity and build healthier lives together.

Thank you, volunteers, partners, and supporters. Thank you for volunteering your time to help us bring people together, creating spaces for joy, and for helping HIM continue to build connection, belonging, and mutral support that helps our community. Thank you for building healthier lives together with us.

10s Across The Board – Supporting Ballroom in Vancouver

By Evan Matchett-Wong (they/them)





Ballroom is a quintessential part of queer culture, history, and survival. It has its roots in America, specifically underground drag balls in the 19th century. What we recognize more broadly as ballroom started in the 1970s in Harlem by trans and queer Black and Latino people. Vancouver has a ballroom scene that has been growing since 2017, and has likewise become interwoven into the broader queer culture of Vancouver.

This past year we have renewed our collaboration with Vancouver Ballroom Arts Society (formerly known as Van Vogue Jam) and most recently the Black Out Collective to help support the ballroom scene here in Vancouver, as well as to bring in STI testing, vaccines, and sexual health education. Supporting ballroom in this capacity parallels the relationship across cities with ballroom scenes and HIV prevention organizations like HIM.

Through our partnership with Vancouver Ballroom Arts Society and Black Out, we have seen an increase of trust in our services from community members in the local ballroom scene. This initiative has seen us do an educational session on sexual health and gender affirming care during one of their regular Tuesday evening workshop hours, testing and vaccines during their August and December potlucks and workshops, and to have us do tabling and outreach at every kiki ball, and Vancouver's very own mainstream ball, the Posh Ball.

But why did we choose the ballroom community specifically to work with? Beyond the historic reasons of partnering and working with the ballroom community, it is because it is an incredibly diverse community that has been chronically under served and under resourced. By partnering with the local ballroom community, we've been able to help connect people to more than just sexual health supports like testing, treatment, and vaccines. Some of the new connection points from them are our mental health supports like our counselling and mental health groups, our sex worker supports, harm reduction and safer use supplies, and capacity building through our educational offerings.

It goes to show that the best work can often be done by looking at our broader community's history and making the intentional choice to act on it. Working together has led to better health outcomes for our community in ballroom, and it is a partnership that we are excited to continue forward into the future.



On Improving Health Outcomes through Clinical Services, Capacity Building, and Health Promotion

The way we at HIM serve our community is by providing access to with excellent healthcare services, and sharing information about tools and strategies to prevent STI's, HIV, and other infections. We can not do this work however, without support and collaboration with healthcare providers, community-based partner organizations, and volunteers within out community. As we strive to improve the health of our community, we continue to expand and improve on the services that we are known for, and address new emerging issues as they come our way. Something that has stayed consistent in our Health Services work is the way we build capacity, both among community members to address our own health priorities, and among health care providers to deliver the care our communities need.

Clinical Services and Initiatives:

- HIM Health Centres on Davie Street, Commercial Drive, and Surrey
- Hot Summer Cool Health Testing & Outreach
- Condom and Lube Distribution
- PLUS! Testing Events

Health Promotions and Interventions:

- HIMformation– Community Health Dialogue series
- Investigaytors – Research capacity training program
- Capacity Training and Best Practices workshops
- Kelowna community programming (50+ Pride Breakfast and QFlix)
- Community Programs Presentation for Summit Conference

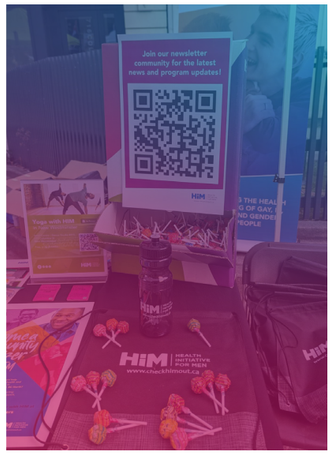
Our community, healthcare providers, and community-based organization have reported back on what they think about our efforts in 2025 – 2026 fiscal year:

1. Capacity to access HIV combination prevention

19,104 people accessed appointments at HIM Health Centres—a 1%increase from the previous year (18,343)

Best vax and testing experience of my life, so lovely, such great care.

-Anonymous Client



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2. Increased awareness of HIV prevention and other sexual health options.

78% of community members and 100% of the service providers we surveyed told us their knowledge and awareness had increased after engaging with HIM services, workshops, or trainings

The presentation made me reflect on the specific healthcare needs of GBQ and GD people. I didn't realize how much is expected of them by healthcare providers to know about themselves. The personal experiences shared by community members really shows how much more we can improve as a society to make sure that our spaces are inclusive and safe for everyone;

In my future practice, I wish to bring along the "not-knowing" mindset with me when interacting with clients. Assumptions are dangerous and could easily ruin whatever rapport that is already built. Being mindful of the language I use (trying to use the same words as the client) is another thing that I want to apply in the future.

- Workshop Participant, Health Care Provider

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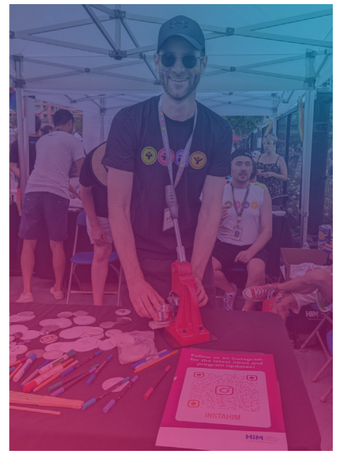
3. Increased uptake of HIV prevention and sexual health options.

76% of community members told us they had learned about and were using HIV/STI prevention tools, including combination strategies after accessing HIM services, workshops, or trainings.



4. Developing new HIV prevention and clinical services options

HIM partnered with other organizations and VCH to deliver HIV and clinical service opportunities, including:

- Hot Summer Cool Health
- PLUS! Pop-up Testing event
- Spanish-speaking clinic nights



4.1 Hot Summer Cool Health
HIM successfully hosted 12 outreach Mpox vaccination clinics and 22 HIV/STI testing events between May and September 2025. These events provided an additional 371 vaccinations and testing for our community, along with HIV prevention and clinical service resources, provided to over 1500 people.



4.2 Hot Summer Cool Health

HIM successfully hosted 12 outreach Mpox vaccination clinics and 22 HIV/STI testing events between May and September 2025. These events provided an additional 371 vaccinations and testing for our community, along with HIV prevention and clinical service resources, provided to over 1500 people.

4.3 PLUS Testing Events

Eight PLUS! testing events were held in partnership with community organizations and health authorities, offering testing and vaccine access to Two-Spirit, Indigenous, Spanish-speaking, Black, African, and Caribbean communities. 66 people received testing and vaccines, and 450 more were engaged with educational resources.

> *Volunteering with HIM in 2025 was a fun and valuable experience for me. I was able to receive great training and support from the HIM team, and work alongside some fantastic healthcare professionals from VCH. Connecting with the community in this low-barrier setting was a fulfilling experience which I contribute to my current employment in community mental healthcare with VCH. Thank you HIM for all of the great work you do to provide low-barrier health services to the queer community.*
>
> **- Jyoti, Hot Summer Cool Health Volunteer**

> *I came out as bi last year and felt it was finally prudent to get better educated on sexual STI prevention since I was immersing myself more into the gay community. HIM was offered as an outlet to talk to legitimate health professionals who were predominantly gay, which made me feel like I was already in a safe container to ask vulnerable questions. Every time I walk into the HIM clinics, I've always felt welcomed by all the staff despite their very busy time schedules. HIM has given me the piece of mind that I have support along my journey of sexual identity.*
>
> ***-Anonymous Client***



5. Knowledge of HIV prevention

97% of community partners and 100% of health care providers reported being able to better provide care and services to our communities after participating in a HIM workshop or collaborating with HIM staff.

6. Application of Knowledge

HIM's Capacity Building Training workshops are developed and tailored specifically for each Health Service Provider and Community Partner.These trainings have nuanced learning outcomes and are designed to give practical skills to be utilized in their day to day work serving our communities.

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6.1 Application of Knowledge (Health Service Providers)

98% of health care providers told us they were able to provide improved care to our communities after participating in a HIM workshop, training, or presentation.

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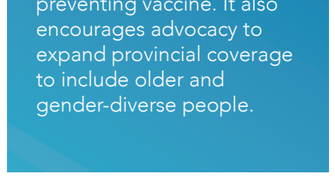
6.2 Application of Knowledge (Community Partners)

81% of community partners reported implementing a policy or practice change where they work to better serve our communities after participating in HIM learnings and collaborations.

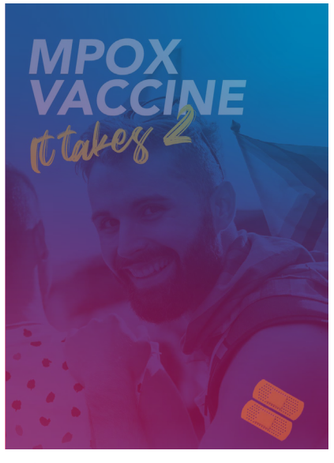


Getting vaccinated against HPV is our first line of defense against HPV related cancers. **Tell the BC government to fund the HPV vaccine to include all gay, bi, and queer (GBQ) men.**

7. Developing New HIV Prevention Health Promotion Tools

HIM worked with community members in developing relevant and timely health promotion tools including:

- GetGarded Campaign
- Mpox Integration into regular HIM services

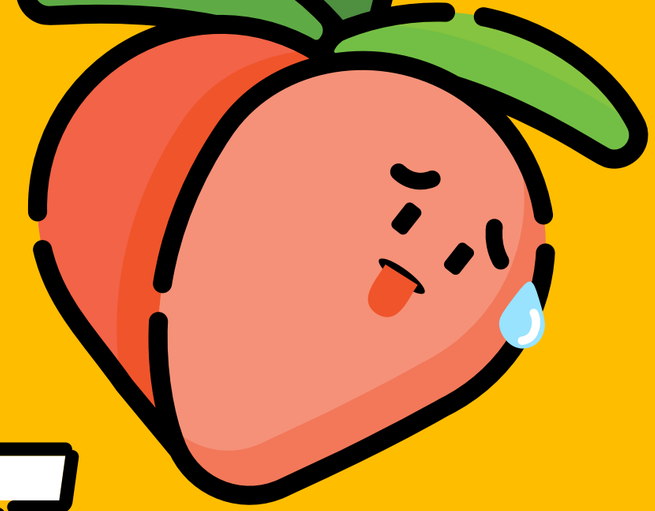


7.1 GetGarded Campaign

GetGarded is a health campaign raising awareness among BC's gay, bi, queer, and gender-diverse communities about Gardasil, the HPV-preventing vaccine. It also encourages advocacy to expand provincial coverage to include older and gender-diverse people.

7.2 Mpox Integration

Since its global outbreak in 2022, we as community leaders have recognized that Mpox will continue impacting our communities. This means our services will continue to treat this virus as part of our standard and regular sexual health care practices, alongside our efforts to treat and prevent STI's.



HOT SUMMER, COOL HEALTH



By Kartik Arora (he/him)

HIM has a history of trusted, tailored, targeted, and evidenced based approach to gay, bi, queer men and gender diverse folks' sexual health. HIM also has a history of leadership and partnering in delivering new and innovative ways to disseminate increase sexual health testing and vaccine opportunities.

Summer brings sunshine, Pride festivals, parties, visitors, and new friendships. However, it also brings an increase in STI transmission within our communities. To address this, HIM, with support from local health authorities, revamped and relaunched Hot Summer Cool Health, a sexual health pop-up initiative offering queer-competent services, resources, HIV and STI testing, and vaccines.

Hot Summer Cool Health met community where they were at, with pop ups happening at queer parties, Pride events, and Wreck Beach, and which all held spaces where testing could occur safely and confidentially. Vancouver Coastal Health and Fraser Health Authority nurses and outreach workers joined HIM staff and volunteers, to run these events, and to ensure our community members felt confident in their sexual health.





Hot Summer Cool Health was extremely successful this summer. Many eager community members, being aware of our location and services before they arrived, came prepared and ready to get tested or to get vaccinations, while others were finding out about us for the first time. Folks were grateful and happy to know they had more testing options available and expressed appreciation for having us make getting these services so accessible and easy.

This positive response and the increasing capacity for sexual health testing and vaccines through Hot Summer Cool Health demonstrate the success of meeting our community where we gather.

checkhimout.ca/hotandcool

Promoting Health & Wellbeing Through Community Joy

By Zaid Elbitar (he/him)

At HIM, we believe health and wellbeing are about more than access to services. They are also about connection, belonging, self-acceptance, and having spaces where people can feel safe, seen, and celebrated.

Throughout the year, we continued to explore what health promotion can look like when we put community joy at the centre of our work. From creating a Queer Wellness Garden in the heart of Vancouver's Pride celebrations to bringing hundreds of community members together on a dancefloor, these initiatives demonstrated that joy, connection, and celebration can be powerful forms of care.

In early May 2025, we had a bold idea: to transform the space outside our office at 1033 Davie Street into something new, bigger, and more welcoming than anything we had done before.

We imagined a vibrant oasis where our communities could gather, celebrate, cool off, connect with one another, and access meaningful health services, all in the heart of the Vancouver Pride Festival.

Turning that vision into reality was no small undertaking. It meant navigating new challenges, collaborating closely with our neighbours and community partners, and rallying an incredible team of staff and volunteers. With determination, creativity, and a lot of love, The Bush was born: a Queer Wellness Garden designed as a safe, joyful, and affirming space for community during the Festival.

With the blessing and generous support of Pacific Crown Management Co. and The Basic Eats, we were able to secure the space needed to bring The Bush to life. Generous contributions from VIIV Healthcare, our Title Sponsor, as well as Credit Management Corporation (CMC), Davie Pharmacy, F212 Steam, and MSK Health Performance, helped provide the resources to turn an empty outdoor space into a welcoming community hub.

HIM HEALTH INITIATIVE FOR MEN

BUSH

Queer Wellness Garden



On Pride Sunday, nearly 1,500 community members visited The Bush. Guests cooled off with complimentary ice cream and iced tea, enjoyed free massages, and found a place to rest and recharge during a hot and lively Pride weekend. They also had direct access to essential health services and resources, including Mpox vaccination, drug checking, and information to support their overall wellbeing.

But what made The Bush special was not simply what was offered, it was how people felt while they were there.

Behind the scenes, our staff and volunteers brought the space to life. They scooped ice cream, poured iced tea, welcomed guests, shared health information, provided care, and worked tirelessly to keep everything running smoothly. Their energy and generosity created an atmosphere where people could pause, connect, and simply enjoy being together.

The Bush was more than an event. It was a statement of care, visibility, and community pride. It showed what can happen when health promotion is rooted in joy and when community members are given space to celebrate themselves and one another.



HIM HEALTH INITIATIVE FOR MEN

HIMBO

JOCK TEA DANCE

Bringing joy and wellbeing to the dancefloor

Our commitment to community connection continued later in the summer with the launch of the HIMBO Jock Tea Dance as celebration of joy, body positivity, connection, and queer community.

At HIM, we know that challenging isolation and disconnection is an important component of HIV prevention. When people feel isolated, lonely, or unsure about how to take up space and ask for what they need, they can face increased risks of HIV, suicide, and overdose. That's why our work is rooted not only in providing health services, but also in building stronger connections to community, fostering comfort with identity, and encouraging acceptance of ourselves and one another.

HIMBO was an expression of that mission.

Our first-ever Jock Tea Dance brought more than 250 community members together for an afternoon of dancing, laughter, play, and unapologetic body positivity. Hosted at The Birdhouse, the event created a space where people could let loose, connect with others, celebrate their bodies, and access HIM's resources and support, all while having a great time.
The event was made possible through the generous support of Gilead Sciences, Steamworks Baths, Pumpjack Pub, and Earnest Ice Cream, whose contributions helped create an unforgettable afternoon for our community.

From the collective sense of acceptance to the laughter, dancing, and even a spontaneous water balloon fight, HIMBO was a joyful reminder that wellbeing can look and feel many different ways.

For 250 gay and queer men and gender-diverse people to stand together proudly, support one another, and take up space in their bodies and their community was itself an act of wellbeing.

Joy is part of health

Health promotion does not always happen in a clinic. Sometimes it happens under a Pride banner with a cold drink in your hand. Sometimes it happens on a dancefloor surrounded by people who make you feel seen. Sometimes it looks like laughter, friendship, play, or simply having a place where you can be yourself.
Through The Bush and HIMBO, we were proud to create those spaces, and to show that community joy is not separate from our health work. It is part of it.

How HIV Prevention Includes Mental Health and Safer Use

HIV prevention is multifaceted, and mental health and safer substance use are important components of how we approach this work. We know that when people are provided with comprehensive mental health services, sterile supplies, and accurate information on harm reduction and safer use, they are more likely to make informed decisions that reduce their risk of injury and HIV transmission. By addressing mental health, substance use, stigma, identity, and community connection we are better able to help maintain the health and wellbeing of our community.

We understand how diverse and unique our community is, and we take that into account when it comes to our programming and services at HIM. For mental health we have one-on-one counselling and peer-based mental health groups. Our harm reduction and safer use programs and services help people get connected to and substance-use supports such as our contingency management program, or our safer-use kits which ensures access to condoms, clean needles, and other harm reduction supplies.

HIM programs and services aimed at addressing anxiety, depression, substance use, and identity in 2025 – 2026 fiscal year included:

- Counselling (One-on-One)
- After Party (Drop-in harm reduction social group)
- Professionals (Drop-in group for counsellors)
- Re-Wired (Sexual health anxiety group)
- Colouring In Community Group
- Colouring In (Mental health group for queer POC)
- Side By Side (Chem sex mental health group)
- Pride in Grief (Grief mental health group)
- PnP & Me (Drop-in chem sex mental health group)

See the reporting below on the relevant Protective Factors for Marginalization and Adversity across HIM programs and services in 2025 – 2026 fiscal year:

★★★★☆

1. Anxiety & Depression:

86% of counselling program clients told us that their feelings of anxiety or depression decreased after 6-8 sessions with one of our counsellors or in our mental health programs.

Through his constant support and encouragement, I was able to see the results that I wanted to see. I am feeling happier, calmer and more positive and balanced on a day-to-day basis

- **Individual Counselling Client**

★★★★★

2. Substance Use

86% of participants in PnP & Me and Side By Side programs told us that they reduced their use of substances like meth.

★★★★★

3. Self-Acceptance

82% percent of community members told us that they had a greater sense of Self-Acceptance after counselling and groups like Constellations and Pride and Grief.

HIM's support truly changed my life. At a time when I felt overwhelmed and didn't know where to turn, they gave me the support and resources I needed. I'm so grateful for the compassion and care I received. It gave me hope and helped me move forward.

-Individual Counselling Client

★★★★★

4. Feeling Connected to Community

90% of participants in mental health groups like Mind Over Match, PnP & Me, Afterparty, and Side By Side told us that they now feel more connected to their communities.

Thank you for giving me a community

-PnP & Me Participant

★★★★☆

5. Stigma

80% of participants in our PnP & Me, Side By Side, and Afterparty have reported that they felt less stigma towards themselves.

As a low-income, disabled transgender person, the free counselling services I've access through HIM have been vital in my recovery and in achieving and sustaining well-being. Accessing these services have helped me to navigate a number of challenging life events.

- Individual Counselling Client

★★★★★

3521 Safer Usage Kits Distributed

This year we had a total of 3521 safer usage kits distributed in British Columbia, helping prevent HIV and Hep C in our communities.

Great resource, it can be difficult to find HRT supplies in some cities given not all pharmacy's[sic] carry them.

– Ordered HRT needles

★★★★★

5. New Kit Additions

Consulting with community led us to develop and add new kits to our distribution service, including the release of our booty bump kit.



One Penny at a Time: The Power of Collective Giving

By Zaid Elbitar (he/him)

What if a small act, repeated again and again, could create something much bigger?

That was the idea behind our Penny Pigs - a community fundraising initiative that turned one of the simplest acts of giving into a powerful collective effort. By placing a HIM Piggy Bank in their home, workplace, or community space, our Piggy Parents invited people to contribute whatever they could, one coin at a time, to support HIM's programs and interventions.

Individually, a single coin might not seem like much. But when hundreds of small contributions come together, they can make a meaningful difference.

In November, our first cohort of Piggy Parents came together to celebrate the conclusion of one year of fundraising efforts, empty their now-iconic Piggy Banks, and count the collective impact of their generosity. By the end of the evening, they had raised more than $7,000 for HIM community programs.

The evening was about much more than counting coins. It was an opportunity for the people behind the fundraiser to come together, share stories, laugh, and celebrate what they had accomplished as a community.

Every coin represented someone who chose to give. A spare nickel dropped into a Piggy Bank. A handful of change emptied from a pocket. A contribution from a friend, colleague, neighbour, or

HiM HEALTH INITIATIVE FOR MEN

Penny Pigs

community member. Each individual gift was small, but together they became something significant.

That is the spirit of Penny Pigs: collective giving in action.

The fundraiser reminds us that philanthropy doesn't have to be big to create change. You don't need to write a large cheque or make a major donation to contribute to a healthier community. Sometimes, bringing the small change can bring a big positive change, especially when it involves community collectiveness and togetherness.

The more than $7,000 raised by our first cohort of Piggy Parents will ripple through HIM's programs and services in the coming year, helping us continue to support the health and wellbeing of our communities.

With the success of the first cohort, we have rolled out a second cohort and 36 community members joined in as Piggy Parents to help us fundraise.

You can learn more about Penny Pigs and how to adopt one of our iconic Piggies at:
www.checkhimout.ca/pigs

FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31, 2026

INDEPENDENT AUDITORS' REPORT

To the Members of H.I.M. Health Initiative for Men Society
Report on the Audit of the Financial Statements

QUALIFIED OPINION

We have audited the financial statements of H.I.M. - Health Initiative for Men Society (the "Society"), which comprise the statement of financial position as at March 31, 2026, and the statements of changes in net assets, operations and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Society as at March 31, 2026, and the results of its operations and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

BASIS FOR QUALIFIED OPINION

In common with many charitable organizations, the Society derives revenue from donations, the completeness of which is not susceptible of satisfactory audit verification. Accordingly, our verification of donation revenue was limited to the amounts recorded in the records of the Society and we were not able to determine whether any adjustments might be necessary to donations revenue, excess (deficiency) of revenues over expenses, and cash flows from operations for the years ended March 31, 2026 and 2025, total assets as at March 31, 2026 and 2025, and net assets at the beginning and end of March 31, 2026 and 2025. Our audit opinion on the financial statements for the year ended March 31, 2025 was modified accordingly because of the possible effects of this limitation of scope.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditors' Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Society in accordance with ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

RESPONSIBILITIES OF MANAGEMENT AND THOSE CHARGED WITH GOVERNANCE FOR THE FINANCIAL STATEMENTS

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Society's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Society or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Society's financial reporting process.

AUDITORS' RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control.

- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.

- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Society to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, that we identify during our audit, including any:

- Significant deficiencies in internal control;

- Identified fraud or suspected fraud; and

- Other matters related to fraud that are, in our judgment, relevant to the responsibilities of those charged with governance.

REPORT ON OTHER LEGAL AND REGULATORY REQUIREMENTS

As required by the Societies Act of British Columbia, we report that, in our opinion, the accounting policies applied in preparing and presenting the financial statements in accordance with Canadian accounting standards for not-for-profit organizations have been applied on a basis consistent with that of the preceding year.

Manning Elliott LLP

Chartered Professional Accountants
Vancouver, Britih Columbia
July 30, 2026

STATEMENT OF FINANCIAL POSITION
AS AT MARCH 31, 2026

		2026		2025
Assets				
Current				
Cash	**$**	**475,173**	$	557,012
Accounts receivable		**24,077**		19,754
Government remittances recoverable		**7,360**		4960
Prepaid expenses		**15,776**		6,960
		522,386		588,694
Capital assets (Note 4)		**59,302**		98,632
Intangible assets (Note 5)		**-**		17,084
Security Deposit		**26,141**		26,141
	$	**607,829**	$	**730,551**
Liabilities				
Current				
Accounts payable & accrued liabilities	**$**	**60,375**	$	49,758
Government remittances payable		**17,490**		17,630
Deferred revenue (Note 6)		**315,683**		429,004
		393,548		496,392
Net Assets				
Invested in capital assets & intangible assets	**$**	**59,302**	$	115,716
Unrestricted		**128,649**		118,443
Internally Restricted (Note12)		**26,330**		-
		214,281		234,159
	$	**607,829**	$	730,551

ECONOMIC DEPENDENCE (Note 8)
LEASE COMMITMENTS (Note 10)

On behalf of the Board:

Zoran Stjepanovic, Board Member

Kevin Truong, Board Treasurer

STATEMENT OF CHANGES IN NET ASSETS
FOR THE YEAR ENDED MARCH 31, 2026

		Invested in Capital and Intangible Assets		Unrestricted	Internally Restricted		**Balance**
2026							
Net assets, beginning of year	$	115,716	$	118,443	–	**$**	**234,159**
(Deficiency) Excess of revenues over expenses for the year		(60,453)		40,575	–		**(19,878)**
Purchase of capital assets		4,039		(4,039)	–		–
Repayment of demand loan		-		(26,330)	26,330		–
Net assets, end of year	**$**	**59,302**		**128,649**	**$ 26,330**	**$**	**214,281**
2025							
Net assets, beginning of year	$	125,681	$	22,167	–	**$**	**157,055**
Excess (deficiency) of revenue over expenses for the year		(48,179)		67,707	–		**77,104**
Purchase of capital assets		24,953		(33,549)	–		–
Repayment of demand loan		13,261		(15,602)	–		–
Net assets, end of year	**$**	**115,716**	**$**	**118,443**		**$**	**234,159**

STATEMENT OF OPERATIONS
FOR THE YEAR ENDED MARCH 31, 2026

		2026		2025
REVENUE				
Grants (Note 12)	**$**	2,743,983	$	2,530,992
Donations, fundraising, registration and other		106,603		77,170
Interest and investment income		12,365		14,295
	$	2,862,951	$	2,622,457
EXPENSES				
Advertising and promotion	**$**	43,034	$	8,931
Amortization of capital assets		43,370		31,096
Amortization of intangible assets		17,083		17,083
Board and meeting		4,809		3,091
Insurance		7,880		6,683
Interest and bank charges		2,743		2,610
Interest on demand loan		69		110
Office and miscellaneous		54,377		60,503
Professional development		6,590		8,838
Professional fees		35,543		39,872
Project supplies and services		230,921		164,513
Rent		321,637		294,423
Subcontracts		191,540		108,671
Telephone		60,849		66,957
Travel		38,263		29,275
Wages and benefits (Note 7)		1,821,354		1,698,763
Website maintenance		2,767		3,934
	$	2,882,829	$	2,545,353
(Deficiency) Excess of revenue over expenses for the year	**$**	(19,878)	$	77,104

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED MARCH 31, 2026

		2026		2025
Operating activities				
(Deficiency) excess of revenues over expenses for the year	**$**	**(19,878)**	$	77,104
Items not affecting cash:				
Amortization of capital assets		**43,370**		31,096
Amortization of intangible assets		**17,083**		17,083
		40,575		125,283
Changes in non-cash working capital:				
Accounts receivable		**(4,323)**		(19,484)
Government remittances recoverable		**(2,392)**		4,107
Prepaid expenses		**(8,816)**		1,615
Accounts payable and accrued liabilities		**10,617**		(77,633)
Government remittances payable		**(140)**		(1,942)
Deferred revenue		**(113,321)**		8,224
		(118,375)		**(85,113)**
	$	**(77,800)**	$	**40,170**
Investing activities				
Purchase of capital assets		**(4,039)**		**(24,953)**
Financing activities				
Repayments of demand loan		**-**		**(13,261)**
Increase in cash during the year		**(81,839)**		**1,956**
Cash, beginning of year		**555,056**		**555,056**
Cash, end of year	**$**	**475,173**	$	**557,012**

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2026

1. PURPOSE OF THE SOCIETY

The Health Initiative for Men Society (the "Society") is a non-profit organization incorporated under the Societies Act of British Columbia effective December 5, 2007. As a registered charity, the Society is not subject to income taxes under section 149(1)(f) of the Income Tax Act (Canada).

The Society's purpose is to strengthen health and well-being in the communities of gay, bisexual, queer men and gender diverse people through trusted, tailored, targeted research-based health promotion services and by engaging the community through volunteer involvement, online access, and events. The Society fosters mutually beneficial relationships among gay, bi, queer men and gender diverse people and health professionals to ensure the best possible outcomes.

2. SIGNIFICANT ACCOUNTING POLICIES

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations ("ASNPO") under Part III of the CPA Handbook -Accounting.

These financial statements have, in management's opinion, been prepared within reasonable limits of materiality using the significant accounting policies noted below:

(a) Cash
Cash is defined as cash on hand and cash on deposit.

(b) Capital assets
Capital assets are stated at cost or deemed cost less accumulated amortization and are amortized over their estimated useful lives on a straight-line basis using the following methods:

Computer equipment	3 years
Leasehold improvements	Term of the lease
Furniture and equipment	5 years

The Society's policy is to record a write-down to a capital asset's fair value or replacement cost when conditions indicate that a capital asset is impaired. Such conditions include when the capital asset no longer contributes to the Society's ability to provide goods and services or when the value of future economic benefits or service potential associated with the capital asset is less than its net carrying amount. Write-downs are recognized in the statement of operations and are not reversed.

(c) Intangible assets
Intangible capital assets are recorded at cost and amortized on a straight-line basis over their estimated useful lives. The Society's intangible assets consist of its website, amortized over 3 years, and computer software, amortized over 5 years.

(d) Revenue recognition
The Society follows the deferral method of accounting for contributions. Restricted contributions are deferred and recognized as revenue in the year in which the related expenses are incurred.

Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Contributions received in the current period that are related to programs and events of the subsequent period are deferred and recognized as revenue in the period in which the programs and events are provided and the related expenses are incurred.

Contributions restricted for the purchase of capital assets that will be amortized are deferred and recognized as revenue on the same basis as the amortization expense related to the acquired capital asset.

Interest and investment revenue are recognized in the period in which they are earned and collection is reasonably assured.

All other revenue is recorded when earned.

(e) Contributed services and materials
The Society benefits from contributed services in the form of volunteer time. The value of volunteer time is not recognized in these financial statements. Other contributed materials and services are recognized only when their fair values can be reasonably estimated and the materials and services are used in the normal course of operations and would have otherwise been purchased.

(f) Use of estimates
The preparation of the financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions about future events that affect the reported amounts of assets, liabilities, revenues and expenses as at the end of or during the reporting period. Management believes that the estimates used are reasonable and prudent, however, actual results could differ from those estimates. Significant areas requiring the use of management estimates relate to the valuation of accounts receivable, the determination of the useful lives of capital and intangible assets used for calculating amortization, the measurement of deferred revenue, the amounts recorded as accrued

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31, 2026

liabilities and disclosures about contingencies and commitments at the date of the financial statements.

(g) Financial instruments

Measurement
The Society's financial instruments consist of cash, accounts receivable, and accounts payable. The Society initially measures all of its financial assets and financial liabilities at fair value. The Society subsequently measures all of its financial assets and financial liabilities at amortized cost.

Impairment
Financial assets measured at amortized cost are tested for impairment when there are indicators of impairment. The amount of any write-down that is determined is recognized in the statement of operations. A previously recognized impairment loss may be reversed to the extent of any improvement, provided it is no greater than the amount that would have been reported at the date of the reversal had the impairment not been recognized previously. The amount of the reversal is recognized in the statement of operations in the period in which it is determined.

Transaction costs
Transaction costs are recognized in the statement of operations in the period incurred, except for financial instruments that will be subsequently measured at amortized cost. Transaction costs associated with financial instruments measured at amortized cost are capitalized and are included in the acquisition cost or deducted against proceeds on disposal.

3.FINANCIAL INSTRUMENTS RISKS

The Society is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The following analysis provides information about the Society's risk exposure and concentration as at March 31, 2026, which remain significantly unchanged from the prior year.

Credit risk
Credit risk is the risk that one party to a financial instrument will cause a financial loss for the other party by failing to discharge an obligation. The Society is exposed to this risk mainly in respect of its accounts receivable. The Society maintains, if deemed necessary, provision for potential credit losses, and any such losses to date have been within management's expectations, as the majority of receivables are from government sources. Management has determined the Society's credit risk to be minimal and will continue to monitor receivables to mitigate any potential credit risk. As at March 31, 2026 and 2025, management has determined no allowance for doubtful accounts is not considered necessary.

Liquidity risk
Liquidity risk is the risk that the Society cannot repay its obligations as they become due. The Society is exposed to this risk mainly in respects to its accounts payable. The Society reduces its exposure to liquidity risk by ensuring that it documents when authorized payments become due and monitors its cash balances and cash flows generated from operations against its anticipated, committed, and contemplated outflows. The Society has pro-actively works with its funders, vendors and creditors and anticipates that its cash reserves will adequately minimize liquidity risk.

Market risk
Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. Market risk comprises three types of risk: currency risk, interest rate risk and other price risk.

Currency risk
Currency risk is the risk to the Society's earnings that arise from fluctuations of foreign exchange rates and the degree of volatility of these rates. The Society is not exposed to foreign currency exchange risk, as all financial instruments are denominated in Canadian dollars.

Interest rate risk
Interest rate risk is the risk that the value of a financial instrument might be adversely affected by a change in the interest rates. The Society is exposed to interest rate risk primarily through its credit facilities. In seeking to minimize the risks from interest rate fluctuations, the Society manages exposure through its normal operating and financing activities.

Other price risk
Other price risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices (other than those arising from interest rate risk or currency risk), whether those changes are caused by factors specific to the individual financial instrument or its issuer, or factors affecting all similar financial instruments traded in the market. The Society is not exposed to other price risk.

4. CAPITAL ASSETS

	Cost	Accumulated Amortization	**2026 Net book value**	2025 Net book value
Computer equipment	$ 87,161	$ 79,670	**$ 7,491**	$ 5,797
Furniture and equipment	63,713	63,713	**-**	2,491
Leasehold improvements	324,818	273,007	**51,811**	90,344
	$ 475,692	$ 416,390	**$ 59,302**	$ 98,632

5. INTANGIBLE ASSETS

	Cost	Accumulated Amortization	**2026 Net book value**	2025 Net book value
Computer software	$ 14,104	$ 14,104	$ -	$ -
Website	51,250	51,250	-	17,084
	$ 65,354	$ 65,354	$ -	$ 17,084

6. DEFERRED REVENUE

Deferred contributions consist of contributions received for in advance for future programs and events and are recognized as revenue in the period in which the programs and events are provided and the related expenses are incurred, in accordance with the accounting policy in Note 2(d).

	2026	2025
Balance, beginning of year	**$ 429,004**	$ 420,780
Amounts received during the year	**2,630,662**	2,350,167
Amounts recognized as revenue during the year	**(2,743,983)**	(2,341,943)
Balance, end of year	**$ 315,683**	$ 429,004
Deferred revenue is comprised of the following:		
Vancouver Coastal Health Authority	**$ 243,565**	336,903
City of Vancouver	**37,000**	-
Fraser Health Authority	**30,633**	16,333
Provincial Health Services Authority	**4,485**	5,000
Lululemon	**-**	70,768
	$ 315,683	$ 429,004

Deferred revenue in the amount of $2,714,983 (2025 - $2,341,943) has been recognized in grants revenue in the statement of operations.

7. REMUNERATION OF DIRECTORS, EMPLOYEES AND CONTRACTORS

The B.C. Societies Act requires the Association to disclose the remuneration paid to directors during the year and the remuneration paid to all employees and contractors whose remuneration during the year was at least $75,000.

In 2026, there were eleven employees and/or contractors whose annual remuneration met this criteria for a combined total of $991,402 (2025 – seven employees and/or contractor whose annual remuneration met this criteria for a combined total of $634,182). No board of directors were remunerated in 2026 or 2025.

8. ECONOMIC DEPENDENCE

The Society receives a majority of its funding from Vancouver Coastal Health, Public Health Agency of Canada, and the Fraser Health Authority. These funders provide the Society with 77% its revenues (2025 - 81%).

9. LINE OF CREDIT

The Society has a line of credit of $25,000 with TD Canada Trust bank. The terms are an annual interest rate of prime + 4.85%. As at March 31, 2026, the Society has not drawn from its line of credit (2025 - $Nil).

10. LEASE COMMITMENTS

The Society has leased premises which will expire on July 31, 2027. The minimum payments under this agreement for the future years are anticipated to be as follows:

2027	$ 162,400
2028	54,133
	$ 216,533

The Society has a long term lease with respect to its leased equipment expiring on March 31, 2027 and May 31, 2028. The future minimum payments are anticipated to be as follows:

2027	$ 9,330
2028	71
	$ 9,401

11. GRANTS REVENUE

Grants revenue is comprised of the following:

	2026	2025
Vancouver Coastal Health	**$ 1,501,572**	$ 1,571,960
Government of Canada	**498,306**	406,963
Fraser Health Authority	**412,210**	330,766
Other government grants	**195,998**	200,615
Non-government funding grants	**135,897**	20,688
	$ 2,743,983	$ 2,530,992

12. INTERFUND TRANSFERS

During the year, the Society transferred $26,330 (2025 – Nil) from the Unrestricted Fund to the Internally Restricted Fund to provide funding for the Primary Care Project.

13. COMPARATIVE FIGURES

Certain accounts in prior year financial statements have been reclassified for comparative purposes to conform witht he presentation in the current period financial statements. Such reclassification does not have any effect on the total assets, total liabilities, total net assets, or excess of revenue over expenses previously reported.

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